

Vol. 1, No. 1 July 1994 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Junji Mizutani	3
Dr. Manaka's Yin-Yang Balancing Treatment	Stephen Birch	4
Encounters with Ki	Mark Drue	9
Self-care: Creating Our Own Health	Koji Ichihashi	10
Practical Moxibustion Therapy	Junji Mizutani	14
Now, at Last, it's Happening	Ted Saito	19
Self Introduction and Comments	Membership	19
Situation in Vancouver B.C.	Hideo Takahashi	28
Final Word	Stephen Brown	29
Japanese Text		31

Vol. 2, No. 2 November 1994 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Daniel Bensky	3
Letter to the Editor	David Arscott	4
Japanese and Chinese Acupuncture	Yoshio Manaka	5
Encounters with Ki (part 2)	Mark Drue	
Acupuncture and Moxibustion in Japan	Hiromi Matsumoto	11
The Japanese Approach	Daniel Kenner	
Japanese Acupuncture: How and Why	Augusto Romano	19
Practical Moxibustion Therapy (part 2)	Junji Mizutani	22
The Insertion Tube	Hideo Takahashi	24
On Sotai	Bunzo Takamatsu	26
California Report	Keiko Ishikawa	28
Bulletin Board	Members	29
A Final Word	Stephen Brown	31
Japanese Text		32

Vol. 2, No. 3 March 1995 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Mark D. Seem	3
Dr. Manaka's Yin-Yang Balancing Treatment (part 2)	Stephen Birch	4
Encounters with Ki (part 3)	Mark Drew	7
Acupuncture and Moxibustion in Japan (part 2)	Hiromi Matsumoto	8
My Favourite Points for Migraine	Akio Oiso	14
Female Patients and Acupuncture	Junzo Kokubo	15
Dr. Nagayama's Tokki Points and Measurements with the Pressure Pain Meter	Richard Kitaeff	17
Between East & West	Akira Imai	20
Shiatsu & Meridian	Tetsuro Saito	22
Active Participation Technique by Patient	Kazu Kamiya	24
Practical Moxibustion Therapy (part 3)	Junji Mizutani	26
Illness Whispers Its Presence	Masamichi Shibata	30
Shudo Sensei at the Atlantic Symposium	Stephen Brown	32
A Report on Japanese Acupuncture in the Northeast U.S.	Martin Feldman	34
Introduction of New Members		35
Bulletin Board	Members	36
A Final Word	Hideo Takahashi	37
Japanese Text		39

Vol. 2, No.4 July 1995 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Richard Kitaeff	4
Dr. Manaka's Yin-Yang Balancing Treatment (part 3)	Stephen Birch	5
Encounters with Ki (part 4)	Mark Dreu	8
Abdominal Diagnosis and Its Practice	Ken Fujihira	9
Using the Hara	David Fuselier	14
Practical Moxibustion Therapy (part 4)	Junji Mizutani	18
Drawing Ki to The Side	Hideo Takahashi	21
Basic Needling Techniques	Koryo Nakada	24
Sushi Verses Stir-fry	Jake Fratkin	27
A Report from Washington State	Kay Lamos	30
Bulletin Board	Members	32
A Final Word	Stephen Brown	32
Japanese Text		34

Vol. 2, No.5 November 1995 CONTENTS

Contributors		3
Looking Forward	Miki Shima	4
Jingei Pulse Diagnosis and Treatment Today	Hiromi Matsumoto	5
Acupuncture and Treatment of Old Scars	Kiiko Matsumoto	14
Encounters with Ki (part 5)	Mark Dreu	19
Thoughts on Pulse Diagnosis	Daniel Bensky	20
The Value of Pulse Diagnosis	Martin Feldman	21
If You Don't Try to Fix it, it Fixes Itself	Koei Kuwahara	22
Zen Shiatsu for The Jet Age	Pamela Ferguson	26
Acupuncture and Computer-Related Problems	Junzo Kokubo	27
Practical Moxibustion Therapy (part 5)	Junji Mizutani	29
A Report from Ontario	Nancy van der Poorten	33
A Visit by Dr. Iriye to Toronto	Nancy van der Poorten	35
Introduction of New Members		36
Bulletin Board	Members	37
Book Reviews	Staff	38
A Final Word	Stephen Brown	39
Letters to the Editor	Members40	
Japanese Text		41

Vol. 3, No.6 March 1996 CONTENTS

Mission Statement	Editorial Staff	2
Contributors		3
Looking Forward	Jim Blair	4
Comparison of TCM and Meridian Therapy	Takayoshi Ogawa	6
Taikyoku Therapy	Edward Obaidey	12
Living Acupuncture Point-Effective Point Location	Denmei Shudo	15
Touchpoint	Mark Seem	20
Study of Indurations	Sodo Okabe	27
Drawing Ki to the side (2)	Hideo Takahashi	31
Practical Moxibustion Therapy (6)	Junji Mizutani	34
Apipuncture and Propolis(Sun-Bee-21)	Yasuo Ishida	38

A Report from Texas	Dee Ann Newbold	39
Introduction of New Members		40
Bulletin Board	Members	41
A Final Word	Stephen Brown	42
Japanese Text		43

Vol. 3, No7 July 1996 CONTENTS

Mission Statement	Editorial Staff	2
Contributors		3
Looking Foreward	Junko Ida	3
Ben and Biao	Hiroshi Matsumoto	5
Root and Branch: Clinical Applications	Jake Paul Fratkin	9
A Case Study	Robert Hayden	14
Surface and Root of Shiatsu Therapy	Nancy van der Poorten	15
Root Treatment and Local Treatment	Valerie Courville	17
Treatment of Cervical Syndrome	Denmei Shudo	21
Practical Moxibustion Therapy(7)	Junji Mizutani	25
Creative Healing Strategy	Tsukasa Miyaji	29
Workshop with Takayoshi Ogawa	Hideo Takahashi	30
Workshop with Kazushi Nishijo	Tim Tanaka	31
Introduction of New Members		34
Bulletin Board	Members	34
A Final Word	Stephen Brown	35
Japanese Text		38

Vol. 3, No. 8 November 1996 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Dan Kenner	3
Prof. Nishijo's Research	Tim Hideaki Tanaka	6
Ryodoraku: Autonomic Nervous System Regulation Therapy	Greg Scanlon	11
A Laughing Doctor	Bunzo Takamatsu	17
Acupuncture Research and Treatment in the Work of Dr. Hiroshi Motoyama	Richard Kitaeff	18
Denmei Shudo's Workshop	Jake Paul Fratkin	21
An Introduction to AMMA Therapy	Faye Schenkman	26
The Originality of Shiatsu Therapy	Junji Kanai	29
The Science of Shiatsu	Nancy van der Poorten	31
Practical Moxibustion Therapy (8)	Junji Mizutani	33
Two Day Workshop With Shudo Sensei	Shinjiro Kanazawa	36
Masakazu Ikeda Seminar in Australia	Steve Anderson	38
Introduction of New Members		39
Bulletin Board	Members	41
A Final Word	Stephen Brown	42
Japanese Text		43

Vol.4, No.9 March 1997 CONTENTS

Mission Statement	Editorial Staff	2
Katakori - A Japanese Complaint?	Hiroshi Matsumoto	4
Treatment of Facial Paralysis	Masakazu Ikeda	7
A Case Study of Pediatric Acupuncture	Noriko Nagato	9
Alternative Approach to Detoxification and Treatment	Louise C. Demorest	11

An Introduction to the Okazaki School	Douglas C. Kiehl	14
Ishizaka Style Acupuncture	Naoki Kubota	17
A Day in Osaka	Robert Hayden	18
Letters to the Editor	Members	20
The Taishihari Acupuncture Clinic	Hideo Takahashi	21
Shiatsu and the Application of Essential Oils	Keisuke Imamura	25
Abdominal Two Hand Manipulation Technique of Shiatsu	Kazunobu Kamiya	26
Practical Moxibustion Therapy (9)	Junji Mizutani	27
Japanese Healing Strategy	Tsukasa Miyaji	31
Report on Toyohari Seminar in New Haven	Didi Pershouse	33
Introduction of New Members		36
Bulletin Board	Members	37
A Final Word	Stephen Brown	38
Japanese Text		40

Vol.4, No.10 July 1997 CONTENTS

Mission Statement	Editorial Staff	2
Forming a Prognosis	Stephen Birch	4
My Experience Treating HIV/AIDS	Martin Feldman	9
A Stroll Through Kampo History	Shinjiro Kanazawa	13
Point Selection for Root Treatment	Masakazu Ikeda	16
Introduction to Seitai Shinpo	Taichi Sorimachi	21
Improving your Acupuncture	Masanori Tanioka	23
Case Studies of Fibromyalgia	Noriko Nagato	26
Healing in the Fire of Moxa	Jake Fratkin	31
Women's Stories with Japanese Acupuncture	Augusto Romano	35
Practical Moxibustion Therapy (10)	Junji Mizutani	37
Miyawaki Workshop in Seattle	Robert Hayden	40
Extraordinary Vassels Workshop in Seattle	Masamichi Shibata	41
A Report from Vermont and New Hampshire	Didi Pershouse	42
Book Reviews	Staff	43
Introduction of New Members		44
Bulletin Board	Members	45
A Final Word	Stephen Brown	46
Japanese Text		49

Vol.4, No.11 November 1997 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Denmei Shudo	4
Acupuncture Treatment for Gojyukata	Hiroshi Matsumoto	5
Simplifying Your Practice	Didi Pershouse	8
Point Selection for Branch Treatment	Masakazu Ikeda	12
A Stroll Through Kampo History (2)	Shinjiro Kanazawa	16
Pregnancy-A Guide for Acupuncture	Edward Obaidey	19
Ishizaka Style Acupuncture-Standard Procedure	N. & E. Kubota	25
Complex Regional Pain Syndrome #1	Cameron Bishop	28
Moxibustion Treatment for the Foot	Junzo Kokubo	30
CV12 and Saika Tanden	Hideo Takahashi	32
Rhythm	Tsukasa Miyaji	34
Practical Moxibustion Therapy (11)	Junji Mizutani	35

Introduction of New Members		38
Bulletin Board	Members	39
Letter to the Editor	Members	39
A Final Word	Junji Mizutani	41
Japanese Text		42

Vol.5, No.12 March 1998 CONTENTS

Mission Statement		2
Editorial	Hideo Takahashi	2
Acupuncture Treatment for Gojyukata (Frozen Shoulder) Part 2	Hiroshi Matsumoto	3
An Acupuncture System with Wide Application	Toshio Yanagishita	6
Treating Chronic Headaches with Meridian Therapy	Robert Hayden	7
Acupuncture Treatment for Mental and Emotional Problems	Noriko Nagato	10
The Road to My Own Practice	Morihiro Murata	12
Meridian Symptomology	Jake Paul Fratkin	14
Natural Treatment of Infections	Dan Kenner	18
The Lure of the Mainstream	Didi Pershouse	20
A Stroll through Kanpo History Part 3	Shinjiro Kanazawa	25
CV12 and Saika Tanden Part 2	Hideo Takahashi	26
Practical Moxibustion Therapy Part 12	Junji Mizutani	28
"No" Shiatsu	Junji Mizutani	31
About the Cover		24
Introduction of New Members		30
Japanese Text		32

Vol.5, No.13 July 1998 CONTENTS

Acupuncture for Whiplash Syndrome	Hiroshi Matsumoto	3
What is the Sawada Style Taiji Method	Fumihiko Shirota	7
Introduction to Traditional Japanese Acupuncture (Meridian Therapy)	Somei Okabe	9
Learning from Bovine Moxibustion	Bunzo Takematsu	14
Thoughts on Moxibustion Therapy	Masanori Tanioka	16
Regarding Knee Pain and Moxibustion	Yasuyuki Mishima	18
Moxibustion Case Studies	Peter Yates	20
A Stroll through Kampo History (Part 4)	Shinjiro Kanazawa	21
Practical Moxibustion Therapy (13)	Junji Mizutani	23
Denmei Shudo's Seminar in Hawaii	Kabba Anand	26
Denmei Shudo's Treatment of Psychological Problems	Stephen Brown & Robert Hayden	29
Book Review	Chieko Maekawa	30
Report from Down Under	Paul Movsessian	31
About the Traditional Japanese Acupuncture Association	Eiki Kaneko	33
Introduction of New Members		35
Japanese text		36

Vol.5, No.14 November 1998 CONTENTS

Introduction to Meridian Therapy (Part 2)	Somei Okabe	2
Getting Fired Up by Moxa	Brad Thompson	6
The Current Situation and Future Direction of Japanese Acupuncture	Takayoshi Ogawa	7
Acupuncture in Gynecology Disorders	Misaki Endo	11
Eastern & Western Medicine: Complementary Approaches	Erin Ellison & Michael Menard	14
The Story of an Acupuncture Needle Manufacturer	Naonori Maeda	16

On Self Study	Robert Hayden	18
A Stroll in Kanpo History (Part 5)	Shinjiro Kanazawa	19
Scientific Research on Shiatsu	Matsuko Namikoshi	21
The Function of Ventilation and Whole Body Shiatsu--Using Vital Capacity as a Guideline	Toshiyuki Otsuka	21
Experimenting with the Dashin Technique	Hideo Takahashi	22
Practical Moxibustion Therapy (Part 14)	Junji Mizutani	24
Koei Kuwahara's Workshop on Pediatric Shonishin	Jake Paul Fratkin	27
Book Review	Peter Canakis	28
Introduction of New Members		29
Japanese Text		30

Vol.6, No.15 March 1999 CONTENTS

Introductuion to Meridian Therapy III	Somei Okabe	3
Repor	Hiroshi Nakazawa	7
The Current Situation and Future Direction of Japanese Acupuncture II	Takayoshi Ogawa	8
Keiraku Chiryō - Japanese Meridian Therapy	Stephen Birch	13
Treatment of "Fifty-year Shoulder" (Frozen Shoulder)	Masakazu Ikeda	16
Using Muscle Testing in Meridian Therapy	Jake Paul Fratkin	19
Lower Back Pain	Hiromi Matsumoto	21
Outdoor Shiatsu	Matsuko Namikoshi	
The Effects of Shiatsu on the Autonomic Nervous System	Kazuo Kokubo	27
A Stroll Through Kampo History (6)	Shinjiro Kanazawa	29
The story of an Acupuncture Needle Manufacturer	Naonori Maeda	30
Practical Moxibustion (15)	Junji Mizutani	32
Book Reviews	Robert Hayden & Joshua Lerner	34•35
Local Report	Malcolm Reeve	35
Introduction of New Members		36
Japanese Text		37

Vol.6, No.16 July 1999 CONTENT

Acupuncture Treatment for Low Back and Leg Pain	Hiromi Matsumoto	2
Japanese Pediatric Acupuncture--Shonishin: A Case Study	Stephen Birch	9
The Current Situation and Future Direction of Japanese Acupuncture (Part 3)	Takayoshi Ogawa	12
Letter to the Editor	Yasuo Ishida	15
Resolving the Misunderstanding of Stephen Birch	Masakazu Ikeda	16
Measuring the Effects of Shiatsu on Athletes	Masahiro Fujii	18
A Case Study of Improved Locomotion with Multiple Sclerosis	Noriko Nagato	19
New Perspective for Effective Point Selection (Part 1)	Kyo-ichi Kuroiwa & Tayo Katano	21
A Stroll Through Kampo History (Part 7)	Shinjiro Kanazawa	29
Book Review	Stephen Brown	31
Experimenting with the Daishin Technique (Part 2)	Hideo Takahashi	32
Practical Moxibustion (Part 16)	Junji Mizutani	34
Three Days in Hawaii with Denmei Shudo and Masakazu Ikeda	Diane Eggleston	36
Introduction of New Members		37
Bulletin Board		38
Japanese Text		39

Vol.6, No.17 November 1999 CONTENT

Editorial		2
-----------	--	---

Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part 1	Hiromi Matsumoto	3
Listening to the Channels: Preliminary Reflections on the Adaptation of one form of Osteopathic palpation to Acupuncture	Daniel Bensky	7
New Perspective for Effective Point Selection (Part2)	Kyo-ichi Kuroiwa & Tayo Katano	10
Acupuncture Treatment for the Lower Back and Leg Pain	Morihiro Murata	16
Thoughts on Using Chinetsukyu in Meridian Therapy	Robert Hayden	18
Fascial Acupuncture™: A New Approach to Treating Orthopedic and Neurological Disorders	Elisa Sue Rabin & Augusto Romano	20
A Stroll Through Kanpo History (8)	Shinjiro Kanazawa	23
I Hate Needles	Cameron Bishop	25
Emergence of Japanese Style Acupuncture in North America	Jake Paul Fratkin	27
Try Salt Box Moxibustion!	Brad Thompson	29
Practical Moxibustion Therapy (17)	Junji Mizutani	30
Introduction of New Members		32
Japanese Text		34

Vol. 7, No.18 March 2000 CONTENTS

Low Back Pain--Its Diagnosis and Treatment	Denmei Shudo	3
Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part 2	Hiromi Matsumoto	8
New Perspective for Effective Point Selection (Part 3)	Kyo-ichi Kuroiwa & Tayo Katano	12
Explaining J.P. Fratkin's Misinterpretations	Kiiko Matsumoto	17
Letter to the Editor	David Euler, et al	19
Bulletin Board		19
Dan Bensky's Article	Masakazu Ikeda	20
A Stroll Through Kanpo History (Part 9)	Shinjiro Kanazawa	22
About the Cover		23
Questions and Answers	Daniel Schulman & Masakazu Ikeda	23
An Acupuncturist's Visit to Cuba	Didi Pershouse	24
Summer Studies in Japan	Stephen Birch	27
Report on the 41st Meridian Summer College Conference	Meg McMorrow	29
Masanori Tanioka Paediatric Workshop	Robert Hayden	30
Experimenting with the Daishin Technique (Part 3)	Hideo Takahashi	31
Practical Moxibustion Therapy (Part 18)	Junji Mizutani	33
Introduction of New Members		36
Japanese Text		37

Vol. 7, No.19 July 2000 CONTENTS

The Memorial Essay of Dr. Okabe	Masakazu Ikeda	3
On the Effectiveness of Direct Moxibustion	Misaki Endo	4
Abdominal Diagnosis in Oriental Medicine (Acupuncture)— (3) Japanese Abdominal Diagnosis— 2	Hiromi Matsumoto	7
New Perspective for Effective Point Selection (4) Introduction to Trigger Point Acupuncture which Evolved in Japan	Tayo Katano & Kyo-ichi Kuroiwa	12
Emergency Pain Relief Treatment	Tokujiro Murata	17
Chiropractic Upper Cervical Technique and Acupuncture	Yasuo Ishida	19
The Treatment of Bells Palsy	Cameron Bishop	20
Inappropriate Stimulation	Masanori Tanioka	21
Changes in Body Surface Temperature and Sleep Inducement Following Shiatsu Therapy	Takao Kaneko	22
Acupuncture Treatment for 'Stress'	Junzo Kokubo	24

A Stroll Through Kanpo History (10)	Shijiro Kanazawa	25
Experimenting with the Dashin Technique (Part 4)	Hideo Takahashi	27
Practical Moxibustion Therapy (19)	Junji Mizutani	29
Intensive Certificate Program of Japanese Traditional Acupuncture -Session 1:	Akizo Okada	
	Jeffrey Dann	31
Shudo Denmei Seminar on the Big Island of Hawaii	Tisha Mallon	33
Toyohari Weekend Workshop in Amsterdam Taught by Shuho Taniuchi and Koryo Nakada		
	Heleen d'Oliveira	34
Shiatsu in Toronto and Ontario	Nancy van der Poorten	35
Introduction of New Members		36
Japanese Text		37

Vol. 7 No. 20 November 2000 CONTENTS

The Arrival of Qi	Denmei Shudo	3
Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part IV	Hiroshi Matsumoto	6
Shinshin Sho (Neurotic and Psychosomatic Disorders)	Akizou Okada	10
New Perspective for Effective Point Selection (5) Introduction to Trigger Point Acupuncture		
	Tayo Katano & Kyo-ichi Kuroiwa	13
Medial Knee Pain Treatment Using Secondary Vessels	Robert Hayden	20
Case Study Report: Ovarian Cysts Eliminated with Three treatments	Noriko Nagato	22
A Theoretical Analysis of Oriental Medicine A Biochemical-Anatomical Interpretation of Chi (Qi) and Meridian in Acupuncture	Yasuo Ishida	24
Intensive Certificate Program of Japanese Acupuncture--Session 2: by Hideyoshi Higuchi		
	Jeffrey Dann	26
A Stroll Through Kanpo History No. 11	Shinjiro Kanazawa	28
Toyohari Teacher Training Camp in Tokyo	Brenda Loew	30
Keeping in Touch at the New York College	Peter Yates	31
Shiatsu Perspectives	Nancy van der Poorten	32
Practical Moxibustion Therapy (20)	Junji Mizutani	33
Book Reviews		36
Introduction of New Members		37
Japanese Text		39

Vol. 8, No.21 March 2001 CONTENTS

Acupuncture Treatment and Moxibustion Treatment	Bunshi Shirota	3
Discussion on Clinical Experience	Masakazu Ikeda	5
Report on Ikeda Seminar at Bond University	Alan Jansen	7
Naso Treatment	Toshio Yanagishita	8
The Toyohari Introductory Seminar Wakariyasui	Patricia Seykora	9
Naso and Muno - Two of the Supportive Therapies Unique to Toyohari	Stephen Birch and Junko Ida	10
Shounishin - Paediatric Acupuncture (Part 1)	Masanori Tanioka	13
On the Method of Undoshin Needle Insertion	Ikuo Suzuki	16
Case Study Report: Migraines Following a Hysterectomy	Daniel Schulman	18
Kampo Workshop in Chicago	Robert Hayden	19
Kurumadani School Acupuncture and Kam Pou Herbal Formula	Koji Ichihashi	20
A Stroll Through Kanpo History (12)	Shinjiro Kanazawa	24
To Succeed in Oriental Medicine without a Manual	Bunzo Takamatsu	26
Xiao-Chaihu-Tang Induced Interstitial Pneumonia	Shinjiro Kanazawa	27
About the Classic 'Shinkyu Soku'	Hideo Takahashi	29
Video Review	Machiko Yamaguchi	31

Practical Moxibustion Therapy (21)	Junji Mizutani	32
Shudo Sensei's Last Seminar In Hawaii ?	Stephen Brown	34
The Third Seminar of the Boston TJM Intensive with Masakazu Ikeda	Jeffrey Dann	35
Introduction of New Members		37
Japanese Text		38

Vol. 8 No. 22 July 2001 CONTENTS

The Future of Acupuncture	Fumihiko Shirota	3
Shakujyu Therapy	Shoji Kobayashi	8
Shounishin-Paediatric Acupuncture (Part 2)	Masanori Tanioka	12
Shudo Style Meridian Therapy	Morihiro Murata	14
Muno Treatment	Toshio Yanagishita	19
Thoughts on Teaching Meridian Therapy to TCM Students	Robert Hayden	20
Acupuncture and Moxibustion for Glaucoma	Isao Nishijima	22
Ikeda Sensei Talks with JWAA Acupuncturists	Chikurin Takae	24
Kurumadani School of Acupuncture and Moxibustion (Part 2)	Koji Ichihashi	27
A Stroll Through Kampo History (13)	Shinjiro Kanazawa	30
Toyohari Trainig in Amsterdam	Brenda Loew	31
Shiatsu Treatments on Reactive Points along the Spinal area of the Urinary Bladder Meridian	Kaz Kamiya	32
Examples of Applying Moxa at Kensen (Extra Ordinary Points), which Immediately Cures Hives	Ikuo Suzuki	33
Starting Over	Bunzo Takamatsu	34
A Road Less Travelled	Alan Jansson	35
About the Classic 'Shinkyu Soku' (Part 2)	Hideo Takahashi	37
Practical Moxibustion Therapy (22)	Junji Mizutani	39
Bulletin Board		41
Introduction of New Members		42
Japanese Text		44

Vol. 8, No.23 November 2001 CONTENTS

A Clinical Guide to Kampo	Fumihiko Shirota	3
Nerve Entrapment Syndromes (1)	Hiroshi Matsumoto	6
Report on the Toyo Hari Meridian Therapy Summer School, Tokyo 2001	Joyce Vlaarkamp	9
Shakujyu Therapy (2)	Shoji Kobayashi	10
Breaking the Heart Rule	Mark Dreu	15
The Oriental Medical View of Menopause Disorders	Shuhou Taniuchi	16
Moxibustion Treatment for Malposition of the Fetus	Anryu Iwashina	20
In Memory of Yuriko Yamagishi	Peter Yates	21
Needling – Ideas from the Classics	John Thompson	22
Shounishin-Pediatic Acupuncture (3)	Masanori Tanioka	24
Kurumadani School of Acupuncture and Kampo Herbal Formula (3)	Koji Ichihashi	25
A Stroll Through Kanpo History No. 14	Shinjiro Kanazawa	30
Dr. Bear's Got Reservations	Salvador Cefalu	32
A Seminar Entitled "Introduction to Japanese Acupuncture" Held in Turkey	Jeffrey Dann	34
Meridian Test	Masamichi Shibata	35
Dr. Too-Late	Hideo Takahashi	38
The Basic Sotai Exercises	Akira Honda	40
Introduction of New Members		43
Japanese Text		44

Vol. 9, No.24 March 2002 CONTENTS

Acupuncture Therapy For Raynaud's Disease	Shirota Bunshi	3
Shakujyu Therapy (3)	Kobayashi Shoji	5
My Method of Acupuncture	Iwashina Anryu	10
A Clinical Guide to Kanpo	Shirota Fumihiko	13
Massive Dose Therapy and Subtle Stimulation Therapy	Manaka Yoshio	17
Nerve Entrapment Syndromes (2)	Matsumoto Hiromi	18
Living Frequency	Lesley E. Shearer	23
The Secrets of Traditional Medicine	Ikeda Masakazu	26
Shounishin-Pediatric Acupuncture (4)	Tanioka Masanori	28
Case Study	Suzuki Ikuo	30
Kurumadani School Acupuncture and Kanpo Formula Part 4	Ichihashi Koji	31
Stroll Through Kanpo History, No. 15	Kanazawa Shinjiro	32
Practical Moxibustion Therapy (23)	Mizutani Junji	35
Dr. Yamaguchi's Bloodletting Acupuncture for Racehorses	Shibata Masamichi	38
Sorimachi Taichi in Hawaii AAOM Conference	Jeffrey Dann	40
Diet (Genshoku)	Honda Akira	42
Iwashina Anryu's Seminar	Chikurin Takae	43
Ikeda Masakazu Sensei Melbourne October 2001	Alan Jansson	44
Introduction of New Members		47
Bulletin Board		47
Japanese Text		48

Vol. 9, No.25 July 2002 CONTENTS

A Clinical Guide to Kanpo (3)	Shirota Fumihiko	3
Nerve Entrapment Syndromes (3)	Matsumoto Hiromi	6
Potato Medicine	Honda Akira	11
Introduction to Seitai Shinpo	Sorimachi Dai-ichi	12
Acupuncture and Moxibustion Treatment for a Throat Nodule and Hoarse Voice	Nishijima Isao	15
The Treatment of Cancer Patients	Murata Morihiko	18
Master of Looking Diagnosis	Takamatsu Bunzo	21
Kanpo\Ancient Art, Modern Medicine	Nigel Dawes	22
My Method of Acupuncture	Iwashina Anryu	26
Shounishin-Pediatric Acupuncture	Tanioka Masanori	29
The Heart of Kyo-Jitsu Diagnosis	Tzvika Calisar	31
Kurumadani School of Acupuncture and Kanpo Formulae (5)	Ichihashi Koji	34
A Stroll Through Kanpo History (16)	Knazawa Shinjiro	37
Three Successful Cases in Treating Impotence	Suzuki Ikuo	39
Miscellaneous Thoughts on Shiraku-Blood Letting	Takahashi Hideo	41
Practical Moxibustion Therapy (24)	Mizutani Junji	43
The Work of Okada Akizo Sensei	Jake Paul Fratkin and Jeffrey Dann	45
Essence of Traditional Medicine	Bamba Yumiko	46
Introduction of New Members		48
Bulletin Board		49
Japanese Text		50

Vol. 9, No.26 November, 2002 CONTENTS

About the Arrival of Qi	Shudo Denmei	3
A Clinical Guide to Kanpo (4)	Shirota Fumihiko	4
Insertion into Scalenes for Symptoms of Dorsal Scapular Nerve Entrapment	Matsumoto Hiromi	8

Examination on the Immunological Effects of Moxibustion Treatment	Tohya Kazuo	10
Clinical Cases Reflecting the Effectiveness of Yuzhen (BL-9) Treating Tender Points and Indurations on the Back	Suzuki Ikuo	11
What Makes for an Ideal Acupuncturist	Ikeda Masakazu	12
Making Shifts Happen—Lessons from Zero Balancing	Robert Hayden	14
Kurumadani School of Acupuncture and Kanpo Formulae (6)	Koji Ichihashi	16
A Stroll Through Kanpo History (17)	Kanazawa Shinjiro	20
Kanpo—Ancient Art, Modern Medicine	Nigel Dawes	23
Cleansing the Nose	Honda Akira	25
Miscellaneous Thoughts on Shiraku-Blood Letting (2)	Takahashi Hideo	26
Practical Moxibustion Therapy (25)	Mizutani Junji	28
Japan Summer Program 2002	Ehrland Truitt	30
Introduction to New Members		31
Sotai and Seitai Shinpo Seminar in Boulder	Stephen Brown	32
Sotai Report from Boulder	Jeffrey Dann	33
Techniques of Tonification and Dispersion with Practical Applications	Yanagiya Sorei	34
Bulletin Board		34
Japanese Text		35

Vol. 10, No.27 March 2003 CONTENTS

Can Acupuncture Heal the Mind? The Role of Super-Superficial Insertion	Shudo Denmei	3
Treatment for the Oversensitive Patient	Kamiya Kazunobu	9
Treatments Using Super-Superficial Insertion	Murata Morihiko	10
The Subcostal Nerves Take Part in Gluteus Regional Pain	Suzuki Ikuo	13
Treatment of Cervico-Brachialgia	Matsumoto Hiromi	14
Treatment of Hay Fever with Traditional Japanese Acupuncture	Iwashina Anryu	19
Acupuncture and Moxibustion Treatment for Shingles	Kokubo Junzo	21
Meridian Balancing—It's Not Just about the Pulse: A Report on Iwashina Anryu's October Seminar	Chikurin Takae	22
Diary of My Battle with Cancer	Nishijima Isao	24
Introduction to Seitai Shinpo (2)	Sorimachi Dai-ichi	28
The Sotai Ho of Hashimoto Keizo, MD	Peter Thompson	30
Technique Comes Along	Takamatsu Bunzo	32
Shiatsu--The Traditionally Japanese Manual Therapy	Namikoshi Matsuko	33
A Stroll Through Kampo History (18)	Kanazawa Shinjiro	38
Root Deficiencies of Spleen Versus Kidney	Jake Paul Fratkin	42
Kurumadani School of Acupuncture and Kanpo Formulae (7)	Ichihashi Koji	44
Why I Don't Work with Insurance	Stephen Brown	47
Moxibustion Variations	Kamiya Kazunobu	49
Bulletin Board		49
Introduction to New Members		50
Japanese Text		52

Vol. 10, No.28 July 2003 CONTENTS

Regulation of White Blood Cells by Autonomic Nervous System	Abo Toru	3
Case Histories of Acupuncture Using Cranial Points	Shirota Bunshi	7
Case Studies in Traditional Japanese Medicine	Ikeda Masakazu	9
Kanpo—Ancient Art, Modern Medicine (3)	Nigel Dawes	11
A Brief Description of the Edagawa Method of Injection Therapy	Neven Orhel	17
Segmental Innervation	Doortje van der Kamp	19

A Stroll Through Kanpo History (19)	Kanazawa Shinjiro	21
Shooting for Enlightenment	Ichihashi Koji	26
Jaki and the Dashin Technique	Takahashi Hideo	27
Practical Moxibustion Therapy (26)	Mizutani Junji	29
Kubota Zone Acupuncture for Anti-Aging and Age Reversal	Kubota Naoki	31
Food Talk	Honda Akira	32
Post-Herpes Neuralgia	Suzuki Ikuo	32
Turkey Report	Jeffrey Dann	33
The Third Ikeda Masakazu Sensei Seminar	Bamba Yumiko	35
Videotape Review	Ikeda Masakazu	36
Meeting a Master	James Vitale	36
Introduction of New Members		37
Bulletin Board		37
Japanese Text		39

Vol. 10, No.29 November, 2003 CONTENTS

Regulation of White Blood Cells by Autonomic Nervous System	Abo Toru	3
A Nail Massage	Honda Akira	7
The Relationship between the Ideology of Qi and Science	Ishida Hidemi	8
Treatment of Cervico-Brachialgia (2)	Matsumoto Hiromi	11
Small Intestine--Heart Shoulder Arm Pain Syndrome	Gregory Chernish	16
My Method of Point Selection	Iriye Seiji	18
Fasting Center	Takamatsu Bunzo	19
Treatment of a 15 Year Old Caucasian Male with Spina Bifida	Moriguchi Miki	20
Kanpo Ancient Art Modern Medicine (4)	Nigel Dawes	21
Theoretical Analysis of Oriental Medicine	Ishida Yasuo	24
A Stroll Through Kampo History (20)	Kanazawa Shinjiro	26
The Golden Ratio and Oriental Medicine	Jack Pessin	33
Practical Moxibustion Therapy (27)	Mizutani Junji	37
Book Review	Jeffrey Dann	39
Introduction of New Members		40
Bulletin Board		41
Japanese Text		42

Vol. 11, No.30 March, 2004 CONTENTS

Forewards	Mizutani Junji and Stephen Brown	2
Congratulatory Speech	Shudo Denmei	3
Spiritual Actions in Oriental Medicine	Shudo Denmei	4
Treatment of Cervico-brachialgia (3)	Matsumoto Hiromi	6
The Relationship Between the Ideology of Qi and Science (2)	Ishida Hidemi	11
Applications of Pressure Points and the Effects of Time	Suzuki Keimin	16
The Spirit of Moxibustion: Fukaya Isaburo and Sawada Ken	Edward Obaidey	18
An Eruption of Herpes Zoster in a Patient with Chronic Headaches	Suzuki Ikuo	21
A Stroll Through Kanpo History (21)	Kanazawa Shinjiro	22
Adverse Reactions to Vitamin Preparations	Ishida Yasuo	27
Kanpo Ancient Art Modern Medicine (5)	Nigel Dawes	28
Edo-Kai Seminar with Hideo Takahashi	Suzanne Pontes	32
Practical Moxibustion Therapy (28)	Mizutani Junji	34
Book Review	Kanazawa Shinjiro	35
Report on the Conference of the Society for Acupuncture Research	Andrew Fitzcharles	37

Introduction of New Members	39
Bulletin Board	39
Japanese Text	40

Vol. 11, No.31 July, 2004 CONTENTS

Meridian Therapy for Digestive Disorders	Okada Akizo	3
The Rhythm of Moxibustion	Takamatsu Bunzo	6
Herb Flavor Properties and Meridian Therapy	Ikeda Masakazu	7
Dealing With Acute Pain (Part 1)	Nishijima Isao	9
Cases Using Super-superficial Insertion	Murata Morihiro	12
A Case of Blood Letting Used for Cervical Sprain	Suzuki Ikuo	14
One case of Treatment of Viral Encephalitis with Acupuncture	Seki Katsuyoshi	15
A Stroll Through Kampo History #21	Kanazawa Shinjiro	18
Kampo Ancient Art Modern Medicine (6)	Nigel Dawes	23
ÅgIs There Something Wrong?...SyndromeÅh	Mishima Yasuyuki	28
Vibrating the Abdomen Using the Dashin Technique	Takahashi Hideo	32
Practical Moxibustion Therapy (29)	Mizutani Junji	34
The Seattle Shudo Seminar, 2004	Julie Zinkus	37
Fourth Traditional Japanese Acupuncture Seminarwith Ikeda Masakazu	Nagato Noriko	40
Introduction of New Members		41
Bulletin Board		41
Japanese Text		42

Vol. 11, No.32 November, 2004 CONTENTS

Treating Headaches with Acupuncture and Moxibustion (1)	Matsumoto Hiromi	3
Akabane Treatment for Low Back Pain (1)	Shimizu Kanji	8
Dealing with Acute Pain (2)	Nishijima Isao	12
Sexual Dysfunction	Ikeda masakazu	15
Bonsai Moxa	Gregory Chernish	16
Moxibustion And The Sequela of Sports Injuries	Mishima Yasuyuki	17
Grasping the Sleeping Tiger's Tail	Stephen Birch	20
"Magic Bullet" for Headache	Bart Walton	25
Gold Standard or Fool's Gold? Staking Our Own Claim on the Evidence-Based Medicine Map	Daniel Schulman	26
Case Study Using the Dashin Technique	Suzanne Pontes	28
A Stroll Through Kampo History (22)	Kanazawa Shinjiro	30
Practical Moxibustion Therapy (30)	Mizutani Junji	34
Bulletin Board		35
Japanese Text		36

Vol. 12, No.33 March, 2005 CONTENTS

Treating Headaches with Acupuncture and Moxibustion (part 2)	Matsumoto Hiromi	3
Akabane Treatment for Low Back Pain	Shimizu Kanji	7
Acupuncture Treatment for Depression Symptoms caused by Going to Work	Toda Shizuo	11
Shakuju Therapy, An Evolution in Japanese Acupuncture	Diane Iuliano and Jonathan Kapsten	14
Jing-Well Point Blood Letting: The Foundation Of Blood Letting	Shimada Ryuji	17
A Stroll Through Kampo History (24)	Kanazawa Shinjiro	21
Going My Way	Takamatsu Bunzo	24
A Connecticut Sotai Experience	Bob Quinn	25
The Concept of Acupuncture Points and Needle Sensation	Yanagiya Sorei	26

Koshi Balancing-An Eclectic Method of Structural Alignment	Jeffrey Dann	27
Seitai Shinpo, Unique System of Acupuncture	Regan J. Archibald	28
Treatment of Digestive Disorders with Okada Akizo Sensei	Peter Yates	30
Seitai Shinpo Program Underway at TCM College of HAWAII	Beth Chapman Hood	31
Introduction of New Members		32
Bulletin Board		33
Japanese Text		34

Vol. 12, No.34 July, 2005 CONTENTS

Stuck on Acupuncture: Curing Diseases with One Needle	Goto Mitsuo	3
Moxibustion and Chronic Rheumatoid Arthritis	Mishima Yasuyuki	8
Treatment of Hay Fever with Super-Superficial Insertion	Murata Morihiko	12
An Approach To Meridian Points: From Significant Clinical Examples	Seki Katsuyoshi	14
Koshi Balancing - A Method of Structural Alignment and Therapy	Jeffrey Dann	16
A Stroll Through Kanpo History #25	Kanazawa Shinjiro	19
The Modified Dashin Technique—Embracing the New While Respecting the Old	Jonathan Simon	24
Some Thoughts on Active Points	Stephen Brown	25
Shared Vibration in the Dashin Technique	Takahashi Hideo	27
The Treatment of Lung Cancer	Mizutani Junji	30
Experience Sei Tai Shinpo at the Traditional Chinese Medical College of Hawaii	Kelly DeBonet	35
The Art of Healing 2005 Seminar with Masakazu Ikeda Sensei	Bamba Yumiko	36
Review of Seattle Fukushin Seminar with Nigel Dawes	Thomas Jordan	37
Dashin Seminar with Hideo Takahashi	Peter Yates	38
Book Review	Sybil Ihrig	38
Book Review	Robert Hayden	40
Introduction of New Members		41
Japanese Text		42

Vol. 12, No.35 November, 2005 CONTENTS

Stuck on Acupuncture: Curing Diseases with One Needle (2)	Goto Mitsuo	3
Acupuncture and Cervico-Omo-Brachial Syndrome	Mishima Yasuyuki	7
Treatment of Facial Pain and Facial Nerve Paralysis with Shakuju Therapy	Hara Osamu	10
Pneumatic Needle Technique	Aaron Rubinstein	14
Acupuncture Treatment on Eyestrain due to Stress	Toda Shizuo	19
Guide Tube Technique	Kudo Yuraku	20
From My Clinical Experience	Ishihara Katsumi	22
The Circumstances Surrounding and the Significance of Standardization of Point Locations	Katai Shuichi	25
Concerning Kototama Life Medicine and Meridian Therapy's Evolution	Thomas E. Duckworth	27
Islam Ritual Prayer and Acupuncture Energetics	Baki Dokme, Kemal Osmanbey and Jeffrey Dann	28
Stroll Through Kanpo History #26	Kanazawa Shinjiro	31
Performing Acupuncture when Blind	Iwashita Shumei	34
Acupuncture Treatment and Physical Distortion	Sorimachi Daiichi	35
The Treatment of Lung Cancer (Part 2)	Mizutani Junji	37
Finding Inspiration in Vancouver	Tom Ingegno	39
Shakuju Chiryō Seminar	Sanford Lee	40
Sotai in Boulder with Peter & Akiko Thompson	Todd Turetsky	44
My Experience in the Seattle Japanese Acupuncture Certification Program	Todd Turetsky	44
Seminar Report - 3 Days with Kiiko Matsumoto	Daniel Schulman	46
Introduction of New Members		47

Bulletin Board	47
Japanese text	48

Vol. 13, No.36 March, 2006 CONTENTS

Acupuncture and Moxibustion Treatment for Depression	Shudo Denmei	3
Contact Needling Technique	Ono Bunkei	7
The Relationship between Facial and Extremity Bloodletting	Shimada Ryuji	9
My Opinion on the Standardization of Acupuncture Point Location	Peter Yates	11
From My Clinical Experience (2)	Ishihara Katsumi	12
Moxibustion and Headaches	Mishima Yasuyuki	14
Technique for Bleeding Hand Jing-Well Points	Kudo Kunimasa	17
Acupuncture Treatment for Blood Stagnation in Menstrual Disorders	Toda Shizuo	19
A Stroll Through Kanpo History (27)	Kanazawa Shinjiro	22
A Tribute to Chris Synodis (1947-2005)	Brenda Loew	23
The Knotty Abdomen and Jaki (1)	Takahashi Hideo	24
The Treatment of Lung Cancer (3)	Mizutani Junji	27
Introducing New Members		29
Japanese Text		30

Vol. 13, No.37 July, 2006 CONTENTS

The Concept of Meridians from a Systems Perspective	Manaka Yoshio	3
Scalp Meridian Points—Teachings of Fumihiko Shirota Sensei	Endo Misaki	9
Treatment of Chronic Hiccup	Matsumoto Hiromi	11
A Case Study of Combined Acupuncture and Sotai Treatment for Low Back Pain due to Herniated Disk	Bob Quinn	13
Baby Power	Takamatsu Bunzo	15
Cases Using Super-superficial Insertion (3)	Murata Morihiko	16
On Use of the Point Shitsumin	Seki Katsuyoshi	20
About Shaku Ju	Hara Osamu	22
It's not the Style That Counts	Peter Yates	24
Gems from the Masters	Bart Walton	25
A Stroll Through Kanpo History #28	Kanazawa Shinjiro	26
Moxa Workshop with Mizutani Junji Sensei	Carol Weingarten	29
Report on the Second International Shakuju Seminar	Sanford Lee	30
The 7th Annual Seitai Shinpo Seminar	Regan J Archibald	33
Report on Traditional Japanese Medicine Seminar	Maeyama Fumiko	34
Introduction of New Members		35
Japanese Text		36

Vol. 14, No.38 November, 2007 CONTENTS

About Patterns (Sho)	Manaka Yoshio	3
The Essence of Oriental Medicine (Sho)	Masunaga Shizuto	5
From the Perspective of Meridian Therapy	Fukumoto Kentaro	7
Bi-Digital O-Ring Test -- 'Point Resonance Techniques'	Neri Kedem and Richard Malter	10
More on the Point Shitsumin	Bart Walton	15
Responding to Mr. Peter Yates's Article	Katai Shuiichi	16
The Road to Becoming an Acupuncturist	Onishi Mayu	17
Heat-Sensing Moxibustion on Nails	Menjyo Yuki	18
Points on the Sole of the Foot	Shimada Ryuji	19
A Stroll Through Kanpo History #29	Kanazawa Shinjiro	21

Thoughts on Oshide (The Supporting Hand)	Honda Akira	25
Treatment of Lung Cancer (Part 4)	Mizutani Junji	26
Jeffrey Dann's Koshi Balancing Seminar	Bob Quinn	30
Lessons Reinforced by Four Legged Patients	Tom Ingegno	31
A Journey to Turkey	Jeffrey Dann	32
Questions about Super-superficial Insertion	Shuto Denmei /Bart Walton	34
Introduction of New Members		35
Bulletin Board		35
Japanese Text		36

Vol. 14, No.39 March, 2007 CONTENTS

My Favorite Cranial Points and Their Clinical Applications	Matsubayashi Yasuko	3
The Significance of Surface Findings	Suzuki Ikuo	6
Moxibustion and the Art of Making Tea	Edward Obaidy	8
Treating Eczema with Heat-Sensing Moxibustion	Menjo Yuki	14
Clinical Applications of the Photiv Feedback System (PFB)	Yasushi Masato	15
A Case Study	Ikeda Masakazu	18
Staying Superficial in Order to Go Deep	Jeffrey Dann	19
My Apprenticeship	Kokubo Junzo	21
How to Perform Magic	Takamatsu Bunzo	22
Efficacy of the Sawada School Taixi (KI-3) Point on Tinnitus	Toda Shizuo	23
A Stroll Through Kanpo History #30	Kanazawa Shinjiro	24
The Fukushima Seminar with Nigel Dawes	Tom Hurrle	29
Spontaneous Body Movement: Tapping Into an "Unfamiliar Part of Yourself"	Takahashi Hideo	30
Treatment of Lung Cancer (Part 5)	Mizutani Junji	33
The 8th Annual Seitai Shinpo Seminar	Beth Chapman Hood	35
Book Review: Shin So Shiatsu	Ted Thomas	37
Introducing New Members		38
Bulletin Board		38
Japanese Text		39

Vol. 14, No.40 July, 2007 CONTENTS

An Interview with Shudo Denmei, Head of Gensai Jyuku	Ishii Toshihisa	3
Questions to Senior Acupuncturists: When is it Too Much of a Good Thing?	Tom Ingegno, Ikeda masakazu, Shudo Denmei, and Tanioka Masanori	5
Cases Using Super-superficial Insertion	Murata Morihiro	9
The Day I was Defeated by "Mother's Love"	Seki Katsuyoshi	12
Unconsciousness Revived by Acupressure: Returning the weak aspect to normal	Shudo Denmei	13
Diagnosis by Looking (Inspection)	Ikeda Masakazu	14
Treating Swollen Ankle Joint with Heat-Sensing Moxibustion	Menjyo Yuki	16
Retaining Needle onto the Superior Cervical Ganglion for Treatment of Hay Fever	Yamada Mikio	17
Multiple System Integration	Aaron K. Rubinstein	20
Brushing Your Teeth: An article on home moxibustion	Ton van Huffelen	28
A Stroll Through Kanpo History #31	Kanazawa Shinjiro	29
About the Japanese National Examination for Acupuncturists	Tsukamoto Kotaro	32
Qi-Tapper Therapy	Kamiya Kazunobu	33
Treatment for Depression	Bart Walton	35
Seminar Report: Fukaya Style Moxibustion with Fukushima Tetsuya	Tom Hurrle	37
Japanese Text		38

Vol. 14, No.41 November, 2007 CONTENTS

The Characteristics and Essence of Japanese Acupuncture	Oura Jikan	3
Eastern and Western Thinking	John Thompson	7
Reflections	Daniel Schulman	9
The Pulse, Meridians, and Nature of Points in Root Treatments	Greg Williams	11
"Chinetsu" Moxibustion For Chapped Hands	Menjyo Yuki	14
Kubota Zone Acupuncture and the Chart That is Its Key	Kubota Naoki	15
Tokyo Seminar	Carl Wagner	20
Tokyo Turning point	Bob Quinn	22
Healing Touch and Movement: Using Meridian Touchtm to Fill the Gap	Darryl Aiken-Afam	23
Ohue Seminar Report	Ogawa Haro	25
A Stroll Through Kanpo History #32	Kanazawa Shinjiro	26
Sea Vegetables--The Traditional Mineral Supplement	Bob Quinn	29
Moxibustion on Guanyuan (GV-4)	Shimada Ryuji	31
Practical Moxibustion (31)	Mizutani Junji	34
Using Direct Moxa for Patients with Yin Deficiency	Sharon Weizenbaum	36
Introduction of New Members		37
Bulletin Board		38
Japanese Text		39

Vol. 15, No.42 March, 2008 CONTENTS

Editorial		2
Your Immune Revolution	Abo Toru	3
Book Review "Your Immune Revolution", "Healing Your Healing Power"	Andrew Fitzcharles	5
Treatment Of Cervical Nerve Root Symptoms (Part 1)	Nagata Hiroshi	6
Kanpo - Ancient Art Modern Medicine (7) Kanpo Treatment of Irritable Bowel Syndrome (IBS) - Part 1	Nigel Dawes and Mari MacLean	9
Acupuncture and Moxibustion in the Edo Period	Mathias Vigouroux	13
Latest Case Report	Ikeda Masakazu	17
Reflections on Eight Years in Practice - Part 2	Daniel Schulman	18
Shiunko (Purple Cloud Cream) and Chronic Pain	Yasushi Masato	20
Use of Bloodletting to Treat Localized Infections	Julia Herskowitz	23
Treating Corns with Moxibustion	Marc Webster	24
Acupuncture Treatment for Men's Menopause	Toda Shizuo	26
My Journey Through the Field of Chinese Medicine	Laura Christensen	28
The Defining Techniques of Kubota Zone Acupuncture	Kubota Naoki	30
Helping Patients Help Themselves	Peter Yates	34
Acupuncture in Guadalajara	Takamatsu Bunzo	35
Report on a Shonishin Workshop	Carol Weingarten	36
Conference Report: Society for Acupuncture Research	Andrew Fitzcharles	38
Bulletin Board		39
Seitai Shinpo Acupuncture: Tenth Annual Conference	Matthew Terrusa	40
Introduction of New Members		41
Japanese Text		42

Vol. 15, No.43 July, 2008 CONTENTS

Editorial		2
The Meridian Test: Acupuncture Treatment Based on Assessment of Movement	Mukaino Yoshito	3
Treatment of Cervical Nerve Root Symptoms	Nagata Hiroshi	8
Posterior GB-34 and a Curious Case of Multiple Sclerosis	Carl Wagner	11

Kanpo - Ancient Art Modern Medicine (8)	Kanpo Treatment of Irritable Bowel Syndrome (IBS) - Part 2	Nigel Dawes and Mari Maclean	12
An Outline of Abdominal Diagnosis		Matsumoto Hiromi	16
Cases Using Super-superficial Insertion		Murata Morihito	20
The Rolling Exercise		Honda Akira	23
Case History of Cancer		Seki Katsuyoshi	24
Treating Catamenial Pneumothorax with Shakujyu Therapy		Katoh Hirohito	27
Fukaya-style Moxibustion		Fukushima Tetsuya	32
Tools of the Dashin Technique		Hideo Takahashi	34
Some Features of Japanese Acupuncture		Katai Shu-ichi	36
Kosho Shorei Ryu Energy Medicine (Part 1)	An Overview of the Art in the Context of the Sho Chiku Bai Mon	David LoPriore	38
Kappo: Giving Back Life		Thomas E. Duckworth	40
Bulletin Board			43
Toyohari Acupuncturist Seminar Report		Byron Barth	43
A Seminar with Katai Shuichi		Dale White	46
Moxibustion Intensive with Junji Mitzutani		Tracy Thorne	48
Introduction of new Members			49
Japanese Text			50

Vol. 15, No.44 November, 2008 CONTENTS

The Potential of the Head as a Treatment Zone: A Roundtable Discussion Chaired by Susuki Ikuo Part - 1	Kajima Ikuo, Sai Gyomei and Inoue Etsuko		3
In Search of Japanese Acupuncture Heritage		Mathias Vigouroux	10
All Diseases Originate from Cold: Will Cold become the Bridge between Eastern and Western Medicine?		Kawashima Akira and Hara Osamu	14
Treatment of Cervical Nerve Root Compression Part - 3		Nagata Hiroshi	20
How to find TSUBO Part - 1		Togasaki Masao	24
Channel Palpation		Wang Ju-Yi and Jason Robertson	26
Book Review Applied Channel Theory in Chinese Medicine		Jeffrey Dann	31
Teaching Palpation and Special Skills: a Question and Answer Session		Pamela Ellen Ferguson	31
Book Review Sand to Sky: Conversations with Teachers of Asian Medicine		Stephen Brown	32
Ishizaka Sotetsu: A Misunderstood Genius		Kubota Naoki	34
Chinetsu Moxibustion Treatment for Skin Rash on a Pregnant Woman		Menjyo Yuki	39
Acupuncture in a Changing Society		Kitagawa Takeshi	40
The Charm of Moxibustion		Ohara Yuri	42
Building a Solid Foundation: the Japanese Acupuncture Certificate Program in Victoria, B.C.	Avery Yackel		43
Fukaya-style Moxibustion: A Workshop with Fukushima Tetsyua		Kan L. Chen	44
Shakujyu Therapy Seminar		Cynthia Quattro	46
Shang Han Lun Summer Extravaganza		Nigel Dawes	49
Tokyo seminar 2008:A Journey Into The Heart of Japanese Acupuncture		John Thompson	50
Bulletin Board			52
Introduction of new members			52
Japanese Text			53

Vol. 16, No.45 March, 2009 CONTENTS

Editorial	Stephen Brown	2
The Potential of the Head as a Treatment Zone: Part - 2	Suzuki Ikuo	3
A Conversation with Skin Scientist Denda Mitsuhirio (Part 1)	Matsuda Hirokimi	9
Japanese Beauty Acupuncture	Kitagawa Takeshi	12
Kosho Shorei Ryu Energy Medicine: An Overview of the Art in the Context of the Sho Chiku Bai Mon (Part 2)	David LoPriore	15
Practical Moxibustion Therapy (32)	Mizutani Junji	17
Treating Furuncles with Traditional Chinese Medicine: A Case Study	Marc Webster	21
Acupuncture, Adaptations, and Equality	Juliana Cumbo	24
Variations on Point Location based on Geographical Location: Observations at Two Clinics	Tom Ingegno	26
From TCM to Toyohari: A Personal Journey	Mitchell Wolf	28
What is a Good Pulse?	Nakada Koryo	31
Shakuju Therapy Seminar (Part 2): Clinical Application	Robert Gracey	34
The Japanese Experience: Tokyo 08 Seminar	Reginaldo Filho	38
Tokyo 08: A Novel Post-seminar Experience	Mariola Strahlberg	39
Meridian Test Seminar	Kanazawa Shinjiro	40
Introduction of new members		41
Three Misty Days in October: Toyohari Gathering in Seattle	Ananda Devi	42
Bulletin Board		43
AOBTA Convention: San Diego California, January 2009	Pamela Ellen Ferguson	44
Report on Jeffrey Dann's Balancing the Koshi an Integrated Approach	Andrew Fitzcharles	46
Japanese Text		47

Vol. 16, No.46 July, 2009 CONTENTS

Editorial	Andrew Fitzcharles	2
Locating Live Acupuncture Points (Part 2)	Togasaki Masao	3
A Conversation with Skin Scientist Denda Mitsuhirio (Part 2)	Matsuda Hirokimi	7
The Fukaya Multiple-Grain Moxibustion Technique	Shinma Hideo	11
The Koshi Technique: Some Case Studies	Seki Katsuyoshi	14
Acupuncture Education: A Roundtable Discussion between Matsuda Hirokimi and Tokyo Seminar Participants (August 11, 2008)	Stephen Brown & Jeffrey Dann	16
Kanpo – Ancient Art Modern Medicine (9) (IBS) Part 3	Nigel Dawes & Mari Maclean	20
Chinetsu Kyu Treatment for Skin Rash Related to Contact Dermatitis	Menjyo Yuki	23
Tongue Diagnosis in Toyohari style Acupuncture	Susanne Pfeifer	24
Canine Moxibustion	Nekota Eriko	26
Paying Attention to the Breath	Kamiya Kazunobu	27
Developing Palpation Skills Case Studies of Shoulder and Neck Pain	Ohara Yuri	28
Thoughts on Patients That Do Not Get Better	Carl Wagner	30
Bulletin Board		31
Thoughts on Yin & Yang	Bob Quinn	32
Nepalese Stick Moxibustion	Hata Minae	34
A Vote for Complementary Medicine in Switzerland	Alexander Schuurmans	36
Introduction of New Members		37
Practical Moxibustion Therapy (33) Essence of Acupuncture and Moxibustion Part 2	Mizutani Junji	48
Moxa Seminar with Mizutani Junji: Portland, Oregon	Bob Quinn	41
Ikeda Masakazu Sensei's Seminar March 2009	Nagato Noriko	42
Mookorita: Forget Self, Serve Others – A Report on the San Francisco Shudo Seminar	Andrew Karozos	44
Your Needle Reflects What You Are – Shudo Denmei Seminar in San Francisco	Cameron Bishop	45

Vol. 16, No.47 November, 2009 CONTENTS

Editorial	Jeffrey Dann	2
Skin can Recognize Color and Sound? Understanding Oriental Medicine's Fundamental Concept of Qi	Manaka Yoshio	3
Doctor Manaka Yoshio – A Biography		6
Japanese and Chinese Acupuncture: Similarities and Differences	Manaka Yoshio	8
The Manaka Spirit That Welcomed Mavericks and Eccentrics – An Interview with Yoshimoto Shoji M.D.	Matsuda Hirokimi	12
Dr. Manaka Yoshio and the Manaka Hospital	Matsuoka Kenya	15
About Patterns (Sho)	Manaka Yoshio	16
Dr. Manaka Yoshio's Insights and Contributions to the Field of TEAM	Stephen Birch	18
Encounters with Two Maverick Physicians	Stephen Brown	22
Dr. Manaka's Treatment for Elevated Liver Enzymes (Hepatitis)	Amichay Saller-Fischbach	24
Abstract: Blood Stasis from the Standpoint of Acupuncture & Moxibustion by Manaka Yoshio M.D.	Stephen Brown	27
The Concept of Meridians from a Systems Perspective	Manaka Yoshio	28
Case Studies Illustrative of Extreme Difficulty	Stephen Birch	34
Dr. Manaka, Me and Three Women	Mizutani Junji	36
Acupuncture Treatment of Adhesions	Marc Webster	38
Massive Dose Therapy and Subtle Stimulation Therapy	Manaka Yoshio	40
Ten Years with the Ion Cords	Bob Quinn	41
Bulletin Board		42
Introduction of New Members		42
The First ICE Workshop: Barcelona 2009, a Personal Account	Manuel Rodriguez	43
A Review of Dr. Manaka's Books in English	Andrew Fitzcharles	44
Japanese Text		46

Vol. 17, No.48 March, 2010 CONTENTS

Blood Stasis from the Standpoint of Acupuncture & Moxibustion	Manaka Yoshio	3
About Oketsu	Okada Meiyu	9
My Views on Blood Stasis (Oketsu)	Otsuka Keisetsu	12
Oketsu-sho: Blood Stagnation Syndrome	Hisazumi Tsuneo	14
Chinetsu Moxibustion Treatment for Pimples Caused by Blood Stagnation	Menjyo Yuki	15
Treating Blood Stasis	Ikeda Masakazu	16
Visible Oketsu, Invisible Oketsu	Kodama Toru	17
Conversation with Skin Scientist Denda Mitsuhiro – Part 3	Matsuda Hirokimi	19
Treating Lower Back Pain with Shakuju Therapy	Hara Osamu	22
This little piggy.....	Nigel Dawes	25
Cases Using Super-rotation Insertion	Murata Morihiro	28
Treatment of Acute Lower Back Pain	Kinoshita Nobuyuki	30
Invitation to Mild-Heat Non-Scarring Moxibustion	Hirato Motohiro	30
Report: Boston Seminar with Fukushima Tetsuya	Sugiyama Masahiko	33
The Ki World: Travels in Japan 2009	Ehrland Truitt	35
Shakuju Seminar in Berkeley, California with Sensei Kobayashi	Cynthia Quattro	37
Report: Advanced Shakuju Seminar, Boston 2009	Ken Glowacki	38
Report: "Explorations in Meridian Therapy" with Steven Brown	Mark Petruzzi	39
Report: Iyashi no Michi Kyokai (The Association of the Way of Healing)	Takahashi Hideo	40
Report: Stephen Brown's Seminar: Brisbane, November 2009	Furue Takashi	41

Bulletin Board		42
Japanese text		43

Vol. 17, No.49 November, 2010 CONTENTS

East and West and the Art of Medicine	Hinohara Shigeaki	3
Japanese Versus Chinese Curriculum: Acupuncture Education in the Edo Period	Mathias Vigouroux	8
Reflections on Blood Stasis – Oketsu 瘀血	Nigel Dawes	13
Ordinary is Best	Takamatsu Bunzo	15
Goto Konzan’s Theory of Qi Stagnation and Five-Pole Moxa	Fukushima Tetsuya	16
The Benefits of Shiatsu	Bart Walton	17
Tendino-muscular Meridians: Where Energy Meets Fascia	Deborah Valentine Smith	18
Classical Chinese Acupuncture Circuit-Needling for Internal Meridian/Organ Disorders	Mark Seem	20
Acupuncture and Moxibustion Treatment for Alopecia Areata Caused by Stress	Menjo Yuki	23
TB, Moxa, and Kampala	Merlin Young and Jenny Craig	24
Dr. Yoshito Mukaino and the Amazing M-Test	Yuki Itaya Martin	26
Diagnosis Beyond Diagnosis	Pamela Ellen Ferguson	29
The Zen Practice of Acupuncture	Todd Turetsky	30
Reflections on NAJOM #48	Pamela Ellen Ferguson	31
Nothing Else: An inquiry into the role of intention in Toyohari treatment	Ton van Huffelen	32
The Best Way to Assist Qi Flow in the Clinic: How to Help Others and Yourself	Iwashita Shoumei	34
Bulletin Board		36
A Case Study of Qi Disorder (Thoughts from My Own Experience)	Ryu Ritsuko	37
The Charm of Moxibustion (Part II)	Ohara Yuri	38
Book Review: Two books for Acupuncturists by Bruce Robinson, Medical Doctor	Jeffrey Dann	39
Explorations in Meridian Therapy: A Workshop with Stephen Brown in Santa Fe	Carl Wagner	40
Jeffrey Dann’s Koshi Balancing Seminar in Portland, Oregon	Bob Quinn and Tracy Thorne	41
Introduction of New Members		42
Japanese text		45

Vol. 17, No.50 November, 2010 CONTENTS

Reflections on NAJOM’s 50th Issue	<i>Stephen Birch Stephen Brown, Jeffrey Dann, Andrew Fitzcharles, Ikeda Masakazu Kamiya Kazunobu, Matsumoto Hiromi and Shudo Denmei</i>	3
Introduction of New Members		6
Pain & Pressure Stimulation (PPS): Treatment of Piriformis Syndrome	Nagata Hiroshi	7
What Are Meridians and Points?	Bart Walton	11
Kyutohinaishin–Intradermal Needle Warming Technique (Part 1)	Aaron Rubinstein	12
Questions Related to the Point KI-3 Taixi	Neven Orhel	15
Oketsu Revisit	Ikeda Masakazu	16
Recurrence of High Fever from Tonsillitis	Tanioka Masanori	18
Tendino-muscular Meridians: Where Energy Meets Fascia (Part 2)	Deborah Valentine Smith	20
Qi Moves Blood, It Really Does	Caleb Mortensen	22
Case Report: Depression	Katoh Hirohito	23
Transitions to Shakujyu Therapy	Rande Lucas	26
Moxafrica Report: Return to Kampala	Merlin Young	28
The Neijing and Related Classics: A Survey of English Translations	Z’ev Rosenberg	30
The Best Way to Assist Qi Flow in the Clinic How to Help Others and Yourself (Part 2)	Iwashita Shoumei	32
Manual for Understanding the New Textbook: The Basics of Japanese Acupuncture and Moxibustion		
	Ohue Katsuyuki	34
Basal Stress and its Treatment with Auriculotherapy	Jaroslav Debef	36
Watson’s Water Hammer Pulse	Gregory Chernish	37

Practical Moxibustion Therapy (34) Essence of Acupuncture and Moxibustion (Part 3) Mizutani Junji	38
The Zen Practice of Acupuncture: An Investigation into the Role of Presence in the Treatment Process (Part 2)	Todd Turetsky 40
Traditional Way, R.I.P.	Thomas E. Duckworth 42
Seminar Report: Japanese Moxibustion Therapy with Mizutani Junji in Switzerland	Alexande Schuurmans 43
Seminar Report: Japanese Moxibustion with Mizutani Junji Sensei in Australia	Furue Takashi 44
Seminar Report: Moxibustion in Boston with Dr. Fukushima And a Side-trip to Explore Oriental Medicine in Nicaragua	Kurasawa Yumi 45
Seminar Report: The 52nd Meridian Therapy Summer Seminar in Tokyo	Furue Takashi and Ryu Ritsuko 46
Bulletin Board	48
Japanese Text	

