Vol. 1, No. 1 July 1994 CONTENTS

Mission Statement Editorial Staff 2

Looking Forward Junji Mizutani 3

Dr. Manaka's Yin-Yang Balancing Treatment Stephen Birch 4

Encounters with Ki Mark Drue 9

Self -care: Creating Our Own Health Koji Ichihashi 10

Practical Moxibustion Therapy Junji Mizutani 14

Now, at Last, it's Happening Ted Saito 19

Self Introduction and Comments Membership 19

Situation in Vancouver B.C. Hideo Takahashi 28

Final Word Stephen Brown 29

Japanese Text 31

Vol. 2, No. 2 November 1994 CONTENTS

Mission Statement Editorial Staff 2

Looking Forward Daniel Bensky 3

Letter to the Editor David Arscott 4

Japanese and Chinese Acupuncture Yoshio Manaka 5

Encounters with Ki (part 2) Mark Drue

Acupuncture and Moxibustion in Japan Hiromi Matsumoto 11

The Japanese Approach Daniel Kenner

Japanese Acupuncture: How and Why Augusto Romano 19

Practical Moxibustion Therapy (part 2) Junji Mizutani 22

The Insertion Tube Hideo Takahashi 24

On Sotai Bunzo Takamatsu 26

California Report Keiko Ishikawa 28

Bulletin Board Members 29

A Final Word Stephen Brown 31

Japanese Text 32

Vol. 2, No. 3 March 1995 CONTENTS

Mission Statement Editorial Staff 2

Looking Forward Mark D. Seem 3

Dr. Manaka's Yin-Yang Balancing Treatment (part 2) Stephen Birch 4

Encounters with Ki (part 3) Mark Drew7

Acupuncture and Moxibustion in Japan (part 2) Hiromi Matsumoto 8

My Favourite Points for Migraine Akio Oiso 14

Female Patients and Acupuncture Junzo Kokubo 15

Dr. Nagayama's Tokki Points and Measurements with the Pressure Pain Meter Richard Kitaeff 17

Between East & West Akira Imai 20

Shiatsu & Meridian Tetsuro Saito 22

Active Participation Technique by Patient Kazu Kamiya 24

Practical Moxibustion Therapy (part 3) Junji Mizutani 26

Illness Whispers Its Presence Masamichi Shibata 30

Shudo Sensei at the Atlantic Symposium Stephen Brown 32

A Report on Japanese Acupuncture in the Northeast U.S. Martin Feldman 34

Introduction of New Members 35

Bulletin Board Members 36

A Final Word Hideo Takahashi 37

Japanese Text 39

Vol. 2, No.4 July 1995 CONTENTS

Mission Statement Editorial Staff 2

Looking Forward Richard Kitaeff 4

Dr. Manaka's Yin-Yang Balancing Treatment (part 3) Stephen Birch 5

Encounters with Ki (part 4) Mark Dreu 8

Abdominal Diagnosis and Its Practice Ken Fujihira 9

Using the Hara David Fuselier 14

Practical Moxibustion Therapy (part 4) Junji Mizutani 18

Drawing Ki to The Side Hideo Takahashi 21

Basic Needling Techniques Koryo Nakada 24

Sushi Verses Stir-fry Jake Fratkin 27

A Report from Washington State Kay Lamos 30

Bulletin Board Members 32

A Final Word Stephen Brown 32

Japanese Text 34

Vol. 2, No.5 November 1995 CONTENTS

Contributors 3

Looking Forward Miki Shima 4

Jingei Pulse Diagnosis and Treatment Today Hiromi Matsumoto 5

Acupuncture and Treatment of Old Scars Kiiko Matsumoto 14

Encounters with Ki (part 5) Mark Dreu 19

Thoughts on Pulse Diagnosis Daniel Bensky 20

The Value of Pulse Diagnosis Martin Feldman 21

If You Don't Try to Fix it, it Fixes Itself Koei Kuwahara 22

Zen Shiatsu for The Jet Age Pamela Ferguson 26

Acupuncture and Computer-Related Problems Junzo Kokubo 27

Practical Moxibustion Therapy (part 5) Junji Mizutani 29

A Report from Ontario Nancy van der Poorten 33

A Visit by Dr. Iriye to Toronto Nancy van der Poorten 35

Introduction of New Members 36

Bulletin Board Members 37

Book Reviews Staff 38

A Final Word Stephen Brown 39

Letters to the Editor Members40

Japanese Text 41

Vol. 3, No.6 March 1996 CONTENTS

Mission Statement Editorial Staff 2

Contributors 3

Looking Forward Jim Blair 4

Comparison of TCM and Meridian Therapy Takayoshi Ogawa 6

Taikyoku Therapy Edward Obaidey 12

Living Acupuncture Point-Effective Point Location Denmei Shudo 15

Touchpoint Mark Seem 20

Study of Indurations Sodo Okabe 27

Drawing Ki to the side (2) Hideo Takahashi 31

Practical Moxibustion Therapy (6) Junji Mizutani 34

Apipuncture and Propolis(Sun-Bee-21) Yasuo Ishida 38

A Report from Texas Dee Ann Newbold 39

Introduction of New Members 40

Bulletin Board Members 41

A Final Word Stephen Brown 42

Japanese Text 43

Vol. 3, No7 July 1996 CONTENTS

Mission Statement Editorial Staff 2

Contributors 3

Looking Foreward Junko Ida 3

Ben and Biao Hiromi Matsumoto 5

Root and Branch: Clinical Applications Jake Paul Fratkin 9

A Case Study Robert Hayden 14

Surface and Root of Shiatsu Therapy Nancy van der Poorten 15

Root Treatment and Local Treatment Valerie Courville 17

Treatment of Cervical Syndrome Denmei Shudo 21

Practical Moxibustion Therapy(7) Junji Mizutani 25

Creative Healing Strategy Tsukasa Miyaji 29

Workshop with Takayoshi Ogawa Hideo Takahashi 30

Workshop with Kazushi Nishijo Tim Tanaka 31

Introduction of New Members 34

Bulletin Board Members 34

A Final Word Stephen Brown 35

Japanese Text 38

Vol. 3, No. 8 November 1996 CONTENTS

Mission Statement Editorial Staff 2

Looking Forward Dan Kenner 3

Prof. Nishijo's Research Tim Hideaki Tanaka 6

Ryodoraku: Autonmic Nervous System Regulation Therapy Greg Scanlon 11

A Laughing Doctor Bunzo Takamatsu 17

Acupunctire Research and Treatment in the Work of Dr. Hiroshi Motoyama Richard Kitaeff 18

Denmei Shudo's Workshop Jake Paul Fratkin 21

An Introduction to AMMA Therapy Faye Schenkman 26

The Originality of Shiatsu Therapy Junji Kanai 29

The Science of Shiatsu Nancy van der Poorten 31

Practical Moxibustion Therapy (8) Junji Mizutani 33

Two Day Workshop With Shudo Sensei Shinjiro Kanazawa 36

Masakazu Ikeda Seminar in Australia Steve Anderson 38

Introduction of New Members 39

Bulletin Board Members 41

A Final Word Stephen Brown 42

Japanese Text 43

Vol.4, No.9 March 1997 CONTENTS

Mission Statement Editorial Staff 2

Katakori - A Japanese Complaint? Hiromi Matsumoto 4

Treatment of Facial Paralysis Masakazu Ikeda 7

A Case Study of Pediatric Acupuncture Noriko Nagato 9

Alternative Approach to Detoxification and Treatment Louise C. Demorest 11

An Introduction to the Okazaki School Douglas C. Kiehl 14

Ishizaka Style Acupuncture Naoki Kubota 17

A Day in Osaka Robert Hayden 18

Letters to the Editor Members 20

The Taishihari Acupuncture Clinic Hideo Takahashi 21

Shiatsu and the Application of Essential Oils Keisuke Imamura 25

Abdominal Two Hand Manipulation Technique of Shiatsu Kazunobu Kamiya 26

Practical Moxibustion Therapy (9) Junji Mizutani 27

Japanese Healing Strategy Tsukasa Miyaji 31

Report on Toyohari Seminar in New Haven Didi Pershouse 33

Introduction of New Members 36

Bulletin Board Members 37

A Final Word Stephen Brown 38

Japanese Text 40

Vol.4, No.10 July 1997 CONTENTS

Mission Statement Editorial Staff 2

Forming a Prognosis Stephen Birch 4

My Experience Treating HIV/AIDS Martin Feldman 9

A Stroll Through Kampo History Shinjiro Kanazawa 13

Point Selection for Root Treatment Masakazu Ikeda 16

Introduction to Seitai Shinpo Taichi Sorimachi 21

Improving your Acupuncture Masanori Tanioka 23

Case Studies of Fibromyalgia Noriko Nagato 26

Healing in the Fire of Moxa Jake Fratkin 31

Women’s Stories with Japanese Acupunture Augusto Romano 35

Practical Moxibustion Therapy (10) Junji Mizutani 37

Miyawaki Workshop in Seattle Robert Hayden 40

Extraordinary Vassels Workshop in Seattle Masamichi Shibata 41

A Report from Vermont and New Hampsher Didi Pershouse 42

Book Reviews Staff 43

Introduction of New Members 44

Bulletin Board Members 45

A Final Word Stephen Brown 46

Japanese Text 49

Vol.4, No.11 November 1997 CONTENTS

Mission Statement Editorial Staff 2

Looking Forward Denmei Shudo 4

Acupuncture Treatment for Gojyukata Hiromi Matsumoto 5

Simplifying Your Practice Didi Pershouse 8

Point Selection for Branch Treatment Masakazu Ikeda 12

A Stroll Through Kampo History (2) Shinjiro Kanazawa 16

Pregnancy-A Guide for Acupuncture Edward Obaidey 19

Ishizaka Style Acupuncture-Standard Procedure N. & E. Kubota 25

Complex Regional Pain Syndrome #1 Cameron Bishop 28

Moxibustion Treatment for the Foot Junzo Kokubo 30

CV12 and Saika Tanden Hideo Takahashi 32

Rhythm Tsukasa Miyaji 34

Practical Moxibustion Therapy (11) Junji Mizutani 35

Introduction of New Members 38

Bulletin Board Members 39

Letter to the Editor Members 39

A Final Word Junji Mizutani 41

Japanese Text 42

Vol.5, No.12 March 1998 CONTENTS

Mission Statement 2

Editorial Hideo Takahashi 2

Acupuncture Treatment for Gojyukata (Frozen Shoulder) Part 2 Hiromi Matsumoto 3

An Acupuncture System with Wide Application Toshio Yanagishita 6

Treating Chronic Headaches with Meridian Therapy Robert Hayden 7

Acupunture Treatment for Mental and Emotional Problems Noriko Nagato 10

The Road to My Own Practice Morihiro Murata 12

Meridian Symptomology Jake Paul Fratkin 14

Natural Treatment of Infections Dan Kenner 18

The Lure of the Mainstream Didi Pershouse 20

A Stroll through Kanpo History Part 3 Shinjiro Kanazawa 25

CV12 and Saika Tanden Part 2 Hideo Takahashi 26

Practical Moxibustion Therapy Part 12 Junji Mizutani 28

"No" Shiatsu Junji Mizutani 31

About the Cover 24

Introduction of New Members 30

Japanese Text 32

Vol.5, No.13 July 1998 CONTENTS

Acupuncture for Whiplash Syndrome Hiromi Matsumoto 3

What is the Sawada Style Taiji Method Fumihiko Shirota 7

Introduction to Traditional Japanese Acupuncture (Meridian Therapy) Somei Okabe 9

Learning from Bovine Moxibustion Bunzo Takematsu 14

Thoughts on Moxibustion Therapy Masanori Tanioka 16

Regarding Knee Pain and Moxibustion Yasuyuki Mishima 18

Moxibustion Case Studies Peter Yates 20

A Stroll through Kampo History (Part 4) Shinjiro Kanazawa 21

Practical Moxibustion Therapy (13) Junji Mizutani 23

Denmei Shudo’s Seminar in Hawaii Kabba Anand 26

Denmei Shudo’s Treatment of Psychological Problems Stephen Brown & Robert Hayden 29

Book Review Chieko Maekawa 30

Report from Down Under Paul Movsessian 31

About the Traditional Japanese Acupuncture Association Eiki Kaneko 33

Introduction of New Members 35

Japanese text 36

Vol.5, No.14 November 1998 CONTENTS

Introduction to Meridian Therapy (Part 2) Somei Okabe 2

Getting Fired Up by Moxa Brad Thompson 6

The Current Situation and Future Direction of Japanese Acupuncture Takayoshi Ogawa 7

Acupuncture in Gynecology Disorders Misaki Endo 11

Eastern & Western Medicine: Complementary Approaches Erin Ellison & Michael Menard 14

The Story of an Acupuncture Needle Manufacturer Naonori Maeda 16

On Self Study Robert Hayden 18

A Stroll in Kanpo History (Part 5) Shinjiro Kanazawa 19

Scientific Research on Shiatsu Matsuko Namikoshi 21

The Function of Ventilation and Whole Body Shiatsu--Using Vital Capacity as a Guideline

Toshiyuki Otsuka 21

Experimenting with the Dashin Technique Hideo Takahashi 22

Practical Moxibustion Therapy (Part 14) Junji Mizutani 24

Koei Kuwahara’s Workshop on Pediatric Shonishin Jake Paul Fratkin 27

Book Review Peter Canakis 28

Introduction of New Members 29

Japanese Text 30

Vol.6, No.15 March 1999 CONTENTS

Introductuion to Meridian Therapy III Somei Okabe 3

Repor Hiroshi Nakazawa 7

The Current Situation and Future Direction of Japanese Acupuncture II Takayoshi Ogawa 8

Keiraku Chiryo - Japanese Meridian Therapy Stephen Birch 13

Treatment of "Fifty-year Shoulder" (Frozen Shoulder) Masakazu Ikeda 16

Using Muscle Testing in Meridian Therapy Jake Paul Fratkin 19

Lower Back Pain Hiromi Matsumoto 21

Outdoor Shiatsu Matsuko Namikoshi

The Effects of Shiatsu on the Autonomic Nervous System Kazuo Kokubo 27

A Stroll Through Kampo History (6) Shinjiro Kanazawa 29

The story of an Acupuncture Needle Manufacturer Naonori Maeda 30

Practical Moxibustion (15) Junji Mizutani 32

Book Reviews Robert Hayden & Joshua Lerner 34•35

Local Report Malcolm Reeve 35

Introduction of New Members 36

Japanese Text 37

Vol.6, No.16 July 1999 CONTENT

Acupuncture Treatment for Low Back and Leg Pain Hiromi Matsumoto 2

Japanese Pediatric Acupuncture--Shonishin: A Case Study Stephen Birch 9

The Current Situation and Future Direction of Japanese Acupuncture (Part 3) Takayoshi Ogawa 12

Letter to the Editor Yasuo Ishida 15

Resolving the Misunderstanding of Stephen Birch Masakazu Ikeda 16

Measuring the Effects of Shiatsu on Athletes Masahiro Fujii 18

A Case Study of Improved Locomotion with Multiple Sclerosis Noriko Nagato 19

New Perspective for Effective Point Selection (Part 1) Kyo-ichi Kuroiwa & Tayo Katano 21

A Stroll Through Kampo History (Part 7) Shinjiro Kanazawa 29

Book Review Stephen Brown 31

Experimenting with the Daishin Technique (Part 2) Hideo Takahashi 32

Practical Moxibustion (Part 16) Junji Mizutani 34

Three Days in Hawaii with Denmei Shudo and Masakazu Ikeda Diane Eggleston 36

Introduction of New Members 37

Bulletin Board 38

Japanese Text 39

Vol.6, No.17 November 1999 CONTENT

Editorial 2

Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part 1 HIromi Matsumoto 3

Listening to the Channels: Preliminary Reflections on the Adaptation of one form of Osteopathic palpation to Acupuncture Daniel Bensky 7

New Perspective for Effective Point Selection (Part2) Kyo-ichi Kuroiwa & Tayo Katano 10

Acupuncture Treatment for the Lower Back and Leg Pain Morihiro Murata 16

Thoughts on Using Chinetsukyu in Meridian Therapy Robert Hayden 18

Fascial Acupuncture™: A New Approach to Treating Orthopedic and Neurological Disorders Elisa Sue Rabin & Augusto Romano 20

A Stroll Through Kanpo History (8) Shinjiro Kanazawa 23

I Hate Needles Cameron Bishop 25

Emergence of Japanese Style Acupuncture in North America Jake Paul Fratkin 27

Try Salt Box Moxibustion! Brad Thompson 29

Practical Moxibustion Therapy (17) Junji Mizutani 30

Introduction of New Members 32

Japanese Text 34

Vol. 7, No.18 March 2000 CONTENTS

Low Back Pain--Its Diagnosis and Treatment Denmei Shudo 3

Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part 2 Hiromi Matsumoto 8

New Perspective for Effective Point Selection (Part 3) Kyo-ichi Kuroiwa & Tayo Katano 12

Explaining J.P. Fratkin's Misinterpretations Kiiko Matsumoto 17

Letter to the Editor David Euler, et al 19

Bulletin Board 19

Dan Bensky's Article Masakazu Ikeda 20

A Stroll Through Kanpo History (Part 9) Shinjiro Kanazawa 22

About the Cover 23

Questions and Answers Daniel Schulman & Masakazu Ikeda 23

An Acupuncturist’s Visit to Cuba Didi Pershouse 24

Summer Studies in Japan Stephen Birch 27

Report on the 41st Meridian Summer College Conference Meg McMorrow 29

Masanori Tanioka Paediatric Workshop Robert Hayden 30

Experimenting with the Daishin Technique (Part 3) Hideo Takahashi 31

Practical Moxibustion Therapy (Part 18) Junji Mizutani 33

Introduction of New Members 36

Japanese Text 37

Vol. 7, No.19 July 2000 CONTENTS

The Memorial Essay of Dr. Okabe Masakazu Ikeda 3

On the Effectiveness of Direct Moxibustion Misaki Endo 4

Abdominal Diagnosis in Oriental Medicine (Acupuncture)— (3) Japanese Abdominal Diagnosis— 2 Hiromi Matsumoto 7

New Perspective for Effective Point Selection (4) Introduction to Trigger Point Acupuncture which Evolved in Japan Tayo Katano & Kyo-ichi Kuroiwa 12

Emergency Pain Relief Treatment Tokujiro Murata 17

Chiropractic Upper Cervical Technique and Acupuncture Yasuo Ishida 19

The Treatment of Bells Palsy Cameron Bishop 20

Inappropriate Stimulation Masanori Tanioka 21

Changes in Body Surface Temperature and Sleep Inducement Following Shiatsu Therapy Takao Kaneko 22

Acupuncture Treatment for ‘Stress’ Junzo Kokubo 24

A Stroll Through Kanpo History (10) Shijiro Kanazawa 25

Experimenting with the Dashin Technique (Part 4) Hideo Takahashi 27

Practical Moxibustion Therapy (19) Junji Mizutani 29

Intensive Certificate Program of Japanese Traditional Acupuncture -Session 1: Akizo Okada Jeffrey Dann 31

Shudo Denmei Seminar on the Big Island of Hawaii Tisha Mallon 33

Toyo Hari Weekend Workshop in Amsterdam Taught by Shuho Taniuchi and Koryo Nakada Heleen d'Oliveira 34

Shiatsu in Toronto and Ontario Nancy van der Poorten 35

Introduction of New Members 36

Japanese Text 37

Vol. 7 No. 20 November 2000 CONTENTS

The Arrival of Qi Denmei Shudo 3

Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part IV Hiromi Matsumoto 6

Shinshin Sho (Neurotic and Psychosomatic Disorders) Akizou Okada 10

New Perspective for Effective Point Selection (5) Introduction to Trigger Point Acupuncture Tayo Katano & Kyo-ichi Kuroiwa 13

Medial Knee Pain Treatment Using Secondary Vessels Robert Hayden 20

Case Study Report: Ovarian Cysts Eliminated with Three treatments Noriko Nagato 22

A Theoretical Analysis of Oriental Medicine A Biochemical-AnatomicalInterpretation of Chi (Qi) and Meridian in Acupuncture Yasuo Ishida 24

Intensive Certificate Program of Japanese Acupuncture--Session 2: by Hideyoshi Higuchi Jeffrey Dann 26

A Stroll Through Kanpo History No. 11 Shinjiro Kanazawa 28

Toyohari Teacher Training Camp in Tokyo Brenda Loew 30

Keeping in Touch at the New York College Peter Yates 31

Shiatsu Perspectives Nancy van der Poorten 32

Practical Moxibustion Therapy (20) Junji Mizutani 33

Book Reviews 36

Introduction of New Members 37

Japanese Text 39

Vol. 8, No.21 March 2001 CONTENTS

Acupuncture Treatment and Moxibustion Treatment Bunshi Shirota 3

Discussion on Clinical Experience Masakazu Ikeda 5

Report on Ikeda Seminar at Bond University Alan Jansen 7

Naso Treatment Toshio Yanagishita 8

The Toyohari Introductory Seminar Wakariyasui Patricia Seykora 9

Naso and Muno - Two of the Supportive Therapies Unique to Toyohari Stephen Birch and Junko Ida 10

Shounishin - Paediatric Acupuncture (Part 1) Masanori Tanioka 13

On the Method of Undoshin Needle Insertion Ikuo Suzuki 16

Case Study Report: Migraines Following a Hysterectomy Daniel Schulman 18

Kampo Workshop in Chicago Robert Hayden 19

Kurumadani School Acupuncture and Kam Pou Herbal Formula Koji Ichihashi 20

A Stroll Through Kanpo History (12) Shinjiro Kanazawa 24

To Succeed in Oriental Medicine without a Manual Bunzo Takamatsu 26

Xiao-Chaihu-Tang Induced Interstitial Pneumonia Shinjiro Kanazawa 27

About the Classic 'Shinkyu Soku' Hideo Takahashi 29

Video Review Machiko Yamaguchi 31

Practical Moxibustion Therapy (21) Junji Mizutani 32

Shudo Sensei’s Last Seminar In Hawaii ? Stephen Brown 34

The Third Seminar of the Boston TJM Intensive with Masakazu Ikeda Jeffrey Dann 35

Introduction of New Members 37

Japanese Text 38

Vol. 8 No. 22 July 2001 CONTENTS

The Future of Acupuncture Fumihiko Shirota 3

Shakujyu Therapy Shoji Kobayashi 8

Shounishin-Paediatric Acupuncture (Part 2) Masanori Tanioka 12

Shudo Style Meridian Therapy Morihiro Murata 14

Muno Treatment Toshio Yanagishita 19

Thoughts on Teaching Meridian Therapy to TCM Students Robert Hayden 20

Acupuncture and Moxibustion for Glaucoma Isao Nishijima 22

Ikeda Sensei Talks with JWAA Acupuncturists Chikurin Takae 24

Kurumadani School of Acupuncture and Moxibustion (Part 2) Koji Ichihashi 27

A Stroll Through Kampo History (13) Shinjiro Kanazawa 30

Toyohari Trainig in Amsterdam Brenda Loew 31

Shiatsu Treatments on Reactive Points along the Spinal area of the Urinary Bladder Meridian Kaz Kamiya 32

Examples of Applying Moxa at Kensen (Extra Ordinary Points), which Immediately Cures Hives Ikuo Suzuki 33

Starting Over Bunzo Takamatsu 34

A Road Less Travelled Alan Jansson 35

About the Classic ‘Shinkyu Soku’ (Part 2) Hideo Takahashi 37

Practical Moxibustion Therapy (22) Junji Mizutani 39

Bulletin Board 41

Introduction of New Members 42

Japanese Text 44

Vol. 8, No.23 November 2001 CONTENTS

A Clinical Guide to Kampo Fumihiko Shirota 3

Nerve Entrapment Syndromes (1) Hiromi Matsumoto 6

Report on the Toyo Hari Meridian Therapy Summer School, Tokyo 2001 Joyce Vlaarkamp 9

Shakujyu Therapy (2) Shoji Kobayashi 10

Breaking the Heart Rule Mark Dreu 15

The Oriental Medical View of Menopause Disorders Shuhou Taniuchi 16

Moxibustion Treatment for Malposition of the Fetus Anryu Iwashina 20

In Memory of Yuriko Yamagishi Peter Yates 21

Needling – Ideas from the Classics John Thompson 22

Shounishin-Pediatric Acupuncture (3) Masanori Tanioka 24

Kurumadani School of Acupuncture and Kampo Herbal Formula (3) Koji Ichihashi 25

A Stroll Through Kanpo History No. 14 Shinjiro Kanazawa 30

Dr. Bear’s Got Reservations Salvador Cefalu 32

A Seminar Entitled "Introduction to Japanese Acupuncture" Held in Turkey Jeffrey Dann 34

Meridian Test Masamichi Shibata 35

Dr. Too-Late Hideo Takahashi 38

The Basic Sotai Exercises Akira Honda 40

Introduction of New Members 43

Japanese Text 44

Vol. 9, No.24 March 2002 CONTENTS

Acupuncture Therapy For Raynaud's Disease Shirota Bunshi 3

Shakujyu Therapy (3) Kobayashi Shoji 5

My Method of Acupuncture Iwashina Anryu 10

A Clinical Guide to Kanpo Shirota Fumihiko 13

Massive Dose Therapy and Subtle Stimulation Therapy Manaka Yoshio 17

Nerve Entrapment Syndromes (2) Matsumoto Hiromi 18

Living Frequency Lesley E. Shearer 23

The Secrets of Traditional Medicine Ikeda Masakazu 26

Shounishin-Pediatric Acupuncture (4) Tanioka Masanori 28

Case Study Suzuki Ikuo 30

Kurumadani School Acupuncture and Kanpo Formula Part 4 Ichihashi Koji 31

Stroll Through Kanpo History, No. 15 Kanazawa Shinjiro 32

Practical Moxibustion Therapy (23) Mizutani Junji 35

Dr. Yamaguchi’s Bloodletting Acupuncture for Racehorses Shibata Masamichi 38

Sorimachi Taichi in Hawaii AAOM Conference Jeffrey Dann 40

Diet (Genshoku) Honda Akira 42

Iwashina Anryu's Seminar Chikurin Takae 43

Ikeda Masakazu Sensei Melbourne October 2001 Alan Jansson 44

Introduction of New Members 47

Bulletin Board 47

Japanese Text 48

Vol. 9, No.25 July 2002 CONTENTS

A Clinical Guide to Kanpo (3) Shirota Fumihiko 3

Nerve Entrapment Syndromes (3) Matsumoto Hiromi 6

Potato Medicine Honda Akira 11

Introduction to Seitai Shinpo Sorimachi Dai-ichi 12

Acupuncture and Moxibustion Treatment for a Throat Nodule and Hoarse Voice Nishijima Isao 15

The Treatment of Cancer Patients Murata Morihiro 18

Master of Looking Diagnosis Takamatsu Bunzo 21

KanpoÅ\Ancient Art, Modern Medicine Nigel Dawes 22

My Method of Acupuncture Iwashina Anryu 26

Shounishin-Pediatric Acupuncture Tanioka Masanori 29

The Heart of Kyo-Jitsu Diagnosis Tzvika Calisar 31

Kurumadani School of Acupuncture and Kanpo Formulae (5) Ichihashi Koji 34

A Stroll Through Kanpo History (16) Knazawa Shinjiro 37

Three Successful Cases in Treating Impotence Suzuki Ikuo 39

Miscellaneous Thoughts on Shiraku-Blood Letting Takahashi Hideo 41

Practical Moxibustion Therapy (24) Mizutani Junji 43

The Work of Okada Akizo Sensei Jake Paul Fratkin and Jeffrey Dann 45

Essence of Traditional Medicine BambaYumiko 46

Introduction of NewMembers 48

Bulletin Board 49

Japanese Text 50

Vol. 9, No.26 November, 2002 CONTENTS

About the Arrival of Qi Shudo Denmei 3

A Clinical Guide to Kanpo (4) Shirota Fumihiko 4

Insertion into Scalenes for Symptoms of Dorsal Scapular Nerve Entrapment Matsumoto Hiromi 8

Examination on the Immunological Effects of Moxibustion Treatment Tohya Kazuo 10

Clinical Cases Reflecting the Effectiveness of Yuzhen (BL-9) Treating Tender Points and Indurations on the Back Suzuki Ikuo 11

What Makes for an Ideal Acupuncturist Ikeda Masakazu 12

Making Shifts HappenÅ\Lessons from Zero Balancing Robert Hayden 14

Kurumadani School of Acupuncture and Kanpo Formulae (6) Koji Ichihashi 16

A Stroll Through Kanpo History (17) Kanazawa Shinjiro 20

KanpoÅ\Ancient Art, Modern Medicine Nigel Dawes 23

Cleansing the Nose Honda Akira 25

Miscellaneous Thoughts on Shiraku-Blood Letting (2) Takahashi Hideo 26

Practical Moxibustion Therapy (25) Mizutani Junji 28

Japan Summer Program 2002 Ehrland Truitt 30

Introduction to New Members 31

Sotai and Seitai Shinpo Seminar in Boulder Stephen Brown 32

Sotai Report from Boulder Jeffrey Dann 33

Techniques of Tonification and Dispersion with Practical Applications Yanagiya Sorei 34

Bulletin Board 34

Japanese Text 35

Vol. 10, No.27 March 2003 CONTENTS

Can Acupuncture Heal the Mind? The Role of Super-Superficial Insertion Shudo Denmei 3

Treatment for the Oversensitive Patient Kamiya Kazunobu 9

Treatments Using Super-Superficial Insertion Murata Morihiro 10

The Subcostal Nerves Take Part in Gluteus Regional Pain Suzuki Ikuo 13

Treatment of Cervico-Brachialgia Matsumoto Hiromi 14

Treatment of Hay Fever with Traditional Japanese Acupuncture Iwashina Anryu 19

Acupuncture and Moxibustion Treatment for Shingles Kokubo Junzo 21

Meridian Balancing—It’s Not Just about the Pulse:A Report on Iwashina Anryu's October Seminar ChikurinTakae 22

Diary of My Battle with Cancer Nishijima Isao 24

Introduction to Seitai Shinpo (2) Sorimachi Dai-ichi 28

The Sotai Ho of Hashimoto Keizo, MD Peter Thompson 30

Technique Comes Along Takamatsu Bunzo 32

Shiatsu--The Traditionally Japanese Manual Therapy Namikoshi Matsuko 33

A Stroll Through Kampo History (18) Kanazawa Shinjiro 38

Root Deficiencies of Spleen Versus Kidney Jake Paul Fratkin 42

Kurumadani School of Acupuncture and Kanpo Formulae (7) Ichihashi Koji 44

Why I Don’t Work with Insurance Stephen Brown 47

Moxibustion Variations Kamiya Kazunobu 49

Bulletin Board 49

Introduction to New Members 50

Japanese Text 52

Vol. 10, No.28 July 2003 CONTENTS

Regulation of White Blood Cells by Autonomic Nervous System Abo Toru 3

Case Histories of Acupuncture Using Cranial Points Shirota Bunshi 7

Case Studies in Traditional Japanese Medicine Ikeda Masakazu 9

Kanpo–Ancient Art, Modern Medicine (3) Nigel Dawes 11

A Brief Description of the Edagawa Method of Injection Therapy Neven Orhel 17

Segmental Innervation Doortje van der Kamp 19

A Stroll Through Kanpo History (19) Kanazawa Shinjiro 21

Shooting for Enlightment Ichihashi Koji 26

Jaki and the Dashin Technique Takahashi Hideo 27

Practical Moxibustion Therapy (26) Mizutani Junji 29

Kubota Zone Acupuncture for Anti-Aging and Age Reversal Kubota Naoki 31

Food Talk Honda Akira 32

Post-Herpes Neuralgia Suzuki Ikuo 32

Turkey Report Jeffrey Dann 33

The Third Ikeda Masakazu Sensei Seminar Bamba Yumiko 35

Videotape Review Ikeda Masakazu 36

Meeting a Master James Vitale 36

Introduction of New Members 37

Bulletin Board 37

Japanese Text 39

Vol. 10, No.29 November, 2003 CONTENTS

Regulation of White Blood Cells by Autonomic Nervous System Abo Toru 3

A Nail Massage Honda Akira 7

The Relationship between the Ideology of Qi and Science Ishida Hidemi 8

Treatment of Cervico-Brachialgia (2) Matsumoto Hiromi 11

Small Intestine--Heart Shoulder Arm Pain Syndrome Gregory Chernish 16

My Method of Point Selection Iriye Seiji 18

Fasting Center Takamatsu Bunzo 19

Treatment of a 15 Year Old Caucasian Male with Spina Bifida Moriguchi Miki 20

Kanpo Ancient Art Modern Medicine (4) Nigel Dawes 21

Theoretical Analysis of Oriental Medicine Ishida Yasuo 24

A Stroll Through Kampo History (20) Kanazawa Shinjiro 26

The Golden Ratio and Oriental Medicine Jack Pessin 33

Practical Moxibustion Therapy (27) Mizutani Junji 37

Book Review Jeffrey Dann 39

Introduction of New Members 40

Bulletin Board 41

Japanese Text 42

Vol. 11, No.30 March, 2004 CONTENTS

Forewards Mizutani Junji and Stephen Brown 2

Congratulatory Speech Shudo Denmei 3

Spiritual Actions in Oriental Medicine Shudo Denmei 4

Treatment of Cervico-brachialgia (3) Matsumoto Hiromi 6

The Relationship Between the Ideology of Qi and Science (2) Ishida Hidemi 11

Applications of Pressure Points and the Effects of Time Suzuki Keimin 16

The Spirit of Moxibustion: Fukaya Isaburo and Sawada Ken Edward Obaidey 18

An Eruption of Herpes Zoster in a Patient with Chronic Headaches Suzuki Ikuo 21

A Stroll Through Kanpo History (21) Kanazawa Shinjiro 22

Adverse Reactions to Vitamin Preparations Ishida Yasuo 27

KanpoÅ\Ancient Art Modern Medicine (5) Nigel Dawes 28

Edo-Kai Seminar with Hideo Takahashi Suzanne Pontes 32

Practical Moxibustion Therapy (28) Mizutani Junji 34

Book Review Kanazawa Shinjiro 35

Report on the Conference of the Society for Acupuncture Research Andrew Fitzcharles 37

Introduction of New Members 39

Bulletin Board 39

Japanese Text 40

Vol. 11, No.31 July, 2004 CONTENTS

Meridian Therapy for Digestive Disorders Okada Akizo 3

The Rhythm of Moxibustion Takamatsu Bunzo 6

Herb Flavor Properties and Meridian Therapy Ikeda Masakazu 7

Dealing With Acute Pain (Part 1) Nishijima Isao 9

Cases Using Super-superficial Insertion Murata Morihiro 12

A Case of Blood Letting Used for Cervical Sprain Suzuki Ikuo 14

One case of Treatment of Viral Encephalitis with Acupuncture Seki Katsuyoshi 15

A Stroll Through Kampo History #21 Kanazawa Shinjiro 18

Kanpo Ancient Art Modern Medicine (6) Nigel Dawes 23

ÅgIs There Something Wrong?...SyndromeÅh Mishima Yasuyuki 28

Vibrating the Abdomen Using the Dashin Technique Takahashi Hideo 32

Practical Moxibustion Therapy (29) Mizutani Junji 34

The Seattle Shudo Seminar, 2004 Julie Zinkus 37

Fourth Traditional Japanese Acupuncture Seminarwith Ikeda Masakazu Nagato Noriko 40

Introduction of New Members 41

Bulletin Board 41

Japanese Text 42

Vol. 11, No.32 November, 2004 CONTENTS

Treating Headaches with Acupuncture and Moxibustion (1) Matsumoto Hiromi 3

Akabane Treatment for Low Back Pain (1) Shimizu Kanji 8

Dealing with Acute Pain (2) Nishijima Isao 12

Sexual Dysfunction Ikeda masakazu 15

Bonsai Moxa Gregory Chernish 16

Moxibustion And The Sequela of Sports Injuries Mishima Yasuyuki 17

Grasping the Sleeping Tiger’s Tail Stephen Birch 20

"Magic Bullet" for Headache Bart Walton 25

Gold Standard or Fool’s Gold? Staking Our Own Claim on the Evidence-Based Medicine Map Daniel Schulman 26

Case Study Using the Dashin Technique Suzanne Pontes 28

A Stroll Through Kanpo History (22) Kanazawa Shinjiro 30

Practical Moxibustion Therapy (30) Mizutani Junji 34

Bulletin Board 35

Japanese Text 36

Vol. 12, No.33 March, 2005 CONTENTS

Treating Headaches with Acupuncture and Moxibustion (part 2) Matsumoto Hiromi 3

Akabane Treatment for Low Back Pain Shimizu Kanji 7

Acupuncture Treatment for Depression Symptoms caused by Going to Work Toda Shizuo 11

Shakuju Therapy, An Evolution in Japanese Acupuncture Diane Iuliano and Jonathan Kapsten 14

Jing-Well Point Blood Letting: The Foundation Of Blood Letting Shimada Ryuji 17

A Stroll Through Kanpo History (24) Kanazawa Shinjiro 21

Going My Way Takamatsu Bunzo 24

A Connecticut Sotai Experience Bob Quinn 25

The Concept of Acupuncture Points and Needle Sensation Yanagiya Sorei 26

Koshi Balancing-An Eclectic Method of Structural Alignment Jeffrey Dann 27

Seitai Shinpo, Unique System of Acupuncture Regan J. Archibald 28

Treatment of Digestive Disorders with Okada Akizo Sensei Peter Yates 30

Seitai Shinpo Program Underway at TCM College of HAWAII Beth Chapman Hood 31

Introduction of New Members 32

Bulletin Board 33

Japanese Text 34

Vol. 12, No.34 July, 2005 CONTENTS

Stuck on Acupuncture: Curing Diseases with One Needle Goto Mitsuo 3

Moxibustion and Chronic Rheumatoid Arthritis Mishima Yasuyuki 8

Treatment of Hay Fever with Super-Superficial Insertion Murata Morihiro 12

An Approach To Meridian Points: From Significant Clinical Examples Seki Katsuyoshi 14

Koshi Balancing - A Method of Structural Alignment and Therapy Jeffrey Dann 16

Some Thoughts on Active Points Stephen Brown 25

Shared Vibration in the Dashin Technique Takahashi Hideo 27

The Treatment of Lung Cancer Mizutani Junji 30

Experience Sei Tai Shinpo at the Traditional Chinese Medical College of Hawaii Kelly DeBonet 35

The Art of Healing 2005 Seminar with Masakazu Ikeda Sensei Bamba Yumiko 36

Review of Seattle Fukushin Seminar with Nigel Dawes Thomas Jordan 37

Dashin Seminar with Hideo Takahashi Peter Yates 38

Book Review Sybil Ihrig 38

Book Review Robert Hayden 40

Introduction of New Members 41

Japanese Text 42

Vol. 12, No.35 November, 2005 CONTENTS

Stuck on Acupuncture: Curing Diseases with One Needle (2) Goto Mitsuo 3

Acupuncture and Cervico-Omo-Brachial Syndrome Mishima Yasuyuki 7

Treatment of Facial Pain and Facial Nerve Paralysis with Shakujyu Therapy Hara Osamu 10

Pneumatic Needle Technique Aaron Rubinstein 14

Acupuncture Treatment on Eyestrain due to Stress Toda Shizuo 19

Guide Tube Technique Kudo Yuraku 20

From My Clinical Experience Ishiara Katsumi 22

The Circumstances Surrounding and the Significance of Standardization of Point Locations Katai Shuichi 25

Concerning Kototama Life Medicine and Meridian Therapy's Evolution Thomas E. Duckworth 27

Islam Ritual Prayer and Acupuncture Energetics Baki Dokme, Kemal Osmanbey and Jeffrey Dann 28

Stroll Through Kanpo History #26 Kanazawa Shinjiro 31

Performing Acupuncture when Blind Iwashita Shumei 34

Acupuncture Treatment and Physical Distortion Sorimachi Daiichi 35

The Treatment of Lung Cancer (Part 2) Mizutani Junji 37

Finding Inspiration in Vancouver Tom Ingegno 39

Shakuju Chiryo Seminar Sanford Lee 40

Sotai in Boulder with Peter &Akiko Thompson Todd Turetsky 44

My Experience in the Seattle Japanese Acupuncture Certification Program Todd Turetsky 44

Seminar Report - 3 Days with Kiiko Matsumoto Daniel Schulman 46

Introduction of New Members 47

Bulletin Board 47

Japanese text 48

Vol. 13, No.36 March, 2006 CONTENTS

Acupuncture and Moxibustion Treatment for Depression Shudo Denmei 3

Contact Needling Technique Ono Bunkei 7

The Relationship between Facial and Extremity Bloodletting Shimada Ryuji 9

My Opinion on the Standardization of Acupuncture Point Location Peter Yates 11

From My Clinical Experience (2) Ishihara Katsumi 12

Moxibustion and Headaches Mishima Yasuyuki 14

Technique for Bleeding Hand Jing-Well Points Kudo Kunimasa 17

Acupuncture Treatment for Blood Stagnation in Menstrual Disorders Toda Shizuo 19

A Stroll Through Kanpo History (27) Kanazawa Shinjiro 22

A Tribute to Chris Synodis (1947-2005) Brenda Loew 23

The Knotty Abdomen and Jaki (1) Takahashi Hideo 24

The Treatment of Lung Cancer (3) Mizutani Junji 27

Introducing New Members 29

Japanese Text 30

Vol. 13, No.37 July, 2006 CONTENTS

The Concept of Meridians from a Systems Perspective Manaka Yoshio 3

Scalp Meridian Points—Teachings of Fumihiko Shirota Sensei Endo Misaki 9

Treatment of Chronic Hiccup Matsumoto Hiromi 11

A Case Study of Combined Acupuncture and Sotai Treatment for Low Back Pain due to Herniated Disk Bob Quinn 13

Baby Power Takamatsu Bunzo 15

Cases Using Super-superficial Insertion (3) Murata Morihiro 16

On Use of the Point Shitsumin Seki Katsuyoshi 20

About Shaku Ju Hara Osamu 22

It’s not the Style That Counts Peter Yates 24

Gems from the Masters Bart Walton 25

A Stroll Through Kanpo History #28 Kanazawa Shinjiro 26

Moxa Workshop with Mizutani Junji Sensei Carol Weingarten 29

Report on the Second International Shakuju Seminar Sanford Lee 30

The 7th Annual Seitai Shinpo Seminar Regan J Archibald 33

Report on Traditional Japanese Medicine Seminar Maeyama Fumiko 34

Introduction of New Members 35

Japanese Text 36

Vol. 14, No.38 November, 2007 CONTENTS

About Patterns (Sho) Manaka Yoshio 3

The Essence of Oriental Medicine (Sho) Masunaga Shizuto 5

From the Perspective of Meridian Therapy Fukumoto Kentaro 7

Bi-Digital O-Ring Test -- 'Point Resonance Techniques' Neri Kedem and Richard Malter 10

More on the Point Shitsumin Bart Walton 15

Responding to Mr. Peter Yates’s Article Katai Shuiichi 16

The Road to Becoming an Acupuncturist Onishi Mayu 17

Heat-Sensing Moxibustion on Nails Menjyo Yuki 18

Points on the Sole of the Foot Shimada Ryuji 19

A Stroll Through Kanpo History #29 Kanazawa Shinjiro 21

Thoughts on Oshide (The Supporting Hand) Honda Akira 25

Treatment of Lung Cancer (Part 4) Mizutani Junji 26

Jeffrey Dann’s Koshi Balancing Seminar Bob Quinn 30

Lessons Reinforced by Four Legged Patients Tom Ingegno 31

A Journey to Turkey Jeffrey Dann 32

Questions about Super-superficial Insertion Shuto Denmei /Bart Walton 34

Introduction of New Members 35

Bulletin Board 35

Japanese Text 36

Vol. 14, No.39 March, 2007 CONTENTS

My Favorite Cranial Points and Their Clinical Applications Matsubayashi Yasuko 3

The Significance of Surface Findings Suzuki Ikuo 6

Moxibustion and the Art of Making Tea Edward Obaidy 8

Treating Eczema with Heat-Sensing Moxibustion Menjo Yuki 14

Clinical Applications of the Photiv Feedback System (PFB) Yasushi Masato 15

A Case Study Ikeda Masakazu 18

Staying Superficial in Order to Go Deep Jeffrey Dann 19

My Apprenticeship Kokubo Junzo 21

How to Perform Magic Takamatsu Bunzo 22

Efficacy of the Sawada School Taixi (KI-3) Point on Tinnitus Toda Shizuo 23

A Stroll Through Kanpo History #30 Kanazawa Shinjiro 24

The Fukushin Seminar with Nigel Dawes Tom Hurrle 29

Spontaneous Body Movement: Tapping Into an "Unfamiliar Part of Yourself" Takahashi Hideo 30

Treatment of Lung Cancer (Part 5) Mizutani Junji 33

The 8th Annual Seitai Shinpo Seminar Beth Chapman Hood 35

Book Review: Shin So Shiatsu Ted Thomas 37

Introducing New Members 38

Bulletin Board 38

Japanese Text 39

Vol. 14, No.40 July, 2007 CONTENTS

An Interview with Shudo Denmei, Head of Gensai Jyuku Ishii Toshihisa 3

Questions to Senior Acupuncturists: When is it Too Much of a Good Thing? Tom Ingegno, Ikeda masakazu, Shudo Denmei, and Tanioka Masanori 5

Cases Using Super-superficial Insertion Murata Morihiro 9

The Day I was Defeated by "Mother's Love" Seki Katsuyoshi 12

Unconsciousness Revived by Acupressure: Returning the weak aspect to normal Shudo Denmei 13

Diagnosis by Looking (Inspection) Ikeda Masakazu 14

Treating Swollen Ankle Joint with Heat-Sensing Moxibustion Menjyo Yuki 16

Retaining Needle onto the Superior Cervical Ganglion for Treatment of Hay Fever Yamada Mikio 17

Multiple System Integration Aaron K. Rubinstein 20

Brushing Your Teeth: An article on home moxibustion Ton van Huffelen 28

A Stroll Through Kanpo History #31 Kanazawa Shinjiro 29

About the Japanese National Examination for Acupuncturists Tsukamoto Kotaro 32

Qi-Tapper Therapy Kamiya Kazunobu 33

Treatment for Depression Bart Walton 35

Seminar Report: Fukaya Style Moxibustion with Fukushima Tetsuya Tom Hurrle 37

Japanese Text 38

Vol. 14, No.41 November, 2007 CONTENTS

The Characteristics and Essense of Japanese Acupuncture Oura Jikan 3

Eastern and Western Thinking John Thompson 7

Reflections Daniel Schulman 9

The Pulse, Meridians, and Nature of Points in Root Treatments Greg Williams 11

"Chinetsu" Moxibustion For Chapped Hands Menjyo Yuki 14

Kubota Zone Acupuncture and the Chart That is Its Key Kubota Naoki 15

Tokyo Seminar Carl Wagner 20

Tokyo Turning point Bob Quinn 22

Healing Touch and Movement: Using Meridian Touchtm to Fill the Gap Darryl Aiken-Afam 23

Ohue Seminar Report Ogawa Haro 25

A Stroll Through Kanpo History #32 Kanazawa Shinjiro 26

Sea Vegetables--The Traditional Mineral Supplement Bob Quinn 29

Moxibustion on Guanyuan (GV-4) Shimada Ryuji 31

Practical Moxibustion (31) Mizutani Junji 34

Using Direct Moxa for Patients with Yin Deficiency Sharon Weizenbaum 36

Introduction of New Members 37

Bulletin Board 38

Japanese Text 39

Vol. 15, No.42 March, 2008 CONTENTS

Editorial 2

Your Immune Revolution Abo Toru 3

Book Review “Your Immune Revolution”, “Healing Your Healing Power” Andrew Fitzcharles 5

Treatment Of Cervical Nerve Root Symptoms (Part 1) Nagata Hiroshi 6

Kanpo - Ancient Art Modern Medicine (7) Kanpo Treatment of Irritable Bowel Syndrome (IBS) - Part 1 Nigel Dawes and Mari MacLean 9

Acupuncture and Moxibustion in the Edo Period Mathias Vigouroux 13

Latest Case Report Ikeda Masakazu 17

Reflections on Eight Years in Practice - Part 2 Daniel Schulman 18

Shiunko (Purple Cloud Cream) and Chronic Pain Yasushi Masato 20

Use of Bloodletting to Treat Localized Infections Julia Herskowitz 23

Treating Corns with Moxibustion Marc Webster 24

Acupuncture Treatment for Men’s Menopause Toda Shizuo 26

My Journey Through the Field of Chinese Medicine Laura Christensen 28

The Defining Techniques of Kubota Zone Acupuncture Kubota Naoki 30

Helping Patients Help Themselves Peter Yates 34

Acupuncture in Guadalajara Takamatsu Bunzo 35

Report on a Shonishin Workshop Carol Weingarten 36

Conference Report: Society for Acupuncture Research Andrew Fitzcharles 38

Bulletin Board 39

Seitai Shinpo Acupuncture: Tenth Annual Conference Matthew Terrusa 40

Introduction of New Members 41

Japanese Text 42

Vol. 15, No.43 July, 2008 CONTENTS

Editorial 2

The Meridian Test: Acupuncture Treatment Based on Assessment of Movement Mukaino Yoshito 3

Treatment of Cervical Nerve Root Symptoms Nagata Hiroshi 8

Posterior GB-34 and a Curious Case of Multiple Sclerosis Carl Wagner 11

Kanpo - Ancient Art Modern Medicine (8) Kanpo Treatment of Irritable Bowel Syndrome (IBS) - Part 2 Nigel Dawes and Mari Maclean 12

An Outline of Abdominal Diagnosis Matsumoto Hiromi 16

Cases Using Super-superficial Insertion Murata Morihiro 20

The Rolling Exercise Honda Akira 23

Case History of Cancer Seki Katsuyoshi 24

Treating Catamenial Pneumothorax with Shakujyu Therapy Katoh Hirohito 27

Fukaya-style Moxibustion Fukushima Tetsuya 32

Tools of the Dashin Technique Hideo Takahashi 34

Some Features of Japanese Acupuncture Katai Shu-ichi 36

Kosho Shorei Ryu Energy Medicine (Part 1) An Overview of the Art in the Context of the Sho Chiku Bai Mon David LoPriore 38

Kappo: Giving Back Life Thomas E. Duckworth 40

Bulletin Board 43

Toyohari Acupuncturist Seminar Report Byron Barth 43

A Seminar with Katai Shuichi Dale White 46

Moxibustion Intensive with Junji Mitzutani Tracy Thorne 48

Introduction of new Members 49

Japanese Text 50

Vol. 15, No.44 November, 2008 CONTENTS

The Potential of the Head as a Treatment Zone: A Roundtable Discussion Chaired by Susuki Ikuo Part - 1 Kajima Ikuo, Sai Gyoumei and Inoue Etsuko 3

In Search of Japanese Acupuncture Heritage Mathias Vigouroux 10

All Diseases Originate from Cold: Will Cold become the Bridge between Eastern and Western Medicine? Kawashima Akira and Hara Osamu 14

Treatment of Cervical Nerve Root Compression Part - 3 Nagata Hiroshi 20

How to find TSUBO Part - 1 Togasaki Masao 24

Channel Palpation Wang Ju-Yi and Jason Robertson 26

Book Review Applied Channel Theory in Chinese Medicine Jeffrey Dann 31

Teaching Palpation and Special Skills: a Question and Answer Session Pamela Ellen Ferguson 31

Book Review Sand to Sky: Conversations with Teachers of Asian Medicine Stephen Brown 32

Ishizaka Sotetsu: A Misunderstood Genius Kubota Naoki 34

Chinetsu Moxibustion Treatment for Skin Rash on a Pregnant Woman Menjyo Yuki 39

Acupuncture in a Changing Society Kitagawa Takeshi 40

The Charm of Moxibustion Ohara Yuri 42

Building a Solid Foundation: the Japanese Acupuncture Certificate Program in Victoria, B.C. Avery Yackel 43

Fukaya-style Moxibustion: A Workshop with Fukushima Tetsyua Kan L. Chen 44

Shakujyu Therapy Seminar Cynthia Quattro 46

Shang Han Lun Summer Extravaganza Nigel Dawes 49

Tokyo seminar 2008:A Journey Into The Heart of Japanese Acupuncture John Thompson 50

Bulletin Board 52

Introduction of new members 52

Japanese Text 53

Vol. 16, No.45 March, 2009 CONTENTS

Editorial Stephen Brown 2

The Potential of the Head as a Treatment Zone: Part - 2 Suzuki Ikuo 3

A Conversation with Skin Scientist Denda Mitsuhirio (Part 1) Matsuda Hirokimi 9

Japanese Beauty Acupuncture Kitagawa Takeshi 12

Kosho Shorei Ryu Energy Medicine: An Overview of the Art in the Context of the Sho Chiku Bai Mon (Part 2) David LoPriore 15

Practical Moxibustion Therapy (32) Mizutani Junji 17

Treating Furuncles with Traditional Chinese Medicine: A Case Study Marc Webster 21

Acupuncture, Adaptations, and Equality Juliana Cumbo 24

Variations on Point Location based on Geographical Location: Observations at Two Clinics Tom Ingegno 26

From TCM to Toyohari: A Personal Journey Mitchell Wolf 28

What is a Good Pulse? Nakada Koryo 31

Shakuju Therapy Seminar (Part 2): Clinical Application Robert Gracey 34

The Japanese Experience: Tokyo 08 Seminar Reginaldo Filho 38

Tokyo 08: A Novel Post-seminar Experience Mariola Strahlberg 39

Meridian Test Seminar Kanazawa Shinjiro 40

Introduction of new members 41

Three Misty Days in October: Toyohari Gathering in Seattle Ananda Devi 42

Bulletin Board 43

AOBTA Convention: San Diego California, January 2009 Pamela Ellen Ferguson 44

Report on Jeffrey Dann’s Balancing the Koshi an Integrated Approach Andrew Fitzcharles 46

Japanese Text 47

Vol. 16, No.46 July, 2009 CONTENTS

Editorial Andrew Fitzcharles 2

Locating Live Acupuncture Points (Part 2) Togasaki Masao 3

A Conversation with Skin Scientist Denda Mitsuhirio (Part 2) Matsuda Hirokimi 7

The Fukaya Multiple-Grain Moxibustion Technique Shinma Hideo 11

The Koshi Technique: Some Case Studies Seki Katsuyoshi 14

Acupuncture Education: A Roundtable Discussion between Matsuda Hirokimi and Tokyo Seminar Participants (August 11, 2008) Stephen Brown & Jeffrey Dann 16

Kanpo – Ancient Art Modern Medicine (9) (IBS) Part 3 Nigel Dawes & Mari Maclean 20

Chinetsu Kyu Treatment for Skin Rash Related to Contact Dermatitis Menjyo Yuki 23

Tongue Diagnosis in Toyohari style Acupuncture Susanne Pfeifer 24

Canine Moxibustion Nekota Eriko 26

Paying Attention to the Breath Kamiya Kazunobu 27

Developing Palpation Skills Case Studies of Shoulder and Neck Pain Ohara Yuri 28

Thoughts on Patients That Do Not Get Better Carl Wagner 30

Bulletin Board 31

Thoughts on Yin & Yang Bob Quinn 32

Nepalese Stick Moxibustion Hata Minae 34

A Vote for Complementary Medicine in Switzerland Alexander Schuurmans 36

Introduction of New Members 37

Practical Moxibustion Therapy (33) Essence of Acupuncture and Moxibustion Part 2 Mizutani Junji 48

Moxa Seminar with Mizutani Junji: Portland, Oregon Bob Quinn 41

Ikeda Masakazu Sensei’s Seminar March 2009 Nagato Noriko 42

Mookorita: Forget Self, Serve Others – A Report on the San Francisco Shudo Seminar Andrew Karozos 44

Your Needle Reflects What You Are – Shudo Denmei Seminar in San Francisco Cameron Bishop 45

Japanese Text 46

Vol. 16, No.47 November, 2009 CONTENTS

Editorial Jeffrey Dann 2

Skin can Recognize Color and Sound? Understanding Oriental Medicine’s Fundamental Concept of Qi Manaka Yoshio 3

Doctor Manaka Yoshio – A Biography 6

Japanese and Chinese Acupuncture: Similarities and Differences Manaka Yoshio 8

The Manaka Spirit That Welcomed Mavericks and Eccentrics – An Interview with Yoshimoto Shoji M.D. Matsuda Hirokimi 12

Dr. Manaka Yoshio and the Manaka Hospital Matsuoka Kenya 15

About Patterns (Sho) Manaka Yoshio 16

Dr. Manaka Yoshio’s Insights and Contributions to the Field of TEAM Stephen Birch 18

Encounters with Two Maverick Physicians Stephen Brown 22

Dr. Manaka’s Treatment for Elevated Liver Enzymes (Hepatitis) Amichay Saller-Fischbach 24

Abstract: Blood Stasis from the Standpoint of Acupuncture & Moxibustion by Manaka Yoshio M.D. Stephen Brown 27

The Concept of Meridians from a Systems Perspective Manaka Yoshio 28

Case Studies Illustrative of Extreme Difficulty Stephen Birch 34

Dr. Manaka, Me and Three Women Mizutani Junji 36

Acupuncture Treatment of Adhesions Marc Webster 38

Massive Dose Therapy and Subtle Stimulation Therapy Manaka Yoshio 40

Ten Years with the Ion Cords Bob Quinn 41

Bulletin Board 42

Introduction of New Members 42

The First ICE Workshop: Barcelona 2009, a Personal Account Manuel Rodriguez 43

A Review of Dr. Manaka’s Books in English Andrew Fitzcharles 44

Japanese Text 46

Vol. 17, No.48 March, 2010 CONTENTS

Blood Stasis from the Standpoint of Acupuncture & Moxibustion Manaka Yoshio 3

About Oketsu Okada Meiyu 9

My Views on Blood Stasis (Oketsu) Otsuka Keisetsu 12

Oketsu-sho: Blood Stagnation Syndrome Hisazumi Tsuneo 14

Chinetsu Moxibustion Treatment for Pimples Caused by Blood Stagnation Menjyo Yuki 15

Treating Blood Stasis Ikeda Masakazu 16

Visible Oketsu, Invisible Oketsu Kodama Toru 17

Conversation with Skin Scientist Denda Mitsuhirio – Part 3 Matsuda Hirokimi 19

Treating Lower Back Pain with Shakuju Therapy Hara Osamu 22

This little piggy…… Nigel Dawes 25

Cases Using Super-rotation Insertion Murata Morihiro 28

Treatment of Acute Lower Back Pain Kinoshita Nobuyuki 30

Invitation to Mild-Heat Non-Scarring Moxibustion Hirato Motoshiro 30

Report: Boston Seminar with Fukushima Tetsuya Sugiyama Masahiko 33

The Ki World: Travels in Japan 2009 Ehrland Truitt 35

Shakuju Seminar in Berkeley, California with Sensei Kobayashi Cynthia Quattro 37

Report: Advanced Shakujyu Seminar, Boston 2009 Ken Glowacki 38

Report: “Explorations in Meridian Therapy” with Steven Brown Mark Petruzzi 39

Report: Iyashi no Michi Kyokai (The Association of the Way of Healing) Takahashi Hideo 40

Report: Stephen Brown’s Seminar: Brisbane, November 2009 Furue Takashi 41

Bulletin Board 42

Japanese text 43

Vol. 17, No.49 November, 2010 CONTENTS

East and West and the Art of Medicine Hinohara Shigeaki 3

Japanese Versus Chinese Curriculum: Acupuncture Education in the Edo Period Mathias Vigouroux 8

Reflections on Blood Stasis − Oketsu? Nigel Dawes 13

Ordinary is Best Takamatsu Bunzo 15

Goto Konzan’s Theory of Qi Stagnation and Five-Pole Moxa Fukushima Tetsuya 16

The Benefits of Shiatsu Bart Walton 17

Tendino-muscular Meridians: Where Energy Meets Fascia Deborah Valentine Smith 18

Classical Chinese Acupuncture Circuit-Needling for Internal Meridian/Organ Disorders Mark Seem 20

Acupuncture and Moxibustion Treatment for Alopecia Areata Caused by Stress Menjo Yuki 23

TB, Moxa, and Kampala Merlin Young and Jenny Craig 24

Dr. Yoshito Mukaino and the Amazing M-Test Yuki Itaya Martin 26

Diagnosis Beyond Diagnosis Pamela Ellen Ferguson 29

The Zen Practice of Acupuncture Todd Turetsky 30

Reflections on NAJOM #48 Pamela Ellen Ferguson 31

Nothing Else: An inquiry into the role of intention in Toyohari treatment Ton van Huffelen 32

The Best Way to Assist Qi Flow in the Clinic: How to Help Others and Yourself Iwashita Shoumei 34

Bulletin Board 36

A Case Study of Qi Disorder (Thoughts from My Own Experience) Ryu Ritsuko 37

The Charm of Moxibustion (Part II) Ohara Yuri 38

Book Review: Two books for Acupuncturists by Bruce Robinson, Medical Doctor Jeffrey Dann 39

Explorations in Meridian Therapy: A Workshop with Stephen Brown in Santa Fe Carl Wagner 40

Jeffrey Dann’s Koshi Balancing Seminar in Portland, Oregon Bob Quinn and Tracy Thorne 41

Introduction of New Members 42

Japanese text 45

Vol. 17, No.50 November, 2010 CONTENTS

Reflections on NAJOM’s 50th Issue Stephen Birch Stephen Brown, Jeffrey Dann, Andrew Fitzcharles, Ikeda Masakazu Kamiya Kazunobu, Matsumoto Hiromi and Shudo Denmei 3

Introduction of New Members 6

Pain & Pressure Stimulation (PPS): Treatment of Piriformis Syndrome Nagata Hiroshi 7

What Are Meridians and Points? Bart Walton 11

Kyutohinaishin–Intradermal Needle Warming Technique (Part 1) Aaron Rubinstein 12

Questions Related to the Point KI-3 Taixi Neven Orhel 15

Oketsu Revisite Ikeda Masakazu 16

Recurrence of High Fever from Tonsillitis Tanioka Masanori 18

Tendino-muscular Meridians: Where Energy Meets Fascia­­ (Part 2) Deborah Valentine Smith 20

Qi Moves Blood, It Really Does Caleb Mortensen 22

Case Report: Depression Katoh Hirohito 23

Transitions to Shakujyu Therapy Rande Lucas 26

Moxafrica Report: Return to Kampala Merlin Young 28

The Neijing and Related Classics: A Survey of English Translations Z’ev Rosenberg 30

The Best Way to Assist Qi Flow in the Clinic How to Help Others and Yourself (Part 2) Iwashita Shoumei 32

Manual for Understanding the New Textbook: The Basics of Japanese Acupuncture and Moxibustion Ohue Katsuyuki 34

Basal Stress and its Treatment with Auriculotherapy Jaroslav Debef 36

Watson’s Water Hammer Pulse Gregory Chernish 37

Practical Moxibustion Therapy (34) Essence of Acupuncture and Moxibustion (Part 3) Mizutani Junji 38

The Zen Practice of Acupuncture: An Investigation into the Role of Presence in the Treatment Process (Part 2) Todd Turetsky 40

Traditional Way, R.I.P. Thomas E. Duckworth 42

Seminar Report: Japanese Moxibustion Therapy with Mizutani Junji in Switzerland Alexande Schuurmans 43

Seminar Report: Japanese Moxibustion with Mizutani Junji Sensei in Australia Furue Takashi 44

Seminar Report: Moxibustion in Boston with Dr. Fukushima And a Side-trip to Explore Oriental Medicine in Nicaragua Kurasawa Yumi 45

Seminar Report: The 52nd Meridian Therapy Summer Seminar in Tokyo

Furue Takashi and Ryu Ritsuko 46

Bulletin Board 48

Japanese Text

Vol. 18, No.51 March, 2011 CONTENTS

Editorial Jefffey Dann 2

How Does Moxa Work? – Part 1: An Investigation Of Temperature Effects Jenny Craig & Merlin Young 3

Mengen: The Healing Crisis in Acupuncture – Part 1 Yokota Kampu 7

On the Nature of Channels – Part 1 Wang Ju-yi 10

The Origin of Yoshimasu Todo’s Medicine Joon Hee Lee 13

Root Treatment and Branch Treatment Ohue Katsuyuki 16

YNSA Scalp Acupuncture Cranial Nerve Points Faruk Sahin 17

Observations of Yamamoto Sensei and His New Scalp Acupuncture Diane Iuliano 18

Case Study: Sudden Hearing Loss Seki Katsuyoshi 20

Post-Concussive Headache and Stagnation of Blood In the Head: A Case Study Using Kiiko Matsumoto-Style Acupuncture and Moxibustion Grace Rollins 22

Treatment of Aphthous Stomatitis Using Heat-sensing Moxibustion (Chinetsu-Kyu) Menjyo Yuki 23

The Moxibustion Equation For Beginners Adam McIntosh 24

Book Review: Yamamoto New Scalp Acupuncture Principles and Practice by Richard Feely Bob Quinn 25

Treating Lyme Disease with Acupuncture and Moxibustion Onishi Mayu and Mizutani Junji 26

Tuber Curcumae Ointment (Zhong Huang Gao) and Allergic Rhinitis Yasushi Masato 29

Japanese Secrets For a Healthy and Long Life Naoki Kubota and E J Potter Kubota 30

Book Review: Japanese Acupuncture 101: A Clinical Guide for Beginners by Carl Wagner Andrew Fitzcharles 32

Moxafrica Update December 2010 Jenny Craig 32

Volunteer Acupuncture in Nepal: Report on the Birgunj Health Camp 2010 Yamakawa Yoshito 34

Less is More: Shonishin Seminar with Brenda Loew Tracy Thorne 36

Report on the M-Test Seminar 2010 Ken Glowacki 37

Letter from a Reader Larry Welsh 37

Introduction of New Members 38

Bulletin Board 38

Japanese Text 40

Vol. 18, No.52 July, 2011 CONTENTS

Editorial Jeffrey Dann 2

How Does Moxa Work? – Part 2 Jenny Craig and Merlin Young 3

Mengen: The Healing Crisis in Acupuncture – Part 2 Yokota Kampu 6

On the Nature of Channels – Part 2 Wang Ju-yi 10

Tetsuro Saito: Taking Shiatsu to New Places Cheryl Coull 13

Learning to “Speak Ki” – Diagnostics and Therapeutics in Shin So Shiatsu Peter Skrivanic 16

Shiatsu Therapy in British Columbia: Where Do We Go From Here? Ted Thomas 18

From Shiatsu-ho to Shiatsu Woe: Problems in Ontario Peter Skrivanic 19

Earthquake! Edward Obeidy 20

Knee Treatment With Pressure Pain Stimulation (PPS) Nagata Hiroshi 22

Kyutohinaishin: Intradermal Needle Warming Technique – Part 2 Aaron Rubinstein 25

Siebold and Ishizaka Sotetsu Mathias Vigouroux 28

Guided by Oriental Medicine Frank Ota 31

Essential Apprenticeship Tsubakiyama Kiyohide 34

Poems by the Student Thomas Duckworth 36

Novice to Mentor Peter Yates 36

My Opinions on the Subject of the “Master-Disciple” Relationship Ikeda Masakazu 37

A Modern Master/Disciple Relationship Caleb Mortensen 38

Tth Art of Working with Teaching Assistants Pamela Ellen Ferguson 39

My Apprenticeship: Following the Path of Tradition Susan Dembo 41

Master and Disciple Murata Morihiro 42

My Shakuju Therapy Teachers Mori Takafumi 44

Memories of the Venerable Dr. Hashimoto Keizo Sorimachi Daiichi 45

The Seitai Shinpo Apprenticeship Model Michael Dabrowski 46

On Apprenticeship Tracy Conrad 47

Post-Graduate AOM Education In North America Bob Quinn 48

On Apprenticeship Carl Wagner 49

A Modern Take On Uchi-deshi Monika Kobylecka 49

Thoughts on an Intensive Moxibustion Seminar Honda Susumu 50

Seminar Report – Improving Qi Flow in the Clinic and Preventing Burnout: with Peter Yates Tom Ingegno 51

Moxafrica Update May 2011 Jenny Craig 52

Bulletin board 53

Introduction of New Members 53

Japanese Text 54

Vol. 18, No.53 November, 2011 CONTENTS

Editorial Mizutani Junji 2

Mengen: Why It’s Not Discussed in Acupuncture? – Part 4 Yokota Kampu 3

Kyutohinaishin: Intradermal Needle-Warming Technique – Part 3 Aaron Rubinstein 7

Surviving Radiation Exposure Naoki Kubota and EJ Potter Kubota 10

Case Study of Transient Osteoporosis of the Hip Peter Yates 13

A Case Study: Osteoarthritis of the Knee Ohara Yuri 14

Moxafrica Update – August 2011 Jenny Craig and Merlin Young 15

Homo Sexualis Case Histories: Flip Side of a Human Being Dita Sálová 18

Hacho Moxibustion Sakamoto Koichi 20

Bamboo Tube Moxibustion Mizutani Junji 22

Not The Sharpest Knife In The Draw -– Speculations On Learning Edward Obeidy 25

An Australian Apprenticeship Adam McIntosh 28

From Apprentice to Journeyman and Beyond Thomas E. Duckworth 30

Reflections on Apprenticeship-style Training Nigel Dawes 32

On Apprenticeship Jason R. Hackler 34

The Benefits of Apprenticeship Kimiko Knight 35

The Disappearing Art of Apprenticeship Kim Rosado 36

Bulletin Board 37

My Special Teachers Kanamori Aki 38

The Art in the ‘Art of Acupuncture’ Caleb Mortensen 40

A Review of Stephen Birch’s Shonishin: Japanese Pediatric Acupuncture Brenda Loew 41

Seminar Report: Third Annual Zeng Rongxiu Shanghan Lun Conference Z’ev Rosenberg 42

Seminar Report: Traditional Japanese In-Touch Acupuncture and the 53rd Meridian Therapy Summer Seminar Furue Takashi and Keith Hughes 43

Seminar Report: Shakujyu Therapy in the US Yata Masaki 44

Seminar Report: Shakuju Therapy Kawanami Koki 45

Volunteer Acupuncture in Nepal Kumaki Tsuguo 46

Introduction of New Members 48

Japanese Text 49

Vol. 19, No. 54 March, 2012 CONTENTS

Editorial Jeffrey Dann 2

Deficiency-Excess and Tonification-Dispersion Ikeda Masakazu 3

Questions & Answers About Deficiency & Excess Junji Mizutani 4

Some Thoughts on Kyo-Jitsu, Ho-Sha Jeffrey Dann 8

Kyo and Jitsu, Ho and Sha Thomas E. Duckworth 9

Tonification and Dispersion in Moxibustion Menjo Yuki 10

A Learning Parable Bob Quinn 11

Metal-Water Treatments in Kiiko Matsumoto Style Acupuncture Grace Rollins 12

Memorable Clinical Cases Using Dashin and Shindohappi Kawase Kunihiro 14

A Clınıcal Study of Chong Mai-Yin Wei Mai Pathology Faruk Sahin 16

Why I Became a Zen Therapist Julie Brigitte Moore 18

The Yi Jing (I Ching) and Oriental Medicine Fujiwara Noriyuki 19

Siebold and Ishizaka Sotetsu: Cross-national Acupuncture Apprenticeship – Part 2 Mathias Vigour20

My Apprenticeship with Dr. Ineon Moon Jake Paul Fratkin 22

Moxafrica Update December 2011 Jenny Craig and Merlin Young 24

Oriental Medicine in Nicaragua: 25 Years of Progress Yamaki Haruo 25

The Making of a Mindful Acupuncturist Takahashi Hideo 28

Hot Property: Moxa in Germany Ton van Huffelen 30

Seminar Report: Shakuju Therapy with Kobayashi Shoji Sensei Pamela Sokach 31

Tokyo 3 Reminiscences Stephen Brown 32

Warm Hands – Warm Heart John Thompson 33

Seminar Report: The 3rd Annual Tokyo Seminar and the 53rd Annual Meridian Therapy Association Seminar 2011 Steven Siroky 34

Seminar Report: Advanced M-Test Training in Fukuoka, Japan. Yuki Itaya 35

My First Experience in Japan – Tokyo 3 2011 Jennika Wildau 36

Bulletin Board 37

Introduction of New Members 38

Japanese Text 39

Vol. 19, No. 55 July, 2012 CONTENTS

Editorial Stephen Brown 2

Thoughts on Japanese Acupuncture Kobayashi Shoji 3

Treatment of Morning Sickness Murata Morihiro 4

A Clinical Study of Liver, Liver-Small Intestine, and Small Intestine Abdominal Patterns Faruk Sahin 6

Shakujyu Therapy: Case Study Cynthia Quattro 9

Chinetsukyu Treatment of Dermatitis Caused by Excessive Self-moxibustion Menjyo Yuki 11

Oriental Medicine in Nicaragua: 25 Years of Progress Yamaki Haruo 12

Out of the Box: the Emergence of Human Medicine Andy Karozos 15

Box Moxibustion Seki Katsuyoshi 16

The Art of Improvisation – Phantom Pain!! Pamela Ellen Ferguson 17

Acupuncture Cruise-ship Style Toda Sayaka 18

Is There a Role for Post-mortem Acupuncture? Jeffrey Dann 19

Listening to the Voice of Qi Paula Steele 20

One Liter of Tears and a Bowl of Green Juice Takamatsu Bunzo 21

Kototama Inochi Meridian Therapy: Procedures and Protocols Thomas E. Duckworth 22

Kyutohinaishin: Intradermal Needle Warming Technique – Part 4 Aaron Rubinstein 23

Heart of Sole Matsumoto Kiiko and Monika Kobylecka 25

The “Original” Nature of Traditional Medicine Furue Takashi 26

Unique Clinical Experiences Alan Jansson 27

Hacho Moxibustion – Part 2 Sakamoto Koichi 28

Mechanisms of Acupuncture: A New Analysis Ishida Yasuo 29

Modern-day Moxa Production Maegawa Takashi 33

Ohashiatsu in Germany: 35 Years Ohashi Wataru 35

Challenges and Frustrations for Moxafrica Jenny Craig 36

Seminar Report: 11th Traditional Japanese Acupuncture Seminar, San Francisco, 2012 Nagato Noriko 37

Seminar Report: Shakuju Therapy, Hawaii, Spring 2012 Ehrland Truitt 40

M-Test Seminar 2012 With Yamashita Nagisa, Itaya Yuki, and Mukaino Yoshito Jason Beito 43

Introduction of New Members and Bulletin Board 45

Japanese Text 46

Vol. 19, No.56 November, 2012 CONTENTS

Editorial Mizutani Junji 2

Perspectives on Ho-sha and Kyo-jitsu: Historical and Modern Clinical Reflections Stephen Birch 3

Inspiration from Deficiency and Excess Shaun Sutton 7

Deficiency-Excess and Tonification-Dispersion –Part 1 Matsumoto Hiromi 8

Thoughts on Japanese Acupuncture – Part 2 Kobayashi Shoji 10

Outside one Box, Inside Another Andrew Fitzcharles 12

Qi Sandwich Anyone? Pamela Ellen Ferguson 13

Back Diagnosis and Theory Kokubo Junzo 14

The Yi Jing (I Ching) and Oriental Medicine – Part 2 Fujiwara Noriyuki 17

Mechanisms of Acupuncture: A New Analysis – Part 2 Ishida Yasuo 19

The Pivot of Nothingness – Penetrating Time in the Practice of Acupuncture – Part 1 Charles Chace 22

Meridian Frequency Moxibustion with Ontake Warm Bamboo – Part 1 Oran Kivity 26

Letter to the Editor Mary S. Wallis 29

Scarred for Life? Philip CJ Strong 30

Clinical Application of Cupping Bart Walton 32

White Crane Taikyokyu Method Carl Wagner 34

Phantom Pain Mahtab Bayat 35

Short Q and A Bart Walton 35

Periodontal Care and Huang Lian Jie Du Tang Yasushi Masato 36

New Age Deshi Alan Jansson 38

Sovereign Points To Kill Toothache: Yanagiya Single Needle Techniques Kanazawa Shinjiro 40

Leave Your Shoes at the Door: A Glimpse into Fertility Treatments in Japanese Clinic Cameron Bishop 41

Moxafrica: The TB Research Truly Begins Jenny Craig and Merlin Young 42

Diversity in the Clinic Kim Rosado 44

Seminar Report: 54th Meridian Therapy Seminar Summer 2012 Furue Takashi 44

Seminar Report: Tokyo 4 In-Touch International Acupuncture Jeffrey Dann 46

Seminar Report: Tanioka Sensei Presents Taishi Hari for Children and Adults Gretchen Lorenson 47

Master Seminar Takamatsu Bunzo 48

Introduction of New Members and Bulletin Board 49

Japanese text 50

Vol. 20, No.57 March, 2013 CONTENTS

Editorial Mizutani Junji 2

Deficiency Excess and Tonification Dispersion – Part 2 Matsumoto Hiromi 3

Superficial Needling: Qi Movement and Miracle Cur Suzuki Makiko 5

The Origins and Ideological Roots of Acupuncture and Moxibustion Matsuda Hirokimi 8

Case Study Research on Nausea and Vomiting in Pregnancy and the Benefits of Hinaishin Needles at Kidney 27 Coleen Smith 10

Short Q and A 13

Meridian Frequency Moxibustion with Ontake Warm Bamboo – Part 2 Oran Kivity 14

Clinical Application of Cupping – Part 2 Bart Walton 16

Treatment of Pain and Challenges in Acupuncture and Moxibustion Mahtab Bayat 18

Blockages to Healing: The Importance of Foci Faruk Sahin 20

The Challenge of Treating Chronic Disease Takashima Masaaki 22

Delving into the Wisdom of Acupuncture Tokuyama Fumika 24

Tinnitus Treatment Menjyo Yuki 25

Moxibustion and Acupuncture: Two-step Treatment for Hand Disorders Mizutani Junji 26

The Benefits of Self-moxibustion for Patients Ohara Yuri 28

Centuries of Teaching Experience in One Room Cameron Bishop 29

The Studies Thomas Duckworth 29

Book Review Andrew Fitzcharles 30

Seminar Report: Kiiko Matsumoto’s Japan Study Seminar 2012 Grace Rollins 31

Vol. 20, No.58, July, 2013 CONTENTS

Editorial Stephen Brown 2

Round Table Discussion: How to Locate Treatment Points – Part 1 Katai Shuichi 3

The Value of Information Gained from Palpation Ogawa Takayoshi 8

The Origins and Ideological Roots of Acupuncture and Moxibustion – Part 2 Matsuda Hirokimi 10

This Book Made Me Blink Takahashi Hideo 12

Book Review: A Long Road – An Acupuncture Travelogue by Edward Obaidey Jeffrey Dann 15

My Favorite Book: In Pursuit of the Purpose of Life Seki Katsuyoshi 16

The Book That Changed My World Alan Jansson 17

The Moxibustion Doctor: Hara Shimetaro Onishi Mayu 18

Book Review: The Omnivore’s Dilemma – A Natural History of Four Meals by Michael Pollan Carol Weingarten 20

The Book I Keep at My Side Takashima Masaaki 22

Moxafrica Update May 2013 Jenny Craig and Merlin Young 23

Practical Moxibustion Therapy (35) : Essence of Acupuncture and Moxibustion – Part 4 Mizutani Junji 24

Clinical Application of Shudo-style Acupuncture Murata Morihiro 26

An Omen in Our Pulses: The 2011 Tohoku Earthquake Predicted Suzuki Makiko 30

Japanese Meridian Therapy in the Community Acupuncture Model Robert Hayden 32

A Clinical Study of the Dai Mai – Yang Wei Mai Abdominal Pattern Faruk Sahin 34

Chinetsukyu Treatment for Leg Rash Menjo Yuki 35

Seminar Report: Koshi Balancing Certificate Program in Portland Bob Quinn 36

Seminar Report: Hideo Takahashi and the Essential Spirit of Japanese Acupuncture Michael Talish 37

Seminar Report: Funamizu Takahiro in Hawaii Bob Quinn 39

Seminar Report: Relying on Heart – The First Annual Care for the Warriors Veteran’s Conference Todd Turetsky 40

Introduction of New Members 41

Bulletin Board 41

Japanese Text

Vol. 20, No.59, November, 2013 CONTENTS

Editorial Cheryl Coull 2

Round Table Discussion: How to Locate Treatment Points – Part 2 Katai Shuichi 3

The Origins and Ideological Roots of Acupuncture and Moxibustion – Part 3 Why is Japanese Acupuncture and Moxibustion a Medicine of Touch? Matsuda Hirokimi 9

Autonomic Reactions in the Practitioner When Palpating and Needling Oran Kivity 12

Finding Effective Treatment Points Matsumoto Hiromi 14

My Approach to Palpation Mizutani Junji 15

Characteristics of Japanese-style Acupuncture Takashima Masaaki 17

The Hands of the Therapist: The Crucial Role of Palpation in Therapy

Mahtab Bayat 18

A Palpatory Exam that Changed My Life Bob Quinn 20

Stumbling on the Right Point Tom Ingegno 21

Reflections on Subtle Palpation Zoë Brenner 22

Effects of Shiatsu Stimulation on Blood Pressure the Japan Shiatsu College 24

Improving Fingertip Sensitivity Ryu Ritsuko 27

The Research Dilemma Andrew Fitzcharles 28

Pacific Rim Meridian Therapy Society: An Interview with the Founder

Elizabeth Talcott 29

Syndrome Patterns in Traditional Medicine Furue Takashi 30

Using Our Senses and Bodily Responses to Guide Design: Revising Ancient Herbal Recipes Shaun Sutton 32

Mentor Books Takamatsu Bunzo 34

Clinical Study of the Yang Qiao-Du Mai Abdominal Pattern Faruk Sahin 35

Acupuncture and Moxibustion for Menstrual Disorders Kokubo Junzo 36

Seitaikyu: Postural Balancing with Moxibustion Felip Caudet 38

Enhancement of TCM Education with TJM Elizabeth Talcott 41

Moxibustion Treatment for Warts Takano Mika 42

Moxibustion Q & A Onishi Mayu and Mizutani Junji 43

Moxafrica Update September 2013 Jenny Craig and Merlin Young 44

Seminar Report: Warm Bamboo Workshop Enomoto Hiroshi 46

Introduction of New Members 47

Bulletin Board 47

Japanese text 48

Vol. 21, No.60 March, 2014 CONTENTS

Traditional Needling Techniques As Practical Constructions From Reading Historical Descriptions Stephen Birch 3

First International Wang Ju-Yi Channel Theory Symposium Jeffrey Dann 8

Respecting our Ancestors and Searching for our Roots: The Source for the Cultivation and Establishment of Applied Channel Theory Wang Ju-yi 9

A Discussion of Differences Between Hand Shao Yin and Hand Jue Yin Channel Indications Wang Hong Min 11

The Tail Wags the Dog: Developments in Oriental Medicine Outside China and a New Beijing Phenomenon Jason D. Robertson 13

Seeking the Truth About Meridians Shinada Takashi 16

The Importance of Observation Takashima Masaaki 18

The Four Seas – Part 1 Chris McAlister 20

The Yin and Yang of Borborygmus Daniel Schulman 23

Clinical Results Using Nan Jing 68 Zoë Brenner 24

Life Ends and Begins Again: Musings On Cycles of Life and the Su Wen Z’ev Rosenberg 26

Round Table Discussion: How to Locate Treatment Points – Part 3 Katai Shuichi 28

Infertility and Pregnancy-related Problems Kokubo Junzo 34

Treatment to Turn a Breech Baby in a Twin Pregnancy Seki Katsuyoshi 36

Treating a Breech Baby: Moxibustion on SP-6 Aki Takasaki 38

Acupuncture Treatment of Chronic Diseases Faruk Sahin 38

Exploring the Use of Indirect Moxa in Heat-Sensing Treatment Menjyo Yuki 40

Changing Patterns through Shakuju Therapy Ra Adcock 42

Shakuju Therapy: A Conversation with Instructor Tisha Mallon Ra Adcock 43

XL Heart for Africa: An Interview with Jenny Craig Ton van Huffelen 45

Seminar Report: Kiiko Matsumoto in Japan 2013 Grace Rollins 46

Intense Days at Nepalese Health Camp Shingo Satoshi 47

Seminar Report: Shakuju Therapy with Tisha Mallon Karen Villanueva 48

Seminar Report: Mizutani Sensei Returns to Santa Fe Carl Wagner 49

Introduction of New Members 49

Bulletin Board 50

Vol. 21, No.61 July, 2014 CONTENTS

Editorial Cheryl Coull 2

A Comparison of Dr. Wang Ju-Yi’s Diagnosis through Meridian-Channel Palpation and Early Acupuncture Literature Shelley Ochs 3

Channel Examination: The Faithful, Unfailing Guide in the Clinic Jonathan Chang 6

Dr. Wang Ju-Yi, Tai Yin Energetics, and Acupuncture in a Changing World Jeffrey Dann 8

Practical Moxibustion Therapy (36) Mizutani Junji 10

The Cultural Narrative of the Channel System Nyssa Tang 12

First American Sotai Summit Rande Lucas 13

The Four Seas – Part 2 Chris McAlister 14

A Clinical Study of Yin Qiao Mai-Ren Mai Pathology Faruk Sahin 17

Report on 11 Cases of Connective Tissue Disease in which Pressing Pain Stimulation is Used as a Steroid Cessation Treatment Nagata Hiroshi 18

Pulse Conditions and Brainwaves Yasushi Masato 22

My Notes on Moxibustion Treatment Takano Mika 24

Multi-moxibustion Treatment Onishi Mayu 26

A Case of Allergies? Pamela Ellen Ferguson 27

Treatment of Macular Degeneration with Acupuncture and Direct Moxibustion Randy Clere 28

Introduction to Fluid-Energy Integration: Combining Osteopathic Lymphatic Techniques with Traditional Japanese Acupuncture Mark Petruzzi 29

Shudo Clinic Observation Notes Takashima Masaaki 30

Seminar Report: Pointing the Way – Special Effect Points from Master Practitioners Mark Petruzzi 31

Working at a Health Camp in Nepal Ashii Shinzo 32

A Day in Clinic with Iwashina Sensei (Dr. Bear) Bob Quinn 34

Seminar Report: Teishin Fundamentals and Meridian Applications with Dr. Bear in Portland Daniel Silver 35

Seminar Report: International Okyu Workshop – Barcelona 2013 Felip Caudet 36

The Shonishin Club with Brenda Loew Todd Wymer 37

Oriental Medicine Re-evaluated Takamatsu Bunzo 38

Moxafrica Tour of Japan Itaya Yuki 39

Seminar Report: Funamizu Takahiro in Santa Fe, New Mexico Wyatt Krajeski 40

Seminar Report: Trauma and PTSD – Reflections on Working with Funamizu Takahiro Daniel Silver 41

Introduction of New Members 42

Bulletin Board 43

Japanese Text 44

Vol. 21, No.62 November, 2014 CONTENTS

Editorial Andrew Fitzcharles 2

Anti-aging and Acupuncture Therapy Yano Tadashi 3

Treating Elderly Acupuncture Patients in Accordance with the Classics Matsumoto Hiromi 7

Acupuncture for Geriatric Disease and an Aging Society Kokubo Junzo 9

My Approach to Acupuncture and Moxibustion for Seniors Andrew Fitzcharles 10

Characteristics of Longevity Ascertained Through Observation Suzuki Makiko 11

Shudo-style Treatment of Elderly Patients Murata Morihiro 14

Case Studies: Three Elderly Patients Treated with Acupuncture Furue Takashi 18

Dear Dr. Sotai Rande Lucas 19

On Treatments of the Elderly Takashima Masaaki 20

My Clinic: A Cross Section Caleb Mortensen 21

Osteoarthritis and Abdominal Findings in Elderly Patients Mizutani Junji 22

Shirley: A Geriatric Case Study Mary Wallis 24

The Art of Working with Seniors Pamela Ellen Ferguson 25

Constipation in an Aged Patient Mejyo Yuki 26

You Can’t Teach an Old Dog New Tricks (and Other Idioms) Tom Ingegno 27

Thoughts about Treating the Elderly Ryu Ristuko 28

Centenarians in My Treatment Room Tokuyama Fumika 29

The Trend Toward Late Childbearing in Japan Takano Mika 30

Acupuncture Treatment of Elderly Patients: A Summary Faruk Şahin 31

Bulletin Board 31

Symptomatic Treatment of Inflammation Thomas E. Duckworth 32

Treating the Generations: Change in a South Florida Clinic Cameron Bishop 33

Treatment with Perseverance Onishi Mayu 35

Acupuncture in Palm Springs: A Focus on Gay and Elderly Populations Kodama Toru 36

Case Study: Ovarian Cyst in Early Stage Pregnancy Seki Katsuyoshi 38

Introduction of New Members 39

Dosage and the Goldilocks Zone Oran Kivity 40

Update on the Japan-Nicaragua College of Oriental Medicine Yamaki Haruo 42

Moxafrica Update: Randomized Trial Merlin Young 45

Moxafrica: Dots and Lines Itaya S. Yuki 46

Japanese text 47

Vol. 22, No.63 March, 2015 CONTENTS

Editorial Cheryl Coull 2

Breaking New Ground

Classical Root Treatment in Clinic Gregory Williams 3

Acupuncture Therapy as a Fairy Tale Iwashita Shumei 5

A Close Examination of the Liver Jeffrey Dann 8

Updating Moxa Points Felip Coudet 10

Moxa: A Field Medicine for an Uncertain Future? Merlin Young 12

Special Series: A Healthy Life with Acupuncture and Shiatsu

Food as Medicine Mizutani Junji 14

A Healthy Life with Acupuncture and Shiatsu: Qi In Everyday Life Pamela Ellen Ferguson 16

Metabolic Syndrome and Traditional Medicine Furue Takashi 17

Treatment of Metabolic Syndrome with Acupuncture Faruk Sahin 18

The Longevity Treatment Mary Wallis 19

Methods and Approaches

Te a Te and Acupuncture Thomas E Duckworth 20

Introduction to Shakuju Therapy – Part 1 Takahashi Daiki 22

Melding Finger Pressure and Needle Puncture Mitchell Wolf 25

Specific Conditions, Patterns, and Case Studies

Knee Injuries Carl Wagner 26

A Clinical Study of Gallbladder-Heart, Heart and Gallbladder Abdominal Patterns Faruk Sahin 27

Case Study: Diabetic Patient with 50-year-old Shoulder Pain Kaga Toshiro 28

Case Studies: Diseases Derived from the Seven Emotions Takashima Masaaki 30

Seminar Reports

2014 American Shakuju Therapy Seminar Yata Masaki 32

Shakuju Hawaii 2014 Tom Hurrle 33

Japan 5 International In-Touch Acupuncture Todd Wymer 34

The Japan 5 In-Touch Acupuncture & Moxibustion Program David J. Seto 36

Toyohari National Training in Oregon Bob Quinn 38

Book Review

Blowing in the Wind: Drug Resistant TB and the Poor Cheryl Coull 39

Introduction of New Members and Bulletin Board 41

Japanese Text 42

Vol. 22, No.64 July, 2015 CONTENTS

Editorial Andrew Fitzcharles 2

Special Series: Treating Children

Daishi-style Shonishin Ueda Noriko 3

Benefits of Daishi-style Pediatric Acupuncture Tatesaka Satoshi 4

How I Became Interested in Pediatric Acupuncture Kawase Kunihiro 6

Practical Moxibustion Therapy (37): Pediatric Moxibustion Mizutani Junji 7

The Teishin – Thoughts and Uses Stephen Birch, Junko Ida 9

Touched by the Magic Wand: Using the Teishin Ton van Huffelen 11

The Subtleties of Acupuncture Tool Design Anton H.E. Wilhelm 15

Miracles with Shonishin and Pediatric Acupuncture Katrianna Heigelmann 17

Interacting with Children in the Clinic Shuto Junko 19

Child-Friendly Clinics for Asian Bodywork Therapy Pamela Ellen Ferguson 20

Softly, Softly Chris McAlister 22

Shonishin: Transferable Skills in Treating Adults Daniel Silver 23

Teishin in Chronic Lyme Disease Treatment Bob Quinn 24

Teishin Treatment of the Face Funamizu Takahiro 26

Pediatric Case Studies

Treating Children and Inspection of the Index Finger Vein Shinada Takashi 28

Shakuju Therapy for Pediatric OCD Eric Brunn 29

Using Shonishin to Treat Children with Behavioral Issues Marian Fixler 30

An Integrative Approach to Pediatrics Isabelle Chen-Angliker 32

Root Treatment for Teen Soccer Injury Ashley Crutchfield 34

Methods and Approaches

Pulse Diagnosis, Palpation, and the PDCA Cycle - Part 1 Miyakawa Kouya 35

Introduction to Shakuju Therapy - Part 2 Takahashi Daiki 37

Abdominal Diagnostics for Toxic and Pathogenic Factors Oura Jikan 39

Palpation for Two Gallbladder Channel Pathologies Mahtab Bayat 43

My Path to Mastery Heather Suzuki 44

News and Updates

Moxafrica Report Merlin Young 45

30th Commemorative Congress of JTM Takashima Masaaki 46

Memories of Shinjiro Kanazawa Stephen Brown 49

New NAJOM Members 49

Bulletin Board 50

Japanese text 51

Vol. 22, No.65 November, 2015 CONTENTS

Editorial Cheryl Coull 2

Special Series: Moxibustion in the 21st Century

Theoretical Discussion of Sawada-style Taikyoku Therapy Yamada Katsuhiro 3

Fukaya-style Moxibustion: Significance and Characteristics Fukushima Tetsuya 6

Practical Moxibustion Therapy (38) Mizutani Junji 10

Understanding Fukayakyuho – Part 1 Felip Caudet 12

Clinical Effectiveness of Moxibustion Yamaki Michiko 14

The Real Pleasure of Using Indirect Moxibustion Iwashita Shumei 15

Case Study: Infertility Treatment With Moxa Takano Mika 17

A Discussion of Heat-sensing and Direct Moxa Menjyo Yuki 18

Practice Makes the Perfect Moxa Treatment Heather Suzuki 19

Moxafrica Update: Summary of Moxa TB Study Merlin Young 20

Moxafrica in Mumbai, India Ulick Burke 23

Breaking New Ground

Unhindered by Sight: The Tradition of Blind Acupuncturists John Dixon 24

The Remarkable Health Benefits of Green Tea Bart Walton 28

Effects Of Acupuncture On Jump Height and Reaction Time Tsubakiyama Kiyohide, Schaefer Sarah 30

Two Views of Acupuncture Ishida Yasuo 32

Methods and Approaches

Pulse Diagnosis, Palpation, and the PDCA Cycle – Part 2 Miyakawa Kouya 33

Introduction to Shakuju Therapy – Part 3 Takahashi Daiki 35

Relationships Between Spinal Movement and Extraordinary Vessels Faruk Sahin 37

Seminars/Reports

30th Gensai Jyuku with Shudo Denmei and Mizutani Junji Ryu Ritsuko 38

Contact Needling and Teishin with Iwashina Anryu David Toone 41

Ontake Workshop with Oran Kivity Takemoto Koki 43

Diseases of the Spirit with Funamizu Takahiro Cynthia Quattro 44

Acupuncture for Children – Vienna Shuto Junko 45

Bulletin Board 45

The Great Nepal Earthquake Hata Minae 46

New NAJOM Members 47

Japanese text 48

Vol. 22, No.66 March, 2016 CONTENTS

Editorial Andrew Fitzcharles 2

Special Series: Treatment of Insomnia

Acupuncture and Moxibustion Treatment for Insomnia Kokubo Junzo 3

Insomnia: A Thousand-headed Companion Chris McAlister 4

Sleeping Patterns as Syndrome Patterns Furue Takashi 8

Sleeping in the Age of Anxiety Dan Zizza 9

Of Dreams, Needles, and Healing Bob Quinn 10

A Case Study of Insomnia: Treating Heart Deficiency Jeffrey Dann 12

Case Studies of Insomina Mizutani Junji 14

Why Can’t People Sleep? Takashima Masaaki 16

Sleep: The Importance of Feeling Satisfied Menjyo Yuki 18

Tackling Inzzzzzzzomnia Pamela Ferguson 19

Sleep: Curse or Blessing? Isabelle Chen-Angliker 20

Healthy Sleep, Happy Life Mayu Onishi 22

Breaking New Ground

Connections Between Parent-Child Relationships

and the Five Zang Organs Suzuki Makiko 24

Moxafrica Report: The Big One! Merlin Young 28

Case Study: Juvenile Rheumatoid Arthritis Faruk Sahin 30

Methods and Approaches

Watching a Master at Work Stephen Brown 31

Introduction to Shakuju Therapy – Part 4 Takahashi Daiki 32

Reintroducing Dr. Bear Masako Wada 35

A Healing Mantra Takamatsu Bunzo 37

Seminars/Reports

Koshiishi Sensei’s Shiunko Kyu Method John Dixon and Shaun Sutton 38

Matsumoto Kiiko’s Japan Study Seminar 2015 Grace Rollins 41

Japan-Nicaragua College of Oriental Medicine and

WHO Nicaragua Yamaki Haruo 42

In-Touch Acupuncture 6th Seminar Reza Gunawan 43

Iyashi No Michi Seminar with Maenosono Kukan Teresa Kusano Tsukano 44

Disaster Acupuncture, Moxibustion and

Massage Relief Project Miwa Masataka 45

Bulletin Board 36

New NAJOM Members 46

Japanese text 47

Vol. 22, No.67 July, 2016 CONTENTS

Editorial Cheryl Coull 2

Special Series: Treatment of Chronic Pain

Considering Clinical Strategies for Chronic Low Back Pain Yamada Katsuhiro 3

Sole to Scalp: New Approaches for Pain using Kiiko Matsumoto Style Grace Rollins 7

Using Tools Other than the Filiform Needle to Treat Chronic Pain Fukushima Tetsuya 10

The Incredible Powers of Albi Plaster Thomas Duckworth 11

E01 Suppurative Moxibustion Mizutani Junji 12

Contact Sparrow Pecking: Gentle Dispersion for Chronic Pain Mark Petruzzi 13

Pain Relief Though Ishizaka Ryu Acupuncture and Acid-Alkaline/Yin-Yang Food Therapy Kubota Naoki 14

Meridian Therapy for Chronic Symptoms and the Words of the Yellow Emperor Shinada Takashi 15

Root Treatment for Chronic Whole-Body Pain Furue Takashi 18

Ah – So You Experience Migraines? Pam Ferguson 20

Case Study: Ron With Stage-Four Cancer Mary Wallis 21

Chronic Pain as a Multidimensional Phenomenon Mahtab Bayat 22

Chronic Pain: Two Case Studies Ryu Ritsuko 23

Case Studies of Chronic Pain Takashima Masaaki 24

Moxibustion for Raynaud’s Disease and Drug Addiction Hata Minae 26

Dupuytren’s Contracture and the Treatment of Chronic Pain Takeda Hiroki, Eric Michaelsen 27

Breast Pain Takano Mika 28

Pain and Swelling of the Knee Joint Yokota Kampu 30

Breaking New Ground

Senseless – Part 1 Haki 32

Methods and Approaches

Yin Yang Taiji Acupuncture Yoshikawa Masako 34

Understanding Fukayakyu-Ho – Part 2 Felip Caudet 38

Introduction to Shakuju Therapy – Part 5 Takahashi Daiki 40

One-Handed Needle Loading: The Sarica Technique Sarica Cernohous 41

Meridian Sinew Treatments with Press Tack Needles Fujikawa Naotaka 42

Wuthering Heights: Two Women and Their Chronic Unrest Ton van Huffelen 44

Acupuncture Treatment of Edema after Breast Cancer Surgery Menjo Yuki 46

Functional Dyspepsia: A Case Study Seki Katsuyoshi 47

Seminars/Reports

Shakujyu Therapy Seminar in San Francisco Tasaka Saori 48

Book Review: The Butterfly Fauna of Sri Lanka Pamela Ferguson 51

New NAJOM members 17

Bulletin Board 52

Vol. 23, No.68 November, 2016 CONTENTS

Editorial Andrew Fitzcharles 2

Special Series: East Meets West

Western Science, Eastern Healing Miquel Masgrau 3

Eastern and Western Medicine: Separate But Equal Peter Eckman 5

Where We Are Going Is Where We Have Been K. B. Hegillman 6

Medical Models in Japanese Acupuncture Benjamin CW Chant 8

Inpatient Acupuncture: A Three-Month Trial C. L. Smith/M. Mulcahy 11

Working For California’s Largest Healthcare Provider Andrew Fitzcharles 14

Bringing Eastern and Western Medicine Together Tanaka Kiyoshi 16

One Doctor’s Experience: Isabelle Chen-Angliker MD Pamela Ferguson 17

A Neurosurgeon’s Integrated Method: PPS Nagata Hiroshi 19

M-Test: Using the Wisdom of Oriental Medicine Mukaino Yoshito 21

Treatment of Depression: A Comprehensive Approach Bart Walton 23

Treatment of MS with Acupuncture and Chiropractic Faruk Sahin 24

Thoughts on Acumoxa and Craniosacral Therapy Takashima Masaaki 26

Acupuncture and Moxibustion’s Effects on the Brain Reward System Fukuda F, Yano T, Kato B, Yoshimoto K 29

Effects of Light Stroking on Patient Strength and Endurance Shimizu M/ Morikita I 33

Methods and Approaches

Senseless – Part 2 Haki 35

Introduction to Shakuju Therapy – Part 6 Takahashi Daiki 38

Shakuju Therapy for Ailments Due to Stres Yamauchi H/Fujihara N 39

Seminars/Reports

Shonihari Seminar: Kuwahara Sensei in Portland Bob Quinn 43

Pain Treatment: KC Connover in Alaska Bob Quinn 44

Shudo-style Meridian Therapy: Murata Morihiro, Santa Fe Acazia Gilmore 45

Acupuncture Relief: Kumamoto Earthquake Rishin Matsumine 46

Sotai Summit: Boulder Joe Wollen 47

Volunteering in Nepal Osawa Yasunori 48

New NAJOM Members/Bulletin Board 50

Vol. 24, No.69 March, 2017 CONTENTS

Editorial Cheryl Coull 2

Tools of Our Trade

Thoughts on Tools and Chronic Lyme Disease Treatment Bob Quinn 3

The Tool Business Bob Quinn 4

What’s in the Storage Closet? Jeffrey Dann 4

Acupuncture and the Yari-ganna Plane Takahashi Hideo 6

Tools in the Healing Arts: A Silver Smith’s Perspective Mark Parzynski 8

An Introduction to Eleven Needles – Part 1 Ishihara Katsumi 10

Non-Insertion and Contact Needles Fukushima Tetsuya 17

Rediscovering Our Ancient Tools: The Dashin Oura Jikan 20

Overview of Shonihari and its Techniques Ino-ue E, Suzuki S, Yoneyama H, Ozaki T 23

The Teishin Funamizu Takahiro 27

My Gold Teishin Takashima Masa-aki 29

Meridian Ontake Warm Bamboo – Part 3 Oran Kivity 30

Ontake and Iron-Stick Moxibustion Honda Susumu 32

The Semiconductor Diode as a Healing Tool Cheryl Coull 34

Acupuncture Tools Hot List NAJOM Team 36

Methods and Approaches

Shakuju – Part 7 Takahashi Daiki 37

Moxibustion: An Amateur in Love Hagiwara Tomoko 38

Seminars/Reports

Moxafrica’s Japan Tour Merlin Young 40

Help Moxafrica Japan Tour – Acknowledgements Mizutani Junji 42

JAPAN 7 In-Touch E Murphy, C Coull 43

HIV Camp in Kenya Sakamitu Nobuo 44

Volunteering in Nepal Koyama Toshihiro 46

New NAJOM members 47

Bulletin Board 48

Japanese text 49

Vol. 24, No.70 July, 2017 CONTENTS

Editorial Cheryl Coull 2

A Tribute to Andrew Fitzcharles Stephen Brown, Tisha Mallon 3

The Body Holographic

As Above, So Below Bob Quinn 4

Abdominal Diagnosis in Acupuncture and Moxibustion Matsumoto Hiromi 6

Abdominal Diagnosis: Resolution of Toxic and Pathogenic Factors Oura Jikan 10

Practical Wan Huai (Wrist and Ankle Acupuncture) Therapy Fujikawa Naotaka 13

Hirata’s Hot-Needle Therapy Mizutani Junji 18

Using Holographic Mapping with Ontake Oran Kivity 20

Scalp Acupuncture and Simultaneous Extremity Movements Faruk Sahin 23

Oh Those Happy Feet! Pamela Ferguson 24

More Tools of Our Trade

An Introduction to Eleven Needles – Part 2 Ishihara Katsumi 25

Rediscovering Our Ancient Tools – Part 2 Oura Jikan 29

Methods and Approaches

Introduction to Shakuju Therapy – Part 8 Takahashi Daiki 32

Treatments for Psychosomatic Disorders Ikai Yoshio 35

A Review of 24 Long-Term Acupuncture Cases Yamauchi Hidemi, Kikuya Daisuke, Fujiwara Noriyuki 37

Seminars/Book Reviews

Moxafrica Goes to North Korea Ulick Burke 40

Okyu 2017 – Third International Seminar Felip Caudet 42

Dr Bear and the High Art of Gentle Bob Quinn 43

Shakuju Therapy with Kobayashi Shoji Sensei Karen Vartanian 44

Shakuju Therapy with Kobayashi Shoji Sensei Aaron Rubinstein 46

Miyawaki Kazuto Sensei in New Mexico Elena Giulini 47

Peter Deadman’s New Classic: Live Well Live Long Cheryl Coull 48

New NAJOM Members 48

Bulletin Board 17

Japanese text 49

Vol. 24, No.71 November, 2017 CONTENTS

Editorial Cheryl Coull 2

Palpation of the Vital Areas

Palpation in Japanese Acupuncture and Moxibustion – Part 1 Katai Shu-ichi 3

Touching is Believing Fukushima Tetsuya 7

Treatment by Palpation Mizutani Junji 10

Teishin and Palpation Techniques Funamizu Takahiro 12

Abdominal Examination: Qi, Blood, and Fluid Syndrome Differentiation Miyakawa Kouya 14

Touch is a Two-Way Exchange Bob Quinn 17

Daishi-style Shonishin Method – Part 1 Tatesaka Satoshi 18

The Meaning of Palpation in Japanese Acupuncture Oura Jikan 20

Palpating Qi that the Eyes Cannot See Iwashita Shumei 23

Palpation and Conscious Touching Takashima Masaaki 26

Secrets of the Back Shu Points that Align the Spine Suzuki Makiko 28

The Importance of Experience in Palpation Menjyo Yuki 31

Palpation and Meridian Therapy Shinada Takashi 32

Meeting Patients Where They Hurt Mariola Strahlberg 34

Experiments in the Conscious Projection of Qi Yamauchi Hidemi, Fujiwara Noriyuki 36

Tools of Our Trade

An Introduction to Eleven Needles — Part 3 Ishihara Katsumi 38

Rediscovering Our Ancient Tools – Part 3 Oura Jikan 42

Methods and Approaches

Can We Treat the Heart Channel? Jeffrey Dann 44

Introduction to Shakuju Therapy – Part 9 Takahashi Daiki 46

Treatment of Menopause Using the YNSA Z.S Point Faruk Sahin 48

Seminars/Reports

Moxafrica: What a Long Strange Trip It’s Been Merlin Young 49

Funamizu Takahiro Returns to California Uyen Duong 51

Advanced Shakuju Therapy With Takahashi Daiki Anna Smith 52

Bulletin Board 50

New NAJOM Members 53

Vol. 24, No.72 March, 2018 CONTENTS

Editorial Cheryl Coull 2

Letters 2

Difficult Cases

Apitherapy and Acupuncture Treatment of Multiple Carcinoma from Breast Cancer Ikai Yoshio 3

Treating Hand Numbness: A Chemotherapy Side Effect Tsuda Masaki 7

Healing as Nature Intends: Japanese Micro-bleeding Takahashi Hideo 10

A Case for Shiraku and Stubborn Chronic Pain Shannon King 11

A Case of Minimalistic Treatment Bob Quinn 12

Overcoming Infertility with Acupuncture Seki Katsuyoshi 14

Acupuncture Treatment of Cortical Blindness Faruk Sahin 15

Harmonizing the Elements Through Shiatsu and Movement Pamela Ferguson 16

Bilateral Idiopathic Neuropathy of the Feet Ran Kalif 19

Trigger Point Moxibustion Takano Mika 20

A Focus on Unclassified Ashi Points Fujikawa Naotaka 22

Beyond Western Medicine in Nicaragua Yamaki Michiko 23

Shudo-style Acupuncture and Moxibustion Murata Morihiro 26

A Medicine Reflecting the Land and its People – Part 1 Nakane Hajime 28

Conception Okyu Jess Birmingham 29

Palpation of the Vital Areas

Palpation in Japanese Acupuncture and Moxibustion – Part 2 Katai Shu-ichi 30

Fukushin: Abdominal Palpation in Kampo – Part 1 Nigel Dawes 34

Daishi-style Shonishin Method – Part 2 Tatesaka Satoshi 38

Breaking New Ground

Wisdom of the Classics 2018 with Masakazu Ikeda Alan Jansson 40

New Life for Miki Shima’s Somato-Auricular Therapy Jake Fratkin 42

Combining Old and New in the Clinic Tom Ingegno 45

Kyutoshin: Intradermal Needle Warming – Part 5 Aaron Rubinstein 46

Training Blind TJM Practitioners John Dixon 47

Seminars/Reports

Moxafrica 2018 Merlin Young 51

A Pediatric One-Two Punch in Portland Bob Quinn 52

Shakuju Therapy Seminar – Boston 2017 Suzahne Riendeau 53

Bulletin Board 25

New NAJOM Members 41

Vol. 25, No.73 July, 2018 CONTENTS

Editorial Cheryl Coull 2

Treating Patients with Cancer

An Ordinary Practitioner’s Moxibustion for Cancer Patients Fukushima Tetsuya 3

Thoughts about Treating Cancer Patients Mizutani Junji 5

Treating Cancer Patients in Shinkamigoto-cho Takashima Masa-aki 8

Moxa and Cancer: A Discussion Merlin Young 10

Treating Cancer: Who’s the Sensei? Jeffrey Dann 14

A Cautious Approach with Cancer Patients Bart Walton 16

What is of worth, is vulnerable Ton van Huffelen 17

A Practitioner’s Story of Recovery Ryu Ritsuko 19

Treatment of Cancer Menjyo Yuki 20

Treating Cancer with Acupuncture and Moxibustion Kokubo Junzo 22

Supportive Treatment of Cancer Mahtab Bayat 23

Methods and Approaches

Palpation in Japanese Acupuncture and Moxibustion – Part 3 Katai Shu-ichi 24

Fukushin: Abdominal Palpation in Kampo – Part 2 Nigel Dawes 28

Introduction to Shakuju Therapy – Part 10 Takahashi Daiki 31

Holistic Treatment of Autoimmune Diseases Faruk Şahin 32

A Medicine Reflecting the Land and its People – Part 2 Nakane Hajime 34

Let Yourself Be the Light Takamatsu Bunzo 36

Treating Trigger Finger with Moxibustion Onishi Mayu 37

Seminars/Reports

Moxafrica Update: North Korea March 2018 Ulick Burke 38

Moxa a Hit on Earth Day in Tokyo Yuki S Itaya 39

Springtime Shakuju Workshop – Berkeley, California Anna K Smith 40

Celebrating Japanese Styles in Oregon Bob Quinn 41

Shimamura and the Wisdom of Master Nagano Bob Quinn 42

Acupuncture in a Kenyan Farming Village Sakamitsu Nobuo 43

Spring in Portland with Anryu Iwashina –(Dr Bear) Daniel Silver 44

Bulletin Board 45

New NAJOM members 45

Japanese text 46

Vol. 25, No.74 November, 2018 CONTENTS

Editorial Cheryl Coull 2

Treating Cancer with Acupuncture Peter Eckman 3

The Mind-Body Connection

The Spirit-Body Connection – Part 1 Yamada Katsuhiro 5

Acupuncture and the Mind-Body Relationship Funamizu Takahiro 7

Conceptualization and Treatment of Depression and Depressive Symptoms – Part 1 Ishihara Katsumi 9

Depression and Pathogenic Qi Hideo Takahashi 12

Treatment Points for Mental Stress and Psychosomatic Issues Fukushima Tetsuya 14

East-West Mind-Body? Thoughts on Unitive Medicine Bob Quinn 16

Mind Only in Clinical Practice Faruk Sahin 18

Follow your bliss Ton van Huffelen /Mirjam van Huffelen 20

On Being Mindful, Practical, and Creative Pamela Ellen Ferguson 23

What Moxa Time Will Bring Out Takano Mika 24

What I Can Say For Sure Bunzo Takamatsu 27

An Interesting Psychosomatic Case Takashima Masa-aki 28

Mental Agitation: In-law Issues Menjyo Yuki 29

How to Treat the Abdomen Anatomically: Transcending Cultural Biases and Cultural Aesthetics Jeffrey Dann 30

Methods and Approaches

Fukaya Sensei and the Bent String Felip Caudet 32

An Unconventional Use for Jintan Pellets Yasushi Masato 34

Introduction to Tuning Fork Therapy Yamamoto Masumi 36

Intractable Chronic Angioedema: Two Cases Yaniv Richter 38

Back Pain Caused by Dysautonomia – Case Report Shinichi Tsuruta 39

Introduction to Shakuju Therapy – Part 11 Takahashi Daiki 40

Fukushin: Abdominal Palpation in Kampo – Part 3 Nigel Dawes 41

Seminars/Reports

Teishin Seminar with Funamizu Takahiro Mish Kakutani 44

Moxafrica: Fall 2018 Update Merlin Young 46

Sotai Summit II: A High Time in Colorado Bob Quinn 48

Hari-style Acupuncture in Texas Jon Dollar 49

Reflections on Thomas Sorensen’s Teishin Seminar Sasaki Hiroki 50

New NAJOM Members 50

Bulletin Board 51

Vol. 25, No.75 March, 2019 CONTENTS

Editorial Cheryl Coull 2

Congratulations on 25 Years Shudo Denmei 3

Shudo Sensei: With us from the Start Mizutani Junji 3

A Closer Look at the Skin

Reflections on Acupuncture and the Skin Stephen Birch 4

What the Body Surface Reveals – Part I Togasaki Masao 6

About Fingertip Sensation: Essential Skills for Mastery Matsubayashi Yasuko 8

The Skin Mechanism and Ion Pumping Cords – Part 1 Honda Susumu 10

Tohokai Contact Needling Based on Observation of the Skin Tsuda Masaki 12

Therapeutic Irritation of the Skin Hideo Takahashi 15

Cubital Skin Diagnosis Fukushima Tetsuya 17

The Fascia and Fukaya Felip Caudet 18

Ink Moxibustion Ikai Yoshio 20

The Skin is a Mirror Reflecting Health and Sickness Ran Kalif 22

Palpating the Skin Ryu Ritsuko 24

Moxibustion for Warts and Corns Takano Mika 26

Life Power’s Mirror Mary S Walls 27

The Mind-Body Connection

The Spirit-Body Connection – Part 2 Yamada Katsuhiro 28

Conceptualization and Treatment of Depression – Part 2 Ishihara Katsumi 30

Shao Yang Song of Fire and Wood Elad Itzhakov 33

Observing Emotions and the Body in Animals and Humans Suzuki Makiko 34

Acupuncture and the Mind-Body Connection John Dixon 37

Methods and Approaches

The Field Bob Quinn 39

Fukushin: Abdominal Palpation in Kampo – Part 4 Nigel Dawes 40

Kyutohinaishin: Intradermal Needle Warming – Part 6 Aaron Rubinstein 43

Introduction to Shakuju Therapy – Part 12 Takahashi Daiki 45

Back Treatment With Sanshin Contact Needling Masako Wada 46

Seminars/Reports

Moxafrica: Looking Back at 2018 and Forward to 2019 Merlin Young 48

Japan 9 Seminar 2018 – Tokyo and Utazu Judith Thompson 49

Kiiko Matsumoto Japan Study Seminar Grace Rollins 50

Ten Days in Japan with the High Desert Hari Society Claudia Sheils 51

Shudo-style Meridian Therapy with Murata and Brown KC Conover 53

Vol. 26, No.76 July, 2019 CONTENTS

Editorial Cheryl Coull 2

NAJOM’s Silver Celebration

A Gathering to Remember Erland Truitt 3

Stephen Birch: On the Essence of Toyohari David Harmon 5

Funamizu Takahiro: Acupuncture Jedi Daniel Silver 7

A Round-Robin Feast of Teachers and Styles Cheryl Coull 8

The Point is Not the Point Cheryl Coull 9

Junji Mizutani and the Art of Giving Elaine Murphy 10

It’s Time to Talk (About Sustainable Medicine) Merlin Young 11

Dementia, Memory Loss, and Depression

Dementia and the Effects of Brain Gu Cythia Quattro 12

Neuroscience and the Sea of Marrow Ashley Crutchfield 14

Preventing Dementia – My Solution Mizutani Junji 15

Engaging the Public in Dementia Prevention Fukushima Tetsuya 16

Treatment of Dementia with Moxa on GV-20 Ikai Yoshio 17

Acupuncture Treatment for Dementia Takashima Mas-aki 19

Acu-moxa for Patients with Dementia Menjyo Yuki 21

Maintaining Life’s Vitality Onishi Mayu 24

Treatment of Parkinson’s Disease without Drugs Faruk Sahin 26

Obscured by Clouds: The Alchemy of High and Low Yaniv Richter 28

Acupuncture for Depression Kokubo Junzo 31

A Closer Look at the Skin

The Skin Mechanism and Ion Pumping Cords – Part 2 Honda Susumu 32

What the Body Surface Reveals – Part 2 Togasaki Masao 35

Methods and Approaches

Thoughts on Sotai as Yin-Yang Medicine Bob Quinn 38

Sawada’s Genius: Sanjiao and the Autonomic Nervous System Mizutani Junji 39

Moxa and I: A Practitioner’s Approach Takano Mika 40

A Survey of Circuit-Based Inter-Organ Relationships and their Associated Channels

Philip Suger 41

Introduction to Shakuju Therapy – Part 13 Takahashi Daiki 44

Fukushin: Abdominal Palpation in Kampo – Part 5 Nigel Dawes 46

Heal Yourself with PNST: A Book Review Hosoyamada Noriko 49

Bulletin Board 50

Japanese Text 51

Vol. 26, No.77 November, 2019 CONTENTS

Editorial Cheryl Coull 2

Getting to Know Traditional Japanese Medicine

What is Japanese Acupuncture & Moxibustion? Mizutani Junji 3

The History of Acupuncture in Japan – Part 1 Ikai Yoshio 4

Origins of the Name Kampo Seino M, Tsurusaki T 7

Sugiyama-style Tube Insertion Oura Jikan 8

Constitutional Conditional Acupuncture Peter Eckman 12

Daishi-style Pediatric Acupuncture Tatesaka Satoshi 13

Dr Bear Style Acupuncture Iwashina Anryu 14

Fukayakyu Felip Caudet 15

Ishizaka Ryu Acupuncture Kubota Naoki 16

Kiiko Matsumoto Style Grace Rollins 17

Kototama Inochi Medicine Thomas E Duckworth 19

Why Was I Drawn to this Way of the Medicine? Thomas E Duckworth 20

Mizutani-Style Bamboo-Tube Moxibustion Mizutani Junji 21

Mukaino Method Itaya Yuki 22

Ontake Warm Bamboo Moxibustion Takano Mika 23

Takahiro Style Technique Funamizu Takahiro 25

Tohokai-Style Acupuncture and Moxibustion Tsuda M, Ogawa K 26

Toyohari Meridian Therapy Daniel Zizza 28

Yin Sotai Bob Quinn 29

Zen Shiatsu Pamela Ellen Ferguson 32

Methods and Approaches

Introduction to Shakuju Therapy – Part 14 Takahashi Daiki 34

Neurodegenerative Disease and the Role of Heavy Metals Faruk Şahin 35

Seminars/Reports

Moxafrica Update: Back in North Korea Merlin Young 37

Funamizu Takahiro’s Advanced Teishin Seminar Kiyoka Takayama 40

New NAJOM Members 11

Bulletin Board 41

Japanese text 42

Vol. 26, No.78 March 2020 CONTENTS

Editorial Cheryl Coull 2

Treatment of Diabetes (Metabolic Syndrome)

Acupuncture and Moxibustion for Diabetes Mellitus Kokubo Junzo 3

Diabetic Peripheral Neuropathy C. Leslie Smith 5

Traditional Approach to a Modern Disease Cynthia Quattro 7

Kampo for Cerebral Infarction in Diabetic Patient Ogawa Keiko 8

Special Points for Treating Diabetes Fukushima Tetsuya 10

Gleanings from Case Reports of Diabetic Patients Suzuki Ikuo, et al. 12

Efficacy of Hunger Point M18 for Weight Loss Menjo Yuki 14

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 2 Shimayama Naoko 15

Dashin: Tapping-Needle Techniqu Fujimoto Shinpū 17

Hokushinkai-style Acupuncture Fujimoto Shinpū 20

Kyutohinaishin: Intradermal Needle Warming Aaron Rubinstein 21

Sawada Style and Taikyoku Therapy Yamada Katsuhiro 22

About Shakuju Therapy Takahashi Daiki 23

Shudo-style Acpuncture and Moxibustion Murata Morihiro 24

E25 Systematic Meridian Therapy Thomas Sorensen 26

Tama Touch: Addressing the Extraordinary Meridians Mary Wallis 27

Methods and Approaches

PNST Pinpoint Treatment – Part 1 Nagata Hiroshi 29

PNST Thanksgiving with Dr Nagata Bob Quinn 31

Acumoxa Based on Sawada-style Taikyoku Therapy – Part 1 Yamada Katsuhiro 34

Perfect Clean Needle Technique Ikai Yoshio 37

Seminar Report

Moxafrica: The Last Decade Merlin Young 38

Yamamoto New Scalp Acupuncture: Tomita Yoshifumi Yasuo Tanaka 40

Sotai Intuitivo: Hiro Komatsu Bob Quinn 42

Koshi Balancing Method: Jeffrey Dann Jess Birmingham 43

All Roads Leads To Rome, But They Gather In Turin Marco Superbi 43

Teishin Techniques: Funamizu Takahiro – Japan 1 Isaac Mann-Silverman 44

Tohokai Contact Needling: Tsuda Masaki – Japan 10 Jeffrey Dann 45

Shudo-style: Murata Morihiro – Japan 10 Bhavna Dagia 46

The World Health Organization and Acupuncture Saito Munenori, et al. 48

New NAJOM Members 28

Bulletin Board 49

Japanese text 50

Vol. 27, No.79 July 2020 CONTENTS

Editorial Cheryl Coull 2

What the Coronavirus Is Teaching Us

Thoughts on Influenza Treatment: My Own Experience Mizutani Junji 3

A Systems Biology Approach to COVID-19 Yamaoka Denichiro 6

Comparing and Contrasting TB and SARS-Cov-2 Merlin Young 8

COVID-19: Traditional and Modern Medical Views Ishihara Katsumi 12

The Coronavirus and Acupuncture-Moxibustion Katai Shuichi 14

Acupuncture Treatment of Viral Diseases Faruk Sahin 15

Sleep Disturbances During the Pandemic Cynthia Quattro 17

Fighting COVID with Culinary Medicine CL Smith, T Arany, C Meyers 18

Bloodletting to Address Certain COVID-19 Symptoms Ikai Yoshio 20

My Coronavirus Protocols Murata Morihiro 21

Facing the Anxiety Prevalent with COVID-19 Komatsu Hiroaki 23

Transform Your Practice During a Pandemic Pamela E Ferguson 25

Thoughts from the Lockdown Oran Kivity 26

Dr Shi’s Self-Massage Bart Walton 27

Getting to Know Traditional Japanese Medicine

Shiraku Therapy: Its History and Modern Techniques Tomobe Kazuhiro 28

Shin So Shiatsu: Communicating with the Deeper Meridians Ted Thomas 31

The Roots of Shiatsu: Rediscovering Tamai Tenpeki Stephen Brown 32

Methods and Approaches

Acumoxa for Breech Presentation: A Review and Case Study Katai Shuichi 34

Hokushinkai-style Treatment of Acute Low-Back Pain Fujimoto Shinpu 38

Intractable Hiccups: A Case Study Seki Katsuyoshi 41

PNST Pin-Point Treatment – Part 2 Nagata Hiroshi 44

The Efficacy of PNST: Clinical Cases Raman Kapur 45

Acumoxa Based on Sawada-style Taikyoku Therapy – Part 2 Yamada Katsuhiro 48

Introduction to Shakuju Therapy – Part 15 Takahashi Daiki 50

Seminars/Reports

Oran Kivity’s new book: Moxa in Motion Bob Quinn 52

Kampo Seminar 1 in Australia Greg Scanlon 53

Bulletin Board 13

New NAJOM Members 37

Japanese Text 54

Vol. 27, No.80 November 2020 CONTENTS

Editorial Mizutani Junji 2

Facing Our Own Medical Challenges

Fall Down Seven Times. Get Up Eight. Jean Carr 3

The Zen of a Mastectomy Pamela E Ferguson 4

East Asian Medicine Changed My Life Ehrland Truitt 7

Lessons from a Difficult Case Funamizu Takahiro 8

Journey with a Cancer Patient Maeda Atsuki 9

A Compassionate Approach to Treating Cancer Patients John Dixon 11

Insights Obtained from Baffling Treatments Ishihara Katsumi 12

Treatment of Aging with Acupuncture and Moxibustion Menjyo Yuki 16

Introduction to Shakuju Therapy – Part 16 Takahashi Daiki 17

What the Coronavirus is Teaching Us

COVID-19 and Cross-Immunity in Japan Yasushi Masato 19

A Systems Biology Approach to COVID-19 – Part 2 Yamaoka Denichiro 21

Managing Stress, Insomnia, and Post-COVID Complications Raman Kapur 23

Host Immunity, Moxa, and Long COVID Merlin Young 24

COVID Updates from Around the World 26

Getting to Know Traditional Japanese Medicine

The Origin and Development of Danokyu Tanida Yasuhiro 31

Steps for Administering Danokyu Tanida Yasuhiro 32

A Seiki-Soho Introduction Bob Quinn 35

Tuning Fork Therapy East and West Yamamoto Masumi 36

The Roots of Shiatsu – Part 2 Stephen Brown 37

Methods and Approaches

Auricular Acupuncture Part 1: The Tumor Specific Area Fujikawa Naotaka 38

Acupuncture & Moxibustion: Sunlight Through the Trees Shudo Denmei 39

PNST Pin-Point Treatment – Part 3 Nagata Hiroshi 41

Treatment for Addison’s Disease Sawaguchi Hiroshi 42

Acupuncture Treatment for Atopic Dermatitis: A Case Study Yamada Tomoko 44

Two Case Studies Takashima Masa-Aki 45

Reports/Reviews

Clinical Handbook of Yamamoto New Scalp Acupuncture George Chachis 47

Moxafrica News Merlin Young 48

New NAJOM Members / Bulletin Board 49

Vol. 27, No.81 March 2020 CONTENTS

Editorial Cheryl Coull 2

In Memoriam

Peter Yates (1951-2020) N Dawes, T Ingegno, Mizutani J 3

Takano Mika (1965-2021) Hironaga Yumi 5

Yin and Yang: Modern Reflections

The Yinyang of It All Merlin Young 6

Yinyang Made Tangible Bob Quinn 10

The Three Circuits: The Missing Link in Channel Theory Philip Suger 12

Applying Yinyang in Daily Clinic Komatsu Hiroaki 15

Yin and Yang: My View Mizutani Junji 16

A Yinyang Perspective in Treatments Kobayashi Shoji 19

Yinyang Theory in Medicine, Physics, and Philosophy Faruk Şahin 22

Beyond Polarity: Yinyang as Unity Nini Melvin 23

Introduction to Shakuju Therapy – Part 17 Takahashi Daiki 24

PNST, Yinyang, and the ANS Raman Kapur, Sunita Kapur, Sahil Kapur 26

Lessons From Three Wise Men Kubota Naoki 27

Establishing an Appropriate Treatment Method Yamada Tomoko 28

Methods and Approaches

A Systems Biology Approach to COVID-19 – Part 3 Yamaoka Denichiro 29

An Urgent Proposal for Repelling the Coronavirus Nagata Hiroshi 30

COVID-19 on a Movie Set Charlie Newberry 32

Acupuncture & Moxibustion: Sunlight Through the Trees – Part 2 Shudo Denmei 33

Hirata Zones and the Ontake Method Oran Kivity 35

Two Moxibustion Tools Honda Susumu 38

Auricular Acupuncture – Part 2 Fujikawa Naotaka 40

Treatment for Low Back Pain Sawaguchi Hiroshi 41

PNST Pin-Point Treatment – Part 4 Nagata Hiroshi 42

Shakuju Treatment for Hemiplegic Patients Yamauchi H, Fujihara N 43

Getting to Know Traditional Japanese Medicine

Moxibustion in the Edo Period Ichikawa Toshio 45

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 3 Stephen Brown 47

Reports/Reviews

Fukushin and Kampo (a book by N Dawes) Peter Yates 50

New NAJOM Members 11

Bulletin Board 39

Vol. 27, No.82 July 2021 CONTENTS

Editorial Cheryl Coull 2

Transcending Boundaries: Body and Mind

Body-Mind: Two as One Nigel Dawes 3

The Body Itself is Our Path Bob Quinn 4

Palpating Kokoro Takahashi Hideo 6

Teishin Treatments for Mental Illnesses – Part 1 Funamizu Takahiro 8

Vision Training to Resolve Trauma Komotau Hiroaki 10

Treating Qi Stagnation and the Governor Vessel Fukushima Tetsuya 12

Treating the Breastbone to Calm the Mind Cynthia Quattro 14

The Use of Xu Li in Psychological Treatment Ivan Bel 15

Stress: The New Normal Pamela Ferguson 16

Experiencing Formlessness Martin Hermann 18

Kampo and Acupuncture for Premenstrual Tongue Pain with Stress and Liver Qi Stagnation Yamada (Fukazawa) Tomoko 21

The Power of Hyakue (GV-20 Bai Hui) Ikai Yoshio 23

Shiatsu and Dementia: A Research Project in Austria Andrew Couse 24

Moxibustion for the ANS Menjo Yuki 25

Coronavirus Updates

Making Sense of a Vaccine’s Side Effects Luca Pella 26

Coronavirus Updates: Japan, Canada, Australia H Susumu, Kakutani M, Asahara Yoshie 28

Methods and Approaches

PNST Pin-Point Treatment – Part 5 Nagata Hiroshi 30

Sunlight Through the Trees – Part 3 Shudo Denmei 32

Introduction to Shakuju Therapy – Part 18 Takahashi Daiki 36

Auricular Acupuncture – Part 3 Fujikawa Naotaka 38

How to Make Shi-unko Mizutani Junji 40

Holistic Integrative Treatment of Fibromyalgia Faruk Şahin 41

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 3 Shimayama Naoko 43

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 4 Stephen Brown 46

Book Reviews

Oran Kivity and the Lost Art of Dermatome Moxibustion Brenda Loew 48

Tamsin Grainger’s Manifesto on Shiatsu and Palliative Care Cheryl Coull 49

Celebrating Duckworth’s Inochi Energy Medicine J Hackler, M Wallis, T Hall 50

NAJOM New members/Bulletin Board 49

Vol. 27, No.83 November 2021 CONTENTS

Editorial  Cheryl Coull and Mizutani Junji 2  
Letters to the editor 2  
**Navigating the Immune System**  
Regulating Immunity with Acupuncture and Moxibustion Tsukamoto Noriyuki 3  
Building Resistance in the Pandemic Era Robert Hayden 5  
Life-Nourishing Moxa: Continuity Confers Strength Fukushima Tetsuya 7  
Traditional Methods of Strengthening Immunity  Kubota Naoki 9  
Random Thoughts on Immunity Mizutani Junji 10  
IBS and the Brain-Gut Axis Menjo Yuki 12  
Safeguarding the Immune System  Thomas Duckworth 13  
Supporting the Immune System Pamela E Ferguson 14  
Treatment of Myasthenia Gravis Martin Hermann 15  
Sjogren’s Syndrome and Sotai Komatsu Hiroaki 18  
Juvenile Rheumatoid Arthritis: A Case Study Faruk Şahin 20  
Spring Allergies: Wind-warm Pathogen Yamada F Tomoko 21  
Ancient Therapy with a New Tool: The N-kyu Moxa Pen  Nakamura Tatsuzo 22  
Postherpetic Neuralgia Treatment with Electronic Moxibustion Fujikawa Naotaka 24  
Long COVID and the Hundred-Day Moxa Challenge Merlin Young 25  
Long Covid Treatment Strategies Yamaoka Denichiro 28  
A European Delta Variant Travelogue Bob Quinn 30  
**Methods and Approaches**  
Treatment for the Heart: Takahiro-style Technique Funamizu Takahiro 32  
Acupuncture & Moxibustion: Sunlight Through the Trees – Part 4 Shudo Denmei 34  
PNST Pin-Point Treatment – Part 6 Treatment of Lumbar Stenosis Nagata Hiroshi 36  
Introduction to Shakuju Therapy – Part 19 Incipient Diseases Takahashi Daiki 38  
The Legacy of Mika Takano – A Posthumous Review of Her Work Oran Kivity 39  
An Exploration of the Naso Area Amichay Saller-Fischbach 42  
New NAJOM Members 45  
**Getting to Know Traditional Japanese Medicine**  
History of Acupuncture in Japan – Part 4 The Early Edo Period Kahata Satoko 46  
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 5 Stephen Brown 48  
Bulletin Board 49

Vol. 28, No.84 March 2022 CONTENTS

Editorial Cheryl Coull 2

Home Treatments that Work

Lessons from the Yojokun Eric Michaelsen 3

Believing in the Power to Heal Katai Shu-ichi 5

Patient Homework – A Pillar in Treatment Martin Hermann 6

Wearing Masks and the Pitfalls of Mouth Breathing Komatsu Hiroaki 8

What I Recommend to My Patients Mizutani Junji 10

Health Restoration is a Participatory Activity Thomas Duckworth 12

Clients’ Self-Help Strategies Pamela Ferguson 14

Acupuncture and Self-Care for Type 2 Diabetes Bart Walton 15

Home Treatment for Glaucoma Ton Van Huffelin 16

Three-Needle Method and Exercises for Frequent Urination Ikai Yoshio 18

Home Moxibustion for Alveolar Pyorrhea Fujikawa Naotaka 19

New NAJOM Members 19

Home Moxibustion for Stomach Pain: A Case Study Tanida Yasuhiro 20

Dietary Regimen to Increase Acu-Moxa Effects Menjo Yuki 21

Acupuncture, Moxibustion and Self-Care for Menstrual Pain Takahashi Masako 22

The 100-Day Homework Challenge for Long COVID Merlin Young 24

Methods and Approaches

Sunlight Through the Trees – Part 5 Shudo Denmei 26

Beth Hazzard on Pauline Sasaki and Quantum Shiatsu Bob Quinn 30

Saam Acupuncture and its Relation to Channel Theory Philip Suger 34

Systems Biology Approach to COVID-19 – Part 4 Yamaoka Denichiro 36

Bulletin Board 38

PNST Pin-Point Treatment – Part 7 Nagata Hiroshi 39

Introduction to Shakuju Therapy – Part 20 Takahashi Daiki 40

Auricular Acupuncture – Part 4 Fujikawa Naotaka 43

Holistic Treatment for Migraine Faruk Şahin 44

Observations of the Body Surface Kobayashi Shoji 46

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 5 Kahata Satoko 48

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 6 Stephen Brown 50

Vol. 28, No.85 July 2022 CONTENTS

Editorial: Movement is Life Cheryl Coull 2

The Musculoskeletal System

Moxa, Muscles and More Than You Thought Felip Caudet 3

TMJ Treated with Acupuncture, Shiatsu and Kampo Nigel Dawes 5

Easing Forward with Sotai Jeffrey Dann 9

Further Reflections on Yin Sotai Bob Quinn 11

The Lumpy Abdomen and Low Back Pain Takahashi Hideo 13

Treating the Heads of Babies and Children Komatsu Hiroaki 15

Diffuse Moxibustion for Areas of Muscle Tension Fukushima Tetsuya 17

Moxa Massage Mizutani Junji 18

Sinew Channels for Musculoskeletal Complaints Shinohara Shoji 20

Oh Those Muscles and Bones! Pamela Ferguson 23

Holistic Treatment of Ankylosing Spondylitis Faruk Şahin 24

Tendinomuscular Medicine and Martial Arts Honda Susumu 26

Introduction to Shakuju Therapy – Part 21 Takahashi Daiki 28

Methods and Approaches

My Apprenticeship Carol Weingarten 30

Sunlight Through the Trees – Part 6 Shudo Denmei 32

Treatment for Irregular Menstruation Takahashi Masako 34

The 100-Day Long Covid Challenge Continues Merlin Young 36

The Sei-ki Manifesto: Touch Revolution Alice Whieldon 38

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 6 Togo Toshihiro 38

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 7 Stephen Brown 41

World’s Oldest Meridian Model Ikai Yoshio 44

Reports/Reviews

Oran Kivity Presents Ontake Moxa for Meridian Therapists Daniel Zizza 45

Hari-Style Acupuncture with Dr Ehrland Truitt Kimberly Maloney 46

Kampo Treatment of Fluid Disorders with Nigel Dawes Charlie Newberry 47

Book Review: The Essence of Japanese Acupuncture Cheryl Coull 48

New NAJOM Members 43

Bulletin Board 46

Vol. 28, No.86 November 2022 CONTENTS

Editorial Cheryl Coull 2

Observations of a Master at Work

From Conversations at a Tavern Katai Shu-ichi 3

Many of My Wonderful Teachers are Women Pamela Ferguson 5

A Once in a Lifetime Encounter Stephen Brown 6

In Memoriam: Kobayashi Shoji (1942-2022) Tisha Mallon 7

My Teacher: Kobayashi Shoji Sensei Hara Osamu 8

On Yi and Imitating the Master (Shakuji Series – Part 22) Takahashi Daiki 9

Passing the Torch: Kuon Dowon (1921-2022) Peter Eckman 10

What I Learned From My Teachers Yamada Katsuhiro 14

Stephen Birch: One of Acupuncture’s Brightest Lights Oran Kivity 16

On Masters and the Mastery of Acupuncture Ton van Huffelen 17

When the Need is Great, the Master Appears Bob Quinn 18

Teachers on My Uncharted Course Nigel Dawes 20

The Craftsmanship of Moxibustion Fukushima Tetsuya 23

A Modern Master of Fukayakyu: Fukushima Tetsuya Felip Caudet 25

A Unique Involvement with a Master at Work: A Timeline Thomas Duckworth 26

Memories of My Three Masters Kubota Naoki 27

My Hokushin-kai Teacher: Mr Fujimoto Renpu Okumura Yuichi 29

In Memoriam: Anryu Iwashina (Dr Bear) (1950-2022) Wada Masako 30

Methods and Approaches

Sunlight Through the Trees – Part 7 Shudo Denmei 31

Sinew Channel Treatment Teshima T, Shinohara S 33

PNST Pin-Point Treatment – Part 8 Nagata Hiroshi 36

Treating the Heads of Babies and Children – Part 2 Komatsu Hiroaki 38

Acupuncture and Moxibustion for Menopause Symptoms Takahashi Masako 40

Obstetric Moxibustion Treatments Tagawa Kenichi 42

Insomnia Treatment: The Overtone Resonance Pillow Yasushi Masato 44

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 7 Togo Toshihiro 46

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 8 Stephen Brown 48

Reports

Moxafrica’s 100-Day Challenge Closes with Some Results Young, Craig, Itaya 50

Acupuncture and Osteopathic Manipulation with Dann and Petruzzi S E Rivkin 53

Bulletin Board/New Members 54

Vol. 29, No.87 March 2023 CONTENTS

Editorial Cheryl Coull 2

Down the Rabbit Hole

Tradition and Innovation in Contemporary Acupuncture Jeffrey Dann and Mark Petruzzi 3

Secrets of Acumoxa Shudo Denmei 4

Objectivity in Meridian Therapy – Part 1 Nakano Masanori and Miyawaki Yuki 6

My Long Journey Nagata Hiroshi 8

Keep Following the Thread Ehrland Truitt 10

Through a Child’s Eyes Komatsu Hiroaki 12

Down the Rabbit Hole with the Teishin Bob Quinn 14

The True Value of Dashin Takahashi Hideo 16

Monologue of a Moxa Fool Mizutani Junji 18

Pair Up! Stretch, Move! Pamela Ellen Ferguson 19

Introduction to Shakuju Therapy – Part 23 Takahashi Daiki 20

My Shiraku Path Tomobe Kazuhiro 22

Tuning Fork Therapy Elevates Acupuncture Yamamoto Masumi 24

Observations of a Master at Work

Learning Acupuncture – My Path with Many Senseis Mizutani Junji 26

Divine Teachers: Yanagishita Toshio Sensei, Stephen Birch Brenda Loew 28

A World Just for Children: My Work with Shuto Junko Sensei Ishizuka Kota 30

Methods and Approaches

Treatment of Carpal Tunnel Syndrome PNST – Part 9 Nagata Hiroshi 32

Treatment of Post-Stroke Aphasia Faruk Şahin 34

Acupuncture for Speech/Language Disorders and Dysphagia Ikai Yoshio 36

Treating Infertility with Acupuncture and Moxibustion Takahashi Masako 38

Shiatsu-ho and Tamai Tenpeki – Part 9 Stephen Brown 40

Seminars/Reports

In Memoriam: Fukushima Tetsuya and Ishihara Katsumi Mizutani Junji 43

Moxafrica is Back in South Africa Yuki S Itaya 44

Final Results of the 100-Day Moxa Challenge (Long COVID) Merlin Young 46

Insights into Shiraku (Bloodletting) with Ehrland Truitt Gary Klepper 47

Bulletin Board 33

New NAJOM Members 33

Vol. 30, No.88 July 2023 CONTENTS

Editorial Cheryl Coull 2

Surprising Cases

Our Surprising Case Study Merlin Young 3

Secrets of Acumoxa Treatment – Part 2 Shudo Denmei 5

Intraorbital Acupuncture Technique Ikai Yoshio 7

A Smile for Children: New Shonishin Trauma Protocol Thomas Wernicke 9

Objectivity in Meridian Therapy – Part 2 Nakano M, Miyawaki Y 12

Tourette Syndrome Treatment with PNST and Acupuncture Raman Kapur 14

Anogenital and Groin Pain Syndrome PNST – Part 10 Nagata Hiroshi 16

Shudo-style Treatment for Post Covid-19 Syndrome Murata Morihiro 18

Shoulder Pain and Leg Pain Mizutani Junji 20

Self-Acupuncture: One Success, One Failure Takahashi Masako 23

Posture Balance with Kinseikyu Moxibustion Felip Caudet 24

Acumoxa Treatment for Ramsay Hunt Syndrome Ryu Ritsuko 26

Introduction to Shakuju Therapy – Part 24 Takahashi Daiki 28

Case Study Mosaic Pamela Ferguson 30

Drug Interference in YNSA Treatment of Post-Stroke Patients Faruk Sahin 32

Sotai for Covid-Related Shoulder Issues Komatsu Hiroaki 34

Methods and Approaches

The Emerging Field of Cosmetic Acupuncture Kitagawa T, M McGivern 36

Getting to Know Traditional Japanese Medicine

Acupuncture and Moxibustion in Japan – Part 7: After World War Two Togo Toshihiro

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 10 Stephen Brown 39

Seminars/Reviews

Japanese Abdominal Treatment with Takahashi Hideo Sara Bergman 42

Farewell Workshop with T Koei Kuwahara Sensei Gretchen Lorenson 43

Z’ev Rosenberg’s New Book: Ministerial Fire and Chinese Ecological Medicine. John Kokko 45

Bulletin Board and New NAJOM Members 31

**Vol. 30, No.89 November 2023 CONTENT**

**The Teishin Revolution**

Editorial Jeffrey Dann, Bob Quinn 2

Why I Got Hooked on the Teishin Funamizu Takahiro 3

Teishin-Do: The Way of Teishin Bob Quinn, Sze Kai Paau 5

TeishinÅfs Effect on the Vagal Nervous System Jeffrey Dann 8

Non-penetrating Acupuncture Does Work – Part 1 Matsuda Hirokimi 10

A Teishin Approach to Meridian Therapy Thomas Sorenson 12

A Modular Methodology for Using the Teishin Daniel Silver 13

Bringing Teishin to Stony Brook ChildrenÅfs Hospital Mark Petruzzi 14

The Dr Bear Teishin Technique Iwashina Tamori 16

Introduction to Shakuju Therapy – Part 25 The Teishin Takahashi Daiki 18

Teishin Acupuncture and New Dermatome Model for Menstrual Pain Takahashi Masako 20

Kodaishin: Modern Use of an Ancient Needle Morioka K, Fujimoto S 22

One Lesson From a Remarkable Teishin Gary Klepper 25

Simple Teishin Method Iwashita Shumei 26

Teishin Tapping Ikai Yoshio 27

Teishin Case Study: Night Terrors Lauren Haythe 28

The Teishin: My Magic Wand Mitchell Wolf 30

A UserÅfs Guide to the Teishin and Enshin by Bob Quinn Oran Kivity 31

**Methods and Approaches**

Miscellaneous Notes of Personal Experience Shudo Denmei 33

Sotai Series: Recreating Keizo HashimotoÅfs Practice – Part 1 Komatsu Hiroaki 35

A Patient Surprised by Treatment Results Katai Shuichi 38

PNST Pin-Point Treatment – Part 11 Frozen Shoulder Nagata Hiroshi 41

Acupuncture Treatment for Chronic Kidney Disease Faruk Sahin 42

Getting to Know Traditional Japanese Medicine

Acupuncture and Moxibustion in Japan – Part 9 Conclusion Togo Toshihiro 42

**Seminars/Reports**

Bamboo-Tube Moxibustion with Mizutani Junji Susan Manongi 45

Correction Notices 45

Going Deeper with J Dann and M Petruzzi Rande Lucas 46

In Memoriam: Vincent Folcke Yan Manh 46

New NAJOM Members 46