

Vol. 1, No. 1 July 1994 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Junji Mizutani	3
Dr. Manaka's Yin-Yang Balancing Treatment	Stephen Birch	4
Encounters with Ki	Mark Drue	9
Self -care: Creating Our Own Health	Koji Ichihashi	10
Practical Moxibustion Therapy	Junji Mizutani	14
Now, at Last, it's Happening	Ted Saito	19
Self Introduction and Comments	Membership	19
Situation in Vancouver B.C.	Hideo Takahashi	28
Final Word	Stephen Brown	29
Japanese Text		31

Vol. 2, No. 2 November 1994 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Daniel Bensky	3
Letter to the Editor	David Arscott	4
Japanese and Chinese Acupuncture	Yoshio Manaka	5
Encounters with Ki (part 2)	Mark Drue	
Acupuncture and Moxibustion in Japan	Hiromi Matsumoto	11
The Japanese Approach	Daniel Kenner	
Japanese Acupuncture: How and Why	Augusto Romano	19
Practical Moxibustion Therapy (part 2)	Junji Mizutani	22
The Insertion Tube	Hideo Takahashi	24
On Sotai	Bunzo Takamatsu	26

California Report	Keiko Ishikawa	28
Bulletin Board	Members	29
A Final Word	Stephen Brown	31
Japanese Text		32

Vol. 2, No. 3 March 1995 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Mark D. Seem	3
Dr. Manaka's Yin-Yang Balancing Treatment (part 2)	Stephen Birch	4
Encounters with Ki (part 3)	Mark Drew7	
Acupuncture and Moxibustion in Japan (part 2)	Hiromi Matsumoto	8
My Favourite Points for Migraine	Akio Oiso	14
Female Patients and Acupuncture	Junzo Kokubo	15
Dr. Nagayama's Tokki Points and Measurements with the Pressure Pain Meter		Richard
Kitaeff	17	
Between East & West	Akira Imai	20
Shiatsu & Meridian	Tetsuro Saito	22
Active Participation Technique by Patient	Kazu Kamiya	24
Practical Moxibustion Therapy (part 3)	Junji Mizutani	26
Illness Whispers Its Presence	Masamichi Shibata	30
Shudo Sensei at the Atlantic Symposium	Stephen Brown	32
A Report on Japanese Acupuncture in the Northeast U.S.	Martin Feldman	34
Introduction of New Members		35
Bulletin Board	Members	36
A Final Word	Hideo Takahashi	37

Japanese Text	39
---------------	----

Vol. 2, No.4 July 1995 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Richard Kitaeff	4
Dr. Manaka's Yin-Yang Balancing Treatment (part 3)	Stephen Birch	5
Encounters with Ki (part 4)	Mark Dreu	8
Abdominal Diagnosis and Its Practice	Ken Fujihira	9
Using the Hara	David Fuselier	14
Practical Moxibustion Therapy (part 4)	Junji Mizutani	18
Drawing Ki to The Side	Hideo Takahashi	21
Basic Needling Techniques	Koryo Nakada	24
Sushi Verses Stir-fry	Jake Fratkin	27
A Report from Washington State	Kay Lamos	30
Bulletin Board	Members	32
A Final Word	Stephen Brown	32
Japanese Text		34

Vol. 2, No.5 November 1995 CONTENTS

Contributors		3
Looking Forward	Miki Shima	4
Jingei Pulse Diagnosis and Treatment Today	Hiromi Matsumoto	5
Acupuncture and Treatment of Old Scars	Kiiko Matsumoto	14
Encounters with Ki (part 5)	Mark Dreu	19
Thoughts on Pulse Diagnosis	Daniel Bensky	20

The Value of Pulse Diagnosis	Martin Feldman	21
If You Don't Try to Fix it, it Fixes Itself	Koei Kuwahara	22
Zen Shiatsu for The Jet Age	Pamela Ferguson	26
Acupuncture and Computer-Related Problems	Junzo Kokubo	27
Practical Moxibustion Therapy (part 5)	Junji Mizutani	29
A Report from Ontario	Nancy van der Poorten	33
A Visit by Dr. Iriye to Toronto	Nancy van der Poorten	35
Introduction of New Members		36
Bulletin Board	Members	37
Book Reviews	Staff	38
A Final Word	Stephen Brown	39
Letters to the Editor	Members40	
Japanese Text		41

Vol. 3, No.6 March 1996 CONTENTS

Mission Statement	Editorial Staff	2
Contributors		3
Looking Forward	Jim Blair	4
Comparison of TCM and Meridian Therapy	Takayoshi Ogawa	6
Taikyoku Therapy	Edward Obaidey	12
Living Acupuncture Point-Effective Point Location	Denmei Shudo	15
Touchpoint	Mark Seem	20
Study of Indurations	Sodo Okabe	27
Drawing Ki to the side (2)	Hideo Takahashi	31
Practical Moxibustion Therapy (6)	Junji Mizutani	34

Apipuncture and Propolis(Sun-Bee-21)	Yasuo Ishida	38
A Report from Texas	Dee Ann Newbold	39
Introduction of New Members		40
Bulletin Board	Members	41
A Final Word	Stephen Brown	42
Japanese Text		43

Vol. 3, No7 July 1996 CONTENTS

Mission Statement	Editorial Staff	2
Contributors		3
Looking Foreward	Junko Ida	3
Ben and Biao	Hiromi Matsumoto	5
Root and Branch: Clinical Applications	Jake Paul Fratkin	9
A Case Study	Robert Hayden	14
Surface and Root of Shiatsu Therapy	Nancy van der Poorten	15
Root Treatment and Local Treatment	Valerie Courville	17
Treatment of Cervical Syndrome	Denmei Shudo	21
Practical Moxibustion Therapy(7)	Junji Mizutani	25
Creative Healing Strategy	Tsukasa Miyaji	29
Workshop with Takayoshi Ogawa	Hideo Takahashi	30
Workshop with Kazushi Nishijo	Tim Tanaka	31
Introduction of New Members		34
Bulletin Board	Members	34
A Final Word	Stephen Brown	35
Japanese Text		38

Vol. 3, No. 8 November 1996 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Dan Kenner	3
Prof. Nishijo's Research	Tim Hideaki Tanaka	6
Ryodoraku: Autonomic Nervous System Regulation Therapy	Greg Scanlon	11
A Laughing Doctor	Bunzo Takamatsu	17
Acupuncture Research and Treatment in the Work of Dr. Hiroshi Motoyama	Richard Kitaef	18
Denmei Shudo's Workshop	Jake Paul Fratkin	21
An Introduction to AMMA Therapy	Faye Schenkman	26
The Originality of Shiatsu Therapy	Junji Kanai	29
The Science of Shiatsu	Nancy van der Poorten	31
Practical Moxibustion Therapy (8)	Junji Mizutani	33
Two Day Workshop With Shudo Sensei	Shinjiro Kanazawa	36
Masakazu Ikeda Seminar in Australia	Steve Anderson	38
Introduction of New Members		39
Bulletin Board	Members	41
A Final Word	Stephen Brown	42
Japanese Text		43

Vol.4, No.9 March 1997 CONTENTS

Mission Statement	Editorial Staff	2
Katakoru - A Japanese Complaint?	Hiromi Matsumoto	4
Treatment of Facial Paralysis	Masakazu Ikeda	7
A Case Study of Pediatric Acupuncture	Noriko Nagato	9

Alternative Approach to Detoxification and Treatment	Louise C. Demorest	11
An Introduction to the Okazaki School	Douglas C. Kiehl	14
Ishizaka Style Acupuncture	Naoki Kubota	17
A Day in Osaka	Robert Hayden	18
Letters to the Editor	Members	20
The Taishihari Acupuncture Clinic	Hideo Takahashi	21
Shiatsu and the Application of Essential Oils	Keisuke Imamura	25
Abdominal Two Hand Manipulation Technique of Shiatsu	Kazunobu Kamiya	26
Practical Moxibustion Therapy (9)	Junji Mizutani	27
Japanese Healing Strategy	Tsukasa Miyaji	31
Report on Toyohari Seminar in New Haven	Didi Pershouse	33
Introduction of New Members		36
Bulletin Board	Members	37
A Final Word	Stephen Brown	38
Japanese Text		40

Vol.4, No.10 July 1997 CONTENTS

Mission Statement	Editorial Staff	2
Forming a Prognosis	Stephen Birch	4
My Experience Treating HIV/AIDS	Martin Feldman	9
A Stroll Through Kampo History	Shinjiro Kanazawa	13
Point Selection for Root Treatment	Masakazu Ikeda	16
Introduction to Seitai Shinpo	Taichi Sorimachi	21
Improving your Acupuncture	Masanori Tanioka	23
Case Studies of Fibromyalgia	Noriko Nagato	26

Healing in the Fire of Moxa	Jake Fratkin	31
Women's Stories with Japanese Acupuncture	Augusto Romano	35
Practical Moxibustion Therapy (10)	Junji Mizutani	37
Miyawaki Workshop in Seattle	Robert Hayden	40
Extraordinary Vassels Workshop in Seattle	Masamichi Shibata	41
A Report from Vermont and New Hampsher	Didi Pershouse	42
Book Reviews	Staff	43
Introduction of New Members		44
Bulletin Board	Members	45
A Final Word	Stephen Brown	46
Japanese Text		49

Vol.4, No.11 November 1997 CONTENTS

Mission Statement	Editorial Staff	2
Looking Forward	Denmei Shudo	4
Acupuncture Treatment for Gojyukata	Hiromi Matsumoto	5
Simplifying Your Practice	Didi Pershouse	8
Point Selection for Branch Treatment	Masakazu Ikeda	12
A Stroll Through Kampo History (2)	Shinjiro Kanazawa	16
Pregnancy-A Guide for Acupuncture	Edward Obaidey	19
Ishizaka Style Acupuncture-Standard Procedure	N. & E. Kubota	25
Complex Regional Pain Syndrome #1	Cameron Bishop	28
Moxibustion Treatment for the Foot	Junzo Kokubo	30
CV12 and Saika Tanden	Hideo Takahashi	32
Rhythm	Tsukasa Miyaji	34

Practical Moxibustion Therapy (11)	Junji Mizutani	35
Introduction of New Members		38
Bulletin Board	Members	39
Letter to the Editor	Members	39
A Final Word	Junji Mizutani	41
Japanese Text		42

Vol.5, No.12 March 1998 CONTENTS

Mission Statement		2
Editorial	Hideo Takahashi	2
Acupuncture Treatment for Gojyukata (Frozen Shoulder) Part 2	Hiromi Matsumoto	3
An Acupuncture System with Wide Application	Toshio Yanagishita	6
Treating Chronic Headaches with Meridian Therapy	Robert Hayden	7
Acupunture Treatment for Mental and Emotional Problems	Noriko Nagato	10
The Road to My Own Practice	Morihiro Murata	12
Meridian Symptomology	Jake Paul Fratkin	14
Natural Treatment of Infections	Dan Kenner	18
The Lure of the Mainstream	Didi Pershouse	20
A Stroll through Kanpo History Part 3	Shinjiro Kanazawa	25
CV12 and Saika Tanden Part 2	Hideo Takahashi	26
Practical Moxibustion Therapy Part 12	Junji Mizutani	28
"No" Shiatsu	Junji Mizutani	31
About the Cover		24
Introduction of New Members		30
Japanese Text		32

Vol.5, No.13 July 1998 CONTENTS

Acupuncture for Whiplash Syndrome	Hiromi Matsumoto	3
What is the Sawada Style Taiji Method	Fumihiko Shirota	7
Introduction to Traditional Japanese Acupuncture (Meridian Therapy)	Somei Okabe	9
Learning from Bovine Moxibustion	Bunzo Takematsu	14
Thoughts on Moxibustion Therapy	Masanori Tanioka	16
Regarding Knee Pain and Moxibustion	Yasuyuki Mishima	18
Moxibustion Case Studies	Peter Yates	20
A Stroll through Kampo History (Part 4)	Shinjiro Kanazawa	21
Practical Moxibustion Therapy (13)	Junji Mizutani	23
Denmei Shudo's Seminar in Hawaii	Kabba Anand	26
Denmei Shudo's Treatment of Psychological Problems	Stephen Brown & Robert Hayden	29
Book Review	Chieko Maekawa	30
Report from Down Under	Paul Movsessian	31
About the Traditional Japanese Acupuncture Association	Eiki Kaneko	33
Introduction of New Members		35
Japanese text		36

Vol.5, No.14 November 1998 CONTENTS

Introduction to Meridian Therapy (Part 2)	Somei Okabe	2
Getting Fired Up by Moxa	Brad Thompson	6
The Current Situation and Future Direction of Japanese Acupuncture	Takayoshi Ogawa	7
Acupuncture in Gynecology Disorders	Misaki Endo	11
Eastern & Western Medicine: Complementary Approaches	Erin Ellison & Michael Menard	14

The Story of an Acupuncture Needle Manufacturer	Naonori Maeda	16
On Self Study	Robert Hayden	18
A Stroll in Kanpo History (Part 5)	Shinjiro Kanazawa	19
Scientific Research on Shiatsu	Matsuko Namikoshi	21
The Function of Ventilation and Whole Body Shiatsu--Using Vital Capacity as a Guideline		
	Toshiyuki Otsuka	21
Experimenting with the Dashin Technique	Hideo Takahashi	22
Practical Moxibustion Therapy (Part 14)	Junji Mizutani	24
Koei Kuwahara's Workshop on Pediatric Shonishin	Jake Paul Fratkin	27
Book Review	Peter Canakis	28
Introduction of New Members		29
Japanese Text		30

Vol.6, No.15 March 1999 CONTENTS

Introductuion to Meridian Therapy III	Somei Okabe	3
Repor	Hiroshi Nakazawa	7
The Current Situation and Future Direction of Japanese Acupuncture II	Takayoshi Ogawa	8
Keiraku Chiryo - Japanese Meridian Therapy	Stephen Birch	13
Treatment of "Fifty-year Shoulder" (Frozen Shoulder)	Masakazu Ikeda	16
Using Muscle Testing in Meridian Therapy	Jake Paul Fratkin	19
Lower Back Pain	Hiromi Matsumoto	21
Outdoor Shiatsu	Matsuko Namikoshi	
The Effects of Shiatsu on the Autonomic Nervous System	Kazuo Kokubo	27
A Stroll Through Kampo History (6)	Shinjiro Kanazawa	29
The story of an Acupuncture Needle Manufacturer	Naonori Maeda	30

Practical Moxibustion (15)	Junji Mizutani	32
Book Reviews	Robert Hayden & Joshua Lerner	34•35
Local Report	Malcolm Reeve	35
Introduction of New Members		36
Japanese Text		37

Vol.6, No.16 July 1999 CONTENT

Acupuncture Treatment for Low Back and Leg Pain	Hiromi Matsumoto	2
Japanese Pediatric Acupuncture--Shonishin: A Case Study	Stephen Birch	9
The Current Situation and Future Direction of Japanese Acupuncture (Part 3)		Takayoshi
Ogawa	12	
Letter to the Editor	Yasuo Ishida	15
Resolving the Misunderstanding of Stephen Birch	Masakazu Ikeda	16
Measuring the Effects of Shiatsu on Athletes	Masahiro Fujii	18
A Case Study of Improved Locomotion with Multiple Sclerosis	Noriko Nagato	19
New Perspective for Effective Point Selection (Part 1)	Kyo-ichi Kuroiwa & Tayo Katano	21
A Stroll Through Kampo History (Part 7)	Shinjiro Kanazawa	29
Book Review	Stephen Brown	31
Experimenting with the Daishin Technique (Part 2)	Hideo Takahashi	32
Practical Moxibustion (Part 16)	Junji Mizutani	34
Three Days in Hawaii with Denmei Shudo and Masakazu Ikeda	Diane Eggleston	36
Introduction of New Members		37
Bulletin Board		38
Japanese Text		39

Vol.6, No.17 November 1999 CONTENT

Editorial		2
Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part 1	Hiromi Matsumoto	3
Listening to the Channels: Preliminary Reflections on the Adaptation of one form of Osteopathic palpation to Acupuncture	Daniel Bensky	7
New Perspective for Effective Point Selection (Part2)	Kyo-ichi Kuroiwa & Tayo Katano	10
Acupuncture Treatment for the Lower Back and Leg Pain	Morihiro Murata	16
Thoughts on Using Chinetsukyu in Meridian Therapy	Robert Hayden	18
Fascial Acupuncture™: A New Approach to Treating Orthopedic and Neurological Disorders	Elisa Sue	
Rabin & Augusto Romano	20	
A Stroll Through Kanpo History (8)	Shinjiro Kanazawa	23
I Hate Needles	Cameron Bishop	25
Emergence of Japanese Style Acupuncture in North America	Jake Paul Fratkin	27
Try Salt Box Moxibustion!	Brad Thompson	29
Practical Moxibustion Therapy (17)	Junji Mizutani	30
Introduction of New Members		32
Japanese Text		34

Vol. 7, No.18 March 2000 CONTENTS

Low Back Pain--Its Diagnosis and Treatment	Denmei Shudo	3
Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part 2	Hiromi Matsumoto	8
New Perspective for Effective Point Selection (Part 3)	Kyo-ichi Kuroiwa & Tayo Katano	12
Explaining J.P. Fratkin's Misinterpretations	Kiiko Matsumoto	17
Letter to the Editor	David Euler, et al	19
Bulletin Board		19

Dan Bensky's Article	Masakazu Ikeda	20
A Stroll Through Kanpo History (Part 9)	Shinjiro Kanazawa	22
About the Cover		23
Questions and Answers	Daniel Schulman & Masakazu Ikeda	23
An Acupuncturist's Visit to Cuba	Didi Pershouse	24
Summer Studies in Japan	Stephen Birch	27
Report on the 41st Meridian Summer College Conference	Meg McMorrow	29
Masanori Tanioka Paediatric Workshop	Robert Hayden	30
Experimenting with the Daishin Technique (Part 3)	Hideo Takahashi	31
Practical Moxibustion Therapy (Part 18)	Junji Mizutani	33
Introduction of New Members		36
Japanese Text		37

Vol. 7, No.19 July 2000 CONTENTS

The Memorial Essay of Dr. Okabe	Masakazu Ikeda	3
On the Effectiveness of Direct Moxibustion	Misaki Endo	4
Abdominal Diagnosis in Oriental Medicine (Acupuncture)— (3) Japanese Abdominal Diagnosis— 2	Hiromi	
Matsumoto	7	
New Perspective for Effective Point Selection (4) Introduction to Trigger Point Acupuncture which Evolved in Japan	Tayo Katano & Kyo-ichi Kuroiwa	12
Emergency Pain Relief Treatment	Tokujiro Murata	17
Chiropractic Upper Cervical Technique and Acupuncture	Yasuo Ishida	19
The Treatment of Bells Palsy	Cameron Bishop	20
Inappropriate Stimulation	Masanori Tanioka	21
Changes in Body Surface Temperature and Sleep Inducement Following Shiatsu Therapy	Takao	

Kaneko	22	
Acupuncture Treatment for 'Stress'	Junzo Kokubo	24
A Stroll Through Kanpo History (10)	Shijiro Kanazawa	25
Experimenting with the Dashin Technique (Part 4)	Hideo Takahashi	27
Practical Moxibustion Therapy (19)	Junji Mizutani	29
Intensive Certificate Program of Japanese Traditional Acupuncture -Session 1: Akizo Okada		Jeffrey Dann
	31	
Shudo Denmei Seminar on the Big Island of Hawaii	Tisha Mallon	33
Toyo Hari Weekend Workshop in Amsterdam Taught by Shuho Taniuchi and Koryo Nakada		Heleen
d'Oliveira	34	
Shiatsu in Toronto and Ontario	Nancy van der Poorten	35
Introduction of New Members		36
Japanese Text		37

Vol. 7 No. 20 November 2000 CONTENTS

The Arrival of Qi	Denmei Shudo	3
Abdominal Diagnosis in Oriental Medicine (Acupuncture) Part IV	Hiromi Matsumoto	6
Shinshin Sho (Neurotic and Psychosomatic Disorders)	Akizou Okada	10
New Perspective for Effective Point Selection (5) Introduction to Trigger Point Acupuncture		Tayo Katano
& Kyo-ichi Kuroiwa	13	
Medial Knee Pain Treatment Using Secondary Vessels	Robert Hayden	20
Case Study Report: Ovarian Cysts Eliminated with Three treatments	Noriko Nagato	22
A Theoretical Analysis of Oriental Medicine A Biochemical-Anatomical Interpretation of Chi (Qi) and Meridian in Acupuncture		
	Yasuo Ishida	24
Intensive Certificate Program of Japanese Acupuncture--Session 2: by Hideyoshi Higuchi		Jeffrey Dann
	26	

A Stroll Through Kanpo History No. 11	Shinjiro Kanazawa	28
Toyohari Teacher Training Camp in Tokyo	Brenda Loew	30
Keeping in Touch at the New York College	Peter Yates	31
Shiatsu Perspectives	Nancy van der Poorten	32
Practical Moxibustion Therapy (20)	Junji Mizutani	33
Book Reviews		36
Introduction of New Members		37
Japanese Text		39

Vol. 8, No.21 March 2001 CONTENTS

Acupuncture Treatment and Moxibustion Treatment	Bunshi Shirota	3
Discussion on Clinical Experience	Masakazu Ikeda	5
Report on Ikeda Seminar at Bond University	Alan Jansen	7
Naso Treatment	Toshio Yanagishita	8
The Toyohari Introductory Seminar Wakariyasui	Patricia Seykora	9
Naso and Muno - Two of the Supportive Therapies Unique to Toyohari	Stephen Birch and Junko Ida	10
Shounishin - Paediatric Acupuncture (Part 1)	Masanori Tanioka	13
On the Method of Undoshin Needle Insertion	Ikuo Suzuki	16
Case Study Report: Migraines Following a Hysterectomy	Daniel Schulman	18
Kampo Workshop in Chicago	Robert Hayden	19
Kurumadani School Acupuncture and Kam Pou Herbal Formula	Koji Ichihashi	20
A Stroll Through Kanpo History (12)	Shinjiro Kanazawa	24
To Succeed in Oriental Medicine without a Manual	Bunzo Takamatsu	26
Xiao-Chaihu-Tang Induced Interstitial Pneumonia	Shinjiro Kanazawa	27
About the Classic 'Shinkyu Soku'	Hideo Takahashi	29

Video Review	Machiko Yamaguchi	31
Practical Moxibustion Therapy (21)	Junji Mizutani	32
Shudo Sensei's Last Seminar In Hawaii ?	Stephen Brown	34
The Third Seminar of the Boston TJM Intensive with Masakazu Ikeda	Jeffrey Dann	35
Introduction of New Members		37
Japanese Text		38

Vol. 8 No. 22 July 2001 CONTENTS

The Future of Acupuncture	Fumihiko Shirota	3
Shakujyu Therapy	Shoji Kobayashi	8
Shounishin-Paediatric Acupuncture (Part 2)	Masanori Tanioka	12
Shudo Style Meridian Therapy	Morihiro Murata	14
Muno Treatment	Toshio Yanagishita	19
Thoughts on Teaching Meridian Therapy to TCM Students	Robert Hayden	20
Acupuncture and Moxibustion for Glaucoma	Isao Nishijima	22
Ikeda Sensei Talks with JWAA Acupuncturists	Chikurin Takae	24
Kurumadani School of Acupuncture and Moxibustion (Part 2)	Koji Ichihashi	27
A Stroll Through Kampo History (13)	Shinjiro Kanazawa	30
Toyohari Trainig in Amsterdam	Brenda Loew	31
Shiatsu Treatments on Reactive Points along the Spinal area of the Urinary Bladder Meridian	Kaz Kamiya	32
Examples of Applying Moxa at Kensen (Extra Ordinary Points), which Immediately Cures Hives	Ikuo Suzuki	33
Starting Over	Bunzo Takamatsu	34
A Road Less Travelled	Alan Jansson	35

About the Classic 'Shinkyu Soku' (Part 2)	Hideo Takahashi	37
Practical Moxibustion Therapy (22)	Junji Mizutani	39
Bulletin Board		41
Introduction of New Members		42
Japanese Text		44

Vol. 8, No.23 November 2001 CONTENTS

A Clinical Guide to Kampo	Fumihiko Shirota	3
Nerve Entrapment Syndromes (1)	Hiromi Matsumoto	6
Report on the Toyo Hari Meridian Therapy Summer School, Tokyo 2001	Joyce Vlaarkamp	9
Shakuju Therapy (2)	Shoji Kobayashi	10
Breaking the Heart Rule	Mark Dreu	15
The Oriental Medical View of Menopause Disorders	Shuhou Taniuchi	16
Moxibustion Treatment for Malposition of the Fetus	Anryu Iwashina	20
In Memory of Yuriko Yamagishi	Peter Yates	21
Needling – Ideas from the Classics	John Thompson	22
Shounishin-Pediatric Acupuncture (3)	Masanori Tanioka	24
Kurumadani School of Acupuncture and Kampo Herbal Formula (3)	Koji Ichihashi	25
A Stroll Through Kanpo History No. 14	Shinjiro Kanazawa	30
Dr. Bear's Got Reservations	Salvador Cefalu	32
A Seminar Entitled "Introduction to Japanese Acupuncture" Held in Turkey	Jeffrey Dann	34
Meridian Test	Masamichi Shibata	35
Dr. Too-Late	Hideo Takahashi	38
The Basic Sotai Exercises	Akira Honda	40
Introduction of New Members		43

Japanese Text	44
---------------	----

Vol. 9, No.24 March 2002 CONTENTS

Acupuncture Therapy For Raynaud's Disease	Shirota Bunshi	3
Shakujyu Therapy (3)	Kobayashi Shoji	5
My Method of Acupuncture	Iwashina Anryu	10
A Clinical Guide to Kanpo	Shirota Fumihiko	13
Massive Dose Therapy and Subtle Stimulation Therapy	Manaka Yoshio	17
Nerve Entrapment Syndromes (2)	Matsumoto Hiromi	18
Living Frequency	Lesley E. Shearer	23
The Secrets of Traditional Medicine	Ikeda Masakazu	26
Shounishin-Pediatric Acupuncture (4)	Tanioka Masanori	28
Case Study	Suzuki Ikuo	30
Kurumadani School Acupuncture and Kanpo Formula Part 4	Ichihashi Koji	31
Stroll Through Kanpo History, No. 15	Kanazawa Shinjiro	32
Practical Moxibustion Therapy (23)	Mizutani Junji	35
Dr. Yamaguchi's Bloodletting Acupuncture for Racehorses	Shibata Masamichi	38
Sorimachi Taichi in Hawaii AAOM Conference	Jeffrey Dann	40
Diet (Genshoku)	Honda Akira	42
Iwashina Anryu's Seminar	Chikurin Takae	43
Ikeda Masakazu Sensei Melbourne October 2001	Alan Jansson	44
Introduction of New Members		47
Bulletin Board		47
Japanese Text		48

Vol. 9, No.25 July 2002 CONTENTS

A Clinical Guide to Kanpo (3)	Shirota Fumihiko	3
Nerve Entrapment Syndromes (3)	Matsumoto Hiromi	6
Potato Medicine	Honda Akira	11
Introduction to Seitai Shinpo	Sorimachi Dai-ichi	12
Acupuncture and Moxibustion Treatment for a Throat Nodule and Hoarse Voice	Nishijima Isao	15
The Treatment of Cancer Patients	Murata Morihiro	18
Master of Looking Diagnosis	Takamatsu Bunzo	21
Kanpo—Ancient Art, Modern Medicine	Nigel Dawes	22
My Method of Acupuncture	Iwashina Anryu	26
Shounishin-Pediatric Acupuncture	Tanioka Masanori	29
The Heart of Kyo-Jitsu Diagnosis	Tzvika Calisar	31
Kurumadani School of Acupuncture and Kanpo Formulae (5)	Ichihashi Koji	34
A Stroll Through Kanpo History (16)	Knazawa Shinjiro	37
Three Successful Cases in Treating Impotence	Suzuki Ikuo	39
Miscellaneous Thoughts on Shiraku-Blood Letting	Takahashi Hideo	41
Practical Moxibustion Therapy (24)	Mizutani Junji	43
The Work of Okada Akizo Sensei	Jake Paul Fratkin and Jeffrey Dann	45
Essence of Traditional Medicine	BambaYumiko	46
Introduction of NewMembers		48
Bulletin Board		49
Japanese Text		50

Vol. 9, No.26 November, 2002 CONTENTS

About the Arrival of Qi	Shudo Denmei	3
-------------------------	--------------	---

A Clinical Guide to Kanpo (4)	Shirota Fumihiko	4
Insertion into Scalenes for Symptoms of Dorsal Scapular Nerve Entrapment		Matsumoto
Hiromi	8	
Examination on the Immunological Effects of Moxibustion Treatment	Tohya Kazuo	10
Clinical Cases Reflecting the Effectiveness of Yuzhen (BL-9) Treating Tender Points and Indurations on the Back		
	Suzuki Ikuo	11
What Makes for an Ideal Acupuncturist	Ikeda Masakazu	12
Making Shifts Happen—Lessons from Zero Balancing	Robert Hayden	14
Kurumadani School of Acupuncture and Kanpo Formulae (6)	Koji Ichihashi	16
A Stroll Through Kanpo History (17)	Kanazawa Shinjiro	20
Kanpo—Ancient Art, Modern Medicine	Nigel Dawes	23
Cleansing the Nose	Honda Akira	25
Miscellaneous Thoughts on Shiraku-Blood Letting (2)	Takahashi Hideo	26
Practical Moxibustion Therapy (25)	Mizutani Junji	28
Japan Summer Program 2002	Ehrland Truitt	30
Introduction to New Members		31
Sotai and Seitai Shinpo Seminar in Boulder	Stephen Brown	32
Sotai Report from Boulder	Jeffrey Dann	33
Techniques of Tonification and Dispersion with Practical Applications	Yanagiya Sorei	34
Bulletin Board		34
Japanese Text		35

Vol. 10, No.27 March 2003 CONTENTS

Can Acupuncture Heal the Mind? The Role of Super-Superficial Insertion	Shudo Denmei	3
Treatment for the Oversensitive Patient	Kamiya Kazunobu	9

Treatments Using Super-Superficial Insertion	Murata Morihiro	10
The Subcostal Nerves Take Part in Gluteus Regional Pain	Suzuki Ikuo	13
Treatment of Cervico-Brachialgia	Matsumoto Hiromi	14
Treatment of Hay Fever with Traditional Japanese Acupuncture	Iwashina Anryu	19
Acupuncture and Moxibustion Treatment for Shingles	Kokubo Junzo	21
Meridian Balancing—It's Not Just about the Pulse:A Report on Iwashina Anryu's October Seminar	ChikurinTakae	22
Diary of My Battle with Cancer	Nishijima Isao	24
Introduction to Seitai Shinpo (2)	Sorimachi Dai-ichi	28
The Sotai Ho of Hashimoto Keizo, MD	Peter Thompson	30
Technique Comes Along	Takamatsu Bunzo	32
Shiatsu--The Traditionally Japanese Manual Therapy	Namikoshi Matsuko	33
A Stroll Through Kampo History (18)	Kanazawa Shinjiro	38
Root Deficiencies of Spleen Versus Kidney	Jake Paul Fratkin	42
Kurumadani School of Acupuncture and Kanpo Formulae (7)	Ichihashi Koji	44
Why I Don't Work with Insurance	Stephen Brown	47
Moxibustion Variations	Kamiya Kazunobu	49
Bulletin Board		49
Introduction to New Members		50
Japanese Text		52

Vol. 10, No.28 July 2003 CONTENTS

Regulation of White Blood Cells by Autonomic Nervous System	Abo Toru	3
Case Histories of Acupuncture Using Cranial Points	Shirota Bunshi	7
Case Studies in Traditional Japanese Medicine	Ikeda Masakazu	9

Kanpo—Ancient Art, Modern Medicine (3)	Nigel Dawes	11
A Brief Description of the Edagawa Method of Injection Therapy	Neven Orhel	17
Segmental Innervation	Doortje van der Kamp	19
A Stroll Through Kanpo History (19)	Kanazawa Shinjiro	21
Shooting for Enlightenment	Ichihashi Koji	26
Jaki and the Dashin Technique	Takahashi Hideo	27
Practical Moxibustion Therapy (26)	Mizutani Junji	29
Kubota Zone Acupuncture for Anti-Aging and Age Reversal	Kubota Naoki	31
Food Talk	Honda Akira	32
Post-Herpes Neuralgia	Suzuki Ikuo	32
Turkey Report	Jeffrey Dann	33
The Third Ikeda Masakazu Sensei Seminar	Bamba Yumiko	35
Videotape Review	Ikeda Masakazu	36
Meeting a Master	James Vitale	36
Introduction of New Members		37
Bulletin Board		37
Japanese Text		39

Vol. 10, No.29 November, 2003 CONTENTS

Regulation of White Blood Cells by Autonomic Nervous System	Abo Toru	3
A Nail Massage	Honda Akira	7
The Relationship between the Ideology of Qi and Science	Ishida Hidemi	8
Treatment of Cervico-Brachialgia (2)	Matsumoto Hiromi	11
Small Intestine--Heart Shoulder Arm Pain Syndrome	Gregory Chernish	16
My Method of Point Selection	Iriye Seiji	18

Fasting Center	Takamatsu Bunzo	19
Treatment of a 15 Year Old Caucasian Male with Spina Bifida	Moriguchi Miki	20
Kampo Ancient Art Modern Medicine (4)	Nigel Dawes	21
Theoretical Analysis of Oriental Medicine	Ishida Yasuo	24
A Stroll Through Kampo History (20)	Kanazawa Shinjiro	26
The Golden Ratio and Oriental Medicine	Jack Pessin	33
Practical Moxibustion Therapy (27)	Mizutani Junji	37
Book Review	Jeffrey Dann	39
Introduction of New Members		40
Bulletin Board		41
Japanese Text		42

Vol. 11, No.30 March, 2004 CONTENTS

Forewards	Mizutani Junji and Stephen Brown	2
Congratulatory Speech	Shudo Denmei	3
Spiritual Actions in Oriental Medicine	Shudo Denmei	4
Treatment of Cervico-brachialgia (3)	Matsumoto Hiromi	6
The Relationship Between the Ideology of Qi and Science (2)	Ishida Hidemi	11
Applications of Pressure Points and the Effects of Time	Suzuki Keimin	16
The Spirit of Moxibustion: Fukaya Isaburo and Sawada Ken	Edward Obaidey	18
An Eruption of Herpes Zoster in a Patient with Chronic Headaches	Suzuki Ikuo	21
A Stroll Through Kampo History (21)	Kanazawa Shinjiro	22
Adverse Reactions to Vitamin Preparations	Ishida Yasuo	27
Kampo Ancient Art Modern Medicine (5)	Nigel Dawes	28
Edo-Kai Seminar with Hideo Takahashi	Suzanne Pontes	32

Practical Moxibustion Therapy (28)	Mizutani Junji	34
Book Review	Kanazawa Shinjiro	35
Report on the Conference of the Society for Acupuncture Research	Andrew Fitzcharles	37
Introduction of New Members		39
Bulletin Board		39
Japanese Text		40

Vol. 11, No.31 July, 2004 CONTENTS

Meridian Therapy for Digestive Disorders	Okada Akizo	3
The Rhythm of Moxibustion	Takamatsu Bunzo	6
Herb Flavor Properties and Meridian Therapy	Ikeda Masakazu	7
Dealing With Acute Pain (Part 1)	Nishijima Isao	9
Cases Using Super-superficial Insertion	Murata Morihiro	12
A Case of Blood Letting Used for Cervical Sprain	Suzuki Ikuo	14
One case of Treatment of Viral Encephalitis with Acupuncture	Seki Katsuyoshi	15
A Stroll Through Kampo History #21	Kanazawa Shinjiro	18
Kampo Ancient Art Modern Medicine (6)	Nigel Dawes	23
ÅIs There Something Wrong?...SyndromeÅh	Mishima Yasuyuki	28
Vibrating the Abdomen Using the Dashin Technique	Takahashi Hideo	32
Practical Moxibustion Therapy (29)	Mizutani Junji	34
The Seattle Shudo Seminar, 2004	Julie Zinkus	37
Fourth Traditional Japanese Acupuncture Seminarwith Ikeda Masakazu	Nagato Noriko	40
Introduction of New Members		41
Bulletin Board		41
Japanese Text		42

Vol. 11, No.32 November, 2004 CONTENTS

Treating Headaches with Acupuncture and Moxibustion (1)	Matsumoto Hiromi	3
Akabane Treatment for Low Back Pain (1)	Shimizu Kanji	8
Dealing with Acute Pain (2)	Nishijima Isao	12
Sexual Dysfunction	Ikeda masakazu	15
Bonsai Moxa	Gregory Chernish	16
Moxibustion And The Sequela of Sports Injuries	Mishima Yasuyuki	17
Grasping the Sleeping Tiger's Tail	Stephen Birch	20
"Magic Bullet" for Headache	Bart Walton	25
Gold Standard or Fool's Gold? Staking Our Own Claim on the Evidence-Based Medicine Map		Daniel
Schulman	26	
Case Study Using the Dashin Technique	Suzanne Pontes	28
A Stroll Through Kanpo History (22)	Kanazawa Shinjiro	30
Practical Moxibustion Therapy (30)	Mizutani Junji	34
Bulletin Board		35
Japanese Text		36

Vol. 12, No.33 March, 2005 CONTENTS

Treating Headaches with Acupuncture and Moxibustion (part 2)	Matsumoto Hiromi	3
Akabane Treatment for Low Back Pain	Shimizu Kanji	7
Acupuncture Treatment for Depression Symptoms caused by Going to Work		Toda Shizuo
	11	
Shakuju Therapy, An Evolution in Japanese Acupuncture	Diane Iuliano and Jonathan Kapsten	14
Jing-Well Point Blood Letting: The Foundation Of Blood Letting	Shimada Ryuji	17

A Stroll Through Kanpo History (24)	Kanazawa Shinjiro	21
Going My Way	Takamatsu Bunzo	24
A Connecticut Sotai Experience	Bob Quinn	25
The Concept of Acupuncture Points and Needle Sensation	Yanagiya Sorei	26
Koshi Balancing-An Eclectic Method of Structural Alignment	Jeffrey Dann	27
Seitai Shinpo, Unique System of Acupuncture	Regan J. Archibald	28
Treatment of Digestive Disorders with Okada Akizo Sensei	Peter Yates	30
Seitai Shinpo Program Underway at TCM College of HAWAII	Beth Chapman Hood	31
Introduction of New Members		32
Bulletin Board		33
Japanese Text		34

Vol. 12, No.34 July, 2005 CONTENTS

Stuck on Acupuncture: Curing Diseases with One Needle	Goto Mitsuo	3
Moxibustion and Chronic Rheumatoid Arthritis	Mishima Yasuyuki	8
Treatment of Hay Fever with Super-Superficial Insertion	Murata Morihiro	12
An Approach To Meridian Points: From Significant Clinical Examples	Seki Katsuyoshi	14
Koshi Balancing - A Method of Structural Alignment and Therapy	Jeffrey Dann	16
Some Thoughts on Active Points	Stephen Brown	25
Shared Vibration in the Dashin Technique	Takahashi Hideo	27
The Treatment of Lung Cancer	Mizutani Junji	30
Experience Sei Tai Shinpo at the Traditional Chinese Medical College of Hawaii	Kelly DeBonet	35
The Art of Healing 2005 Seminar with Masakazu Ikeda Sensei	Bamba Yumiko	36
Review of Seattle Fukushin Seminar with Nigel Dawes	Thomas Jordan	37
Dashin Seminar with Hideo Takahashi	Peter Yates	38

Book Review	Sybil Ihrig	38
Book Review	Robert Hayden	40
Introduction of New Members		41
Japanese Text		42

Vol. 12, No.35 November, 2005 CONTENTS

Stuck on Acupuncture: Curing Diseases with One Needle (2)	Goto Mitsuo	3
Acupuncture and Cervico-Omo-Brachial Syndrome	Mishima Yasuyuki	7
Treatment of Facial Pain and Facial Nerve Paralysis with Shakuju Therapy		Hara Osamu
	10	
Pneumatic Needle Technique	Aaron Rubinstein	14
Acupuncture Treatment on Eyestrain due to Stress	Toda Shizuo	19
Guide Tube Technique	Kudo Yuraku	20
From My Clinical Experience	Ishiara Katsumi	22
The Circumstances Surrounding and the Significance of Standardization of Point Locations		Katai Shuichi
	25	
Concerning Kototama Life Medicine and Meridian Therapy's Evolution	Thomas E. Duckworth	27
Islam Ritual Prayer and Acupuncture Energetics	Baki Dokme, Kemal Osmanbey and Jeffrey Dann	28
Stroll Through Kanpo History #26	Kanazawa Shinjiro	31
Performing Acupuncture when Blind	Iwashita Shumei	34
Acupuncture Treatment and Physical Distortion	Sorimachi Daiichi	35
The Treatment of Lung Cancer (Part 2)	Mizutani Junji	37
Finding Inspiration in Vancouver	Tom Ingegno	39
Shakuju Chiryō Seminar	Sanford Lee	40
Sotai in Boulder with Peter & Akiko Thompson	Todd Turetsky	44

My Experience in the Seattle Japanese Acupuncture Certification Program	Todd Turetsky	44
Seminar Report - 3 Days with Kiiko Matsumoto	Daniel Schulman	46
Introduction of New Members		47
Bulletin Board		47
Japanese text		48

Vol. 13, No.36 March, 2006 CONTENTS

Acupuncture and Moxibustion Treatment for Depression	Shudo Denmei	3
Contact Needling Technique	Ono Bunkei	7
The Relationship between Facial and Extremity Bloodletting	Shimada Ryuji	9
My Opinion on the Standardization of Acupuncture Point Location	Peter Yates	11
From My Clinical Experience (2)	Ishihara Katsumi	12
Moxibustion and Headaches	Mishima Yasuyuki	14
Technique for Bleeding Hand Jing-Well Points	Kudo Kunimasa	17
Acupuncture Treatment for Blood Stagnation in Menstrual Disorders	Toda Shizuo	19
A Stroll Through Kanpo History (27)	Kanazawa Shinjiro	22
A Tribute to Chris Synodis (1947-2005)	Brenda Loew	23
The Knotty Abdomen and Jaki (1)	Takahashi Hideo	24
The Treatment of Lung Cancer (3)	Mizutani Junji	27
Introducing New Members		29
Japanese Text		30

Vol. 13, No.37 July, 2006 CONTENTS

The Concept of Meridians from a Systems Perspective	Manaka Yoshio	3
Scalp Meridian Points—Teachings of Fumihiko Shirota Sensei	Endo Misaki	9

Treatment of Chronic Hiccup	Matsumoto Hiromi	11	
A Case Study of Combined Acupuncture and Sotai Treatment for Low Back Pain due to Herniated Disk	Bob Quinn	13	
Baby Power	Takamatsu Bunzo	15	
Cases Using Super-superficial Insertion (3)	Murata Morihiro	16	
On Use of the Point Shitsumin	Seki Katsuyoshi	20	
About Shaku Ju	Hara Osamu	22	
It's not the Style That Counts	Peter Yates	24	
Gems from the Masters	Bart Walton	25	
A Stroll Through Kanpo History #28	Kanazawa Shinjiro	26	
Moxa Workshop with Mizutani Junji Sensei	Carol Weingarten	29	
Report on the Second International Shakuju Seminar	Sanford Lee	30	
The 7th Annual Seitai Shinpo Seminar	Regan J Archibald	33	
Report on Traditional Japanese Medicine Seminar	Maeyama Fumiko	34	
Introduction of New Members		35	
Japanese Text		36	
Vol. 14, No.38 November, 2007 CONTENTS			
About Patterns (Sho)	Manaka Yoshio	3	
The Essence of Oriental Medicine (Sho)	Masunaga Shizuto	5	
From the Perspective of Meridian Therapy	Fukumoto Kentaro	7	
Bi-Digital O-Ring Test -- 'Point Resonance Techniques'	Neri Kedem and Richard Malter	10	
More on the Point Shitsumin	Bart Walton	15	
Responding to Mr. Peter Yates's Article	Katai Shuiichi	16	
The Road to Becoming an Acupuncturist	Onishi Mayu	17	

Heat-Sensing Moxibustion on Nails	Menjo Yuki	18
Points on the Sole of the Foot	Shimada Ryuji	19
A Stroll Through Kanpo History #29	Kanazawa Shinjiro	21
Thoughts on Oshide (The Supporting Hand)	Honda Akira	25
Treatment of Lung Cancer (Part 4)	Mizutani Junji	26
Jeffrey Dann's Koshi Balancing Seminar	Bob Quinn	30
Lessons Reinforced by Four Legged Patients	Tom Ingegno	31
A Journey to Turkey	Jeffrey Dann	32
Questions about Super-superficial Insertion	Shuto Denmei /Bart Walton	34
Introduction of New Members		35
Bulletin Board		35
Japanese Text		36

Vol. 14, No.39 March, 2007 CONTENTS

My Favorite Cranial Points and Their Clinical Applications	Matsubayashi Yasuko	3
The Significance of Surface Findings	Suzuki Ikuo	6
Moxibustion and the Art of Making Tea	Edward Obaidy	8
Treating Eczema with Heat-Sensing Moxibustion	Menjo Yuki	14
Clinical Applications of the Photiv Feedback System (PFB)	Yasushi Masato	15
A Case Study	Ikeda Masakazu	18
Staying Superficial in Order to Go Deep	Jeffrey Dann	19
My Apprenticeship	Kokubo Junzo	21
How to Perform Magic	Takamatsu Bunzo	22
Efficacy of the Sawada School Taixi (KI-3) Point on Tinnitus	Toda Shizuo	23
A Stroll Through Kanpo History #30	Kanazawa Shinjiro	24

The Fukushin Seminar with Nigel Dawes	Tom Hurrle	29
Spontaneous Body Movement: Tapping Into an "Unfamiliar Part of Yourself"		Takahashi
Hideo	30	
Treatment of Lung Cancer (Part 5)	Mizutani Junji	33
The 8th Annual Seitai Shinpo Seminar	Beth Chapman Hood	35
Book Review: Shin So Shiatsu	Ted Thomas	37
Introducing New Members		38
Bulletin Board		38
Japanese Text		39

Vol. 14, No.40 July, 2007 CONTENTS

An Interview with Shudo Denmei, Head of Gensai Jyuku	Ishii Toshihisa	3
Questions to Senior Acupuncturists: When is it Too Much of a Good Thing? Tom Ingegno, Ikeda masakazu, Shudo Denmei, and Tanioka Masanori	5	
Cases Using Super-superficial Insertion	Murata Morihiro	9
The Day I was Defeated by "Mother's Love"	Seki Katsuyoshi	12
Unconsciousness Revived by Acupressure: Returning the weak aspect to normal		Shudo
Denmei	13	
Diagnosis by Looking (Inspection)	Ikeda Masakazu	14
Treating Swollen Ankle Joint with Heat-Sensing Moxibustion	Menjyo Yuki	16
Retaining Needle onto the Superior Cervical Ganglion for Treatment of Hay Fever		Yamada
Mikio	17	
Multiple System Integration	Aaron K. Rubinstein	20
Brushing Your Teeth: An article on home moxibustion	Ton van Huffelen	28
A Stroll Through Kanpo History #31	Kanazawa Shinjiro	29
About the Japanese National Examination for Acupuncturists	Tsukamoto Kotaro	32

Qi-Tapper Therapy	Kamiya Kazunobu	33
Treatment for Depression	Bart Walton	35
Seminar Report: Fukaya Style Moxibustion with Fukushima Tetsuya	Tom Hurrle	37
Japanese Text		38

Vol. 14, No.41 November, 2007 CONTENTS

The Characteristics and Essence of Japanese Acupuncture	Oura Jikan	3
Eastern and Western Thinking	John Thompson	7
Reflections	Daniel Schulman	9
The Pulse, Meridians, and Nature of Points in Root Treatments	Greg Williams	11
"Chinetsu" Moxibustion For Chapped Hands	Menjyo Yuki	14
Kubota Zone Acupuncture and the Chart That is Its Key	Kubota Naoki	15
Tokyo Seminar	Carl Wagner	20
Tokyo Turning point	Bob Quinn	22
Healing Touch and Movement: Using Meridian Touchtm to Fill the Gap	Darryl Aiken-Afam	23
Ohue Seminar Report	Ogawa Haro	25
A Stroll Through Kanpo History #32	Kanazawa Shinjiro	26
Sea Vegetables--The Traditional Mineral Supplement	Bob Quinn	29
Moxibustion on Guanyuan (GV-4)	Shimada Ryuji	31
Practical Moxibustion (31)	Mizutani Junji	34
Using Direct Moxa for Patients with Yin Deficiency	Sharon Weizenbaum	36
Introduction of New Members		37
Bulletin Board		38
Japanese Text		39

Vol. 15, No.42 March, 2008 CONTENTS

Editorial		2
Your Immune Revolution	Abo Toru	3
Book Review "Your Immune Revolution", "Healing Your Healing Power"	Andrew Fitzcharles	5
Treatment Of Cervical Nerve Root Symptoms (Part 1)	Nagata Hiroshi	6
Kanpo - Ancient Art Modern Medicine (7) Kanpo Treatment of Irritable Bowel Syndrome (IBS) - Part 1 and Mari MacLean		Nigel Dawes 9
Acupuncture and Moxibustion in the Edo Period	Mathias Vigouroux	13
Latest Case Report	Ikeda Masakazu	17
Reflections on Eight Years in Practice - Part 2	Daniel Schulman	18
Shiunko (Purple Cloud Cream) and Chronic Pain	Yasushi Masato	20
Use of Bloodletting to Treat Localized Infections	Julia Herskowitz	23
Treating Corns with Moxibustion	Marc Webster	24
Acupuncture Treatment for Men's Menopause	Toda Shizuo	26
My Journey Through the Field of Chinese Medicine	Laura Christensen	28
The Defining Techniques of Kubota Zone Acupuncture	Kubota Naoki	30
Helping Patients Help Themselves	Peter Yates	34
Acupuncture in Guadalajara	Takamatsu Bunzo	35
Report on a Shonishin Workshop	Carol Weingarten	36
Conference Report: Society for Acupuncture Research	Andrew Fitzcharles	38
Bulletin Board		39
Seitai Shinpo Acupuncture: Tenth Annual Conference	Matthew Terrusa	40
Introduction of New Members		41
Japanese Text		42

Vol. 15, No.43 July, 2008 CONTENTS

Editorial		2
The Meridian Test: Acupuncture Treatment Based on Assessment of Movement		Mukai
Yoshito	3	
Treatment of Cervical Nerve Root Symptoms	Nagata Hiroshi	8
Posterior GB-34 and a Curious Case of Multiple Sclerosis	Carl Wagner	11
Kanpo - Ancient Art Modern Medicine (8) Kanpo Treatment of Irritable Bowel Syndrome (IBS) - Part 2		Nigel Dawes
and Mari Maclean	12	
An Outline of Abdominal Diagnosis	Matsumoto Hiromi	16
Cases Using Super-superficial Insertion	Murata Morihiro	20
The Rolling Exercise	Honda Akira	23
Case History of Cancer	Seki Katsuyoshi	24
Treating Catamenial Pneumothorax with Shakuju Therapy	Katoh Hirohito	27
Fukaya-style Moxibustion	Fukushima Tetsuya	32
Tools of the Dashin Technique	Hideo Takahashi	34
Some Features of Japanese Acupuncture	Katai Shu-ichi	36
Kosho Shorei Ryu Energy Medicine (Part 1) An Overview of the Art in the Context of the Sho Chiku Bai Mon		David
LoPriore	38	
Kappo: Giving Back Life	Thomas E. Duckworth	40
Bulletin Board		43
Toyohari Acupuncturist Seminar Report	Byron Barth	43
A Seminar with Katai Shuichi	Dale White	46
Moxibustion Intensive with Junji Mitzutani	Tracy Thorne	48
Introduction of new Members		49
Japanese Text		50

Vol. 15, No.44 November, 2008 CONTENTS

The Potential of the Head as a Treatment Zone: A Roundtable Discussion Chaired by Susuki Ikuo Part - 1 Sai Gyomei and Inoue Etsuko	Kajima Ikuo, 3
In Search of Japanese Acupuncture Heritage	Mathias Vigouroux 10
All Diseases Originate from Cold: Will Cold become the Bridge between Eastern and Western Medicine? Akira and Hara Osamu	Kawashima 14
Treatment of Cervical Nerve Root Compression Part - 3	Nagata Hiroshi 20
How to find TSUBO Part - 1	Togasaki Masao 24
Channel Palpation	Wang Ju-Yi and Jason Robertson 26
Book Review Applied Channel Theory in Chinese Medicine	Jeffrey Dann 31
Teaching Palpation and Special Skills: a Question and Answer Session	Pamela Ellen Ferguson 31
Book Review Sand to Sky: Conversations with Teachers of Asian Medicine Brown	Stephen 32
Ishizaka Sotetsu: A Misunderstood Genius	Kubota Naoki 34
Chinetsu Moxibustion Treatment for Skin Rash on a Pregnant Woman	Menjyo Yuki 39
Acupuncture in a Changing Society	Kitagawa Takeshi 40
The Charm of Moxibustion	Ohara Yuri 42
Building a Solid Foundation: the Japanese Acupuncture Certificate Program in Victoria, B.C.	Avery Yackel 43
Fukaya-style Moxibustion: A Workshop with Fukushima Tetsuya	Kan L. Chen 44
Shakujyu Therapy Seminar	Cynthia Quattro 46
Shang Han Lun Summer Extravaganza	Nigel Dawes 49
Tokyo seminar 2008:A Journey Into The Heart of Japanese Acupuncture	John Thompson 50
Bulletin Board	52
Introduction of new members	52
Japanese Text	53

Vol. 16, No.45 March, 2009 CONTENTS

Editorial	Stephen Brown	2
The Potential of the Head as a Treatment Zone: Part - 2	Suzuki Ikuo	3
A Conversation with Skin Scientist Denda Mitsuhirio (Part 1)	Matsuda Hirokimi	9
Japanese Beauty Acupuncture	Kitagawa Takeshi	12
Kosho Shorei Ryu Energy Medicine: An Overview of the Art in the Context of the Sho Chiku Bai Mon (Part 2)	David LoPriore	15
Practical Moxibustion Therapy (32)	Mizutani Junji	17
Treating Furuncles with Traditional Chinese Medicine: A Case Study	Marc Webster	21
Acupuncture, Adaptations, and Equality	Juliana Cumbo	24
Variations on Point Location based on Geographical Location: Observations at Two Clinics	Tom Ingegno	26
From TCM to Toyohari: A Personal Journey	Mitchell Wolf	28
What is a Good Pulse?	Nakada Koryo	31
Shakuju Therapy Seminar (Part 2): Clinical Application	Robert Gracey	34
The Japanese Experience: Tokyo 08 Seminar	Reginaldo Filho	38
Tokyo 08: A Novel Post-seminar Experience	Mariola Strahlberg	39
Meridian Test Seminar	Kanazawa Shinjiro	40
Introduction of new members		41
Three Misty Days in October: Toyohari Gathering in Seattle	Ananda Devi	42
Bulletin Board		43
AOBTA Convention: San Diego California, January 2009	Pamela Ellen Ferguson	44
Report on Jeffrey Dann's Balancing the Koshi an Integrated Approach	Andrew Fitzcharles	46
Japanese Text		47

Vol. 16, No.46 July, 2009 CONTENTS

Editorial	Andrew Fitzcharles	2
Locating Live Acupuncture Points (Part 2)	Togasaki Masao	3
A Conversation with Skin Scientist Denda Mitsuhiro (Part 2)	Matsuda Hirokimi	7
The Fukaya Multiple-Grain Moxibustion Technique	Shinma Hideo	11
The Koshi Technique: Some Case Studies	Seki Katsuyoshi	14
Acupuncture Education: A Roundtable Discussion between Matsuda Hirokimi and Tokyo Seminar Participants (August 11, 2008)	Stephen Brown &	
Jeffrey Dann	16	
Kanpo – Ancient Art Modern Medicine (9) (IBS) Part 3	Nigel Dawes & Mari Maclean	20
Chinetsu Kyu Treatment for Skin Rash Related to Contact Dermatitis	Menjyo Yuki	23
Tongue Diagnosis in Toyohari style Acupuncture	Susanne Pfeifer	24
Canine Moxibustion	Nekota Eriko	26
Paying Attention to the Breath	Kamiya Kazunobu	27
Developing Palpation Skills Case Studies of Shoulder and Neck Pain	Ohara Yuri	28
Thoughts on Patients That Do Not Get Better	Carl Wagner	30
Bulletin Board		31
Thoughts on Yin & Yang	Bob Quinn	32
Nepalese Stick Moxibustion	Hata Minae	34
A Vote for Complementary Medicine in Switzerland	Alexander Schuurmans	36
Introduction of New Members		37
Practical Moxibustion Therapy (33) Essence of Acupuncture and Moxibustion Part 2	Mizutani	
Junji	48	
Moxa Seminar with Mizutani Junji: Portland, Oregon	Bob Quinn	41
Ikedo Masakazu Sensei's Seminar March 2009	Nagato Noriko	42
Mookorita: Forget Self, Serve Others – A Report on the San Francisco Shudo Seminar	Andrew	
Karozos	44	

Your Needle Reflects What You Are – Shudo Denmei Seminar in San Francisco		Cameron
Bishop	45	
Japanese Text		46
Vol. 16, No.47 November, 2009 CONTENTS		
Editorial	Jeffrey Dann	2
Skin can Recognize Color and Sound? Understanding Oriental Medicine's Fundamental Concept of Qi		
	Manaka Yoshio	3
Doctor Manaka Yoshio – A Biography		6
Japanese and Chinese Acupuncture: Similarities and Differences	Manaka Yoshio	8
The Manaka Spirit That Welcomed Mavericks and Eccentrics – An Interview with Yoshimoto Shoji M.D.		
	Matsuda Hirokimi	12
Dr. Manaka Yoshio and the Manaka Hospital	Matsuoka Kenya	15
About Patterns (Sho)	Manaka Yoshio	16
Dr. Manaka Yoshio's Insights and Contributions to the Field of TEAM	Stephen Birch	18
Encounters with Two Maverick Physicians	Stephen Brown	22
Dr. Manaka's Treatment for Elevated Liver Enzymes (Hepatitis)	Amichay Saller-Fischbach	24
Abstract: Blood Stasis from the Standpoint of Acupuncture & Moxibustion by Manaka Yoshio M.D.		
		Stephen
Brown	27	
The Concept of Meridians from a Systems Perspective	Manaka Yoshio	28
Case Studies Illustrative of Extreme Difficulty	Stephen Birch	34
Dr. Manaka, Me and Three Women	Mizutani Junji	36
Acupuncture Treatment of Adhesions	Marc Webster	38
Massive Dose Therapy and Subtle Stimulation Therapy	Manaka Yoshio	40

Ten Years with the Ion Cords	Bob Quinn	41
Bulletin Board		42
Introduction of New Members		42
The First ICE Workshop: Barcelona 2009, a Personal Account	Manuel Rodriguez	43
A Review of Dr. Manaka's Books in English	Andrew Fitzcharles	44
Japanese Text		46

Vol. 17, No.48 March, 2010 CONTENTS

Blood Stasis from the Standpoint of Acupuncture & Moxibustion	Manaka Yoshio	3
About Oketsu	Okada Meiyu	9
My Views on Blood Stasis (Oketsu)	Otsuka Keisetsu	12
Oketsu-sho: Blood Stagnation Syndrome	Hisazumi Tsuneo	14
Chinetsu Moxibustion Treatment for Pimples Caused by Blood Stagnation	Menjyo Yuki	15
Treating Blood Stasis	Ikedo Masakazu	16
Visible Oketsu, Invisible Oketsu	Kodama Toru	17
Conversation with Skin Scientist Denda Mitsuhiro – Part 3	Matsuda Hirokimi	19
Treating Lower Back Pain with Shakuju Therapy	Hara Osamu	22
This little piggy.....	Nigel Dawes	25
Cases Using Super-rotation Insertion	Murata Morihiro	28
Treatment of Acute Lower Back Pain	Kinoshita Nobuyuki	30
Invitation to Mild-Heat Non-Scarring Moxibustion	Hirato Motohiro	30
Report: Boston Seminar with Fukushima Tetsuya	Sugiyama Masahiko	33
The Ki World: Travels in Japan 2009	Ehrland Truitt	35
Shakuju Seminar in Berkeley, California with Sensei Kobayashi	Cynthia Quattro	37
Report: Advanced Shakuju Seminar, Boston 2009	Ken Glowacki	38

Report: “Explorations in Meridian Therapy” with Steven Brown	Mark Petruzzi	39
Report: Iyashi no Michi Kyokai (The Association of the Way of Healing)	Takahashi Hideo	40
Report: Stephen Brown’s Seminar: Brisbane, November 2009	Furue Takashi	41
Bulletin Board		42
Japanese text		43

Vol. 17, No.49 November, 2010 CONTENTS

East and West and the Art of Medicine	Hinohara Shigeaki	3
Japanese Versus Chinese Curriculum: Acupuncture Education in the Edo Period		Mathias
Vigouroux	8	
Reflections on Blood Stasis – Oketsu?	Nigel Dawes	13
Ordinary is Best	Takamatsu Bunzo	15
Goto Konzan’s Theory of Qi Stagnation and Five-Pole Moxa	Fukushima Tetsuya	16
The Benefits of Shiatsu	Bart Walton	17
Tendino-muscular Meridians: Where Energy Meets Fascia	Deborah Valentine Smith	18
Classical Chinese Acupuncture Circuit-Needling for Internal Meridian/Organ Disorders		Mark Seem
	20	
Acupuncture and Moxibustion Treatment for Alopecia Areata Caused by Stress		Menjo Yuki
	23	
TB, Moxa, and Kampala	Merlin Young and Jenny Craig	24
Dr. Yoshito Mukaino and the Amazing M-Test	Yuki Itaya Martin	26
Diagnosis Beyond Diagnosis	Pamela Ellen Ferguson	29
The Zen Practice of Acupuncture	Todd Turetsky	30
Reflections on NAJOM #48	Pamela Ellen Ferguson	31
Nothing Else: An inquiry into the role of intention in Toyohari treatment	Ton van Huffelen	32
The Best Way to Assist Qi Flow in the Clinic: How to Help Others and Yourself		Iwashita

Shoumei	34	
Bulletin Board		36
A Case Study of Qi Disorder (Thoughts from My Own Experience)	Ryu Ritsuko	37
The Charm of Moxibustion (Part II)	Ohara Yuri	38
Book Review: Two books for Acupuncturists by Bruce Robinson, Medical Doctor		Jeffrey Dann
	39	
Explorations in Meridian Therapy: A Workshop with Stephen Brown in Santa Fe		Carl Wagner
	40	
Jeffrey Dann's Koshi Balancing Seminar in Portland, Oregon	Bob Quinn and Tracy Thorne	41
Introduction of New Members		42
Japanese text		45

Vol. 17, No.50 November, 2010 CONTENTS

Reflections on NAJOM's 50th Issue	Stephen Birch Stephen Brown, Jeffrey Dann, Andrew Fitzcharles, Ikeda Masakazu Kamiya Kazunobu, Matsumoto Hiromi and Shudo Denmei	3
Introduction of New Members		6
Pain & Pressure Stimulation (PPS): Treatment of Piriformis Syndrome	Nagata Hiroshi	7
What Are Meridians and Points?	Bart Walton	11
Kyutohinaishin—Intradermal Needle Warming Technique (Part 1)	Aaron Rubinstein	12
Questions Related to the Point KI-3 Taixi	Neven Orhel	15
Oketsu Revisit	Ikeda Masakazu	16
Recurrence of High Fever from Tonsillitis	Tanioka Masanori	18
Tendino-muscular Meridians: Where Energy Meets Fascia-- (Part 2)	Deborah Valentine Smith	20
Qi Moves Blood, It Really Does	Caleb Mortensen	22
Case Report: Depression	Katoh Hirohito	23
Transitions to Shakuju Therapy	Rande Lucas	26

Moxafrica Report: Return to Kampala	Merlin Young	28
The Neiijing and Related Classics: A Survey of English Translations	Z'ev Rosenberg	30
The Best Way to Assist Qi Flow in the Clinic How to Help Others and Yourself (Part 2)		Iwashita
Shoumei	32	
Manual for Understanding the New Textbook: The Basics of Japanese Acupuncture and Moxibustion		Ohue
Katsuyuki	34	
Basal Stress and its Treatment with Auriculotherapy	Jaroslav Debef	36
Watson's Water Hammer Pulse	Gregory Chernish	
	37	
Practical Moxibustion Therapy (34) Essence of Acupuncture and Moxibustion (Part 3)	Mizutani Junji	38
The Zen Practice of Acupuncture: An Investigation into the Role of Presence in the Treatment Process (Part 2)		
	Todd Turetsky	40
Traditional Way, R.I.P.	Thomas E. Duckworth	42
Seminar Report: Japanese Moxibustion Therapy with Mizutani Junji in Switzerland		Alexande
Schuurmans	43	
Seminar Report: Japanese Moxibustion with Mizutani Junji Sensei in Australia		Furue
Takashi	44	
Seminar Report: Moxibustion in Boston with Dr. Fukushima And a Side-trip to Explore Oriental Medicine in Nicaragua		
	Kurasawa Yumi	45
Seminar Report: The 52nd Meridian Therapy Summer Seminar in Tokyo		
	Furue Takashi and Ryu Ritsuko	46
Bulletin Board		48
Japanese Text		
Vol. 18, No.51 March, 2011 CONTENTS		
Editorial	Jeffrey Dann	2

How Does Moxa Work? – Part 1: An Investigation Of Temperature Effects	Jenny Craig & Merlin Young	3
Mengen: The Healing Crisis in Acupuncture – Part 1	Yokota Kampu	7
On the Nature of Channels – Part 1	Wang Ju-yi	10
The Origin of Yoshimasu Todo's Medicine	Joon Hee Lee	13
Root Treatment and Branch Treatment	Ohue Katsuyuki	16
YNSA Scalp Acupuncture Cranial Nerve Points	Faruk Sahin	17
Observations of Yamamoto Sensei and His New Scalp Acupuncture	Diane Iuliano	18
Case Study: Sudden Hearing Loss	Seki Katsuyoshi	20
Post-Concussive Headache and Stagnation of Blood In the Head: A Case Study Using Kiiko Matsumoto-Style Acupuncture and Moxibustion	Grace Rollins	22
Treatment of Aphthous Stomatitis Using Heat-sensing Moxibustion (Chinetsu-Kyu)	Menjyo Yuki	23
The Moxibustion Equation For Beginners	Adam McIntosh	24
Book Review: Yamamoto New Scalp Acupuncture Principles and Practice by Richard Feely	Bob Quinn	25
Treating Lyme Disease with Acupuncture and Moxibustion	Onishi Mayu and Mizutani Junji	26
Tuber Curcumae Ointment (Zhong Huang Gao) and Allergic Rhinitis	Yasushi Masato	29
Japanese Secrets For a Healthy and Long Life	Naoki Kubota and E J Potter Kubota	30
Book Review: Japanese Acupuncture 101: A Clinical Guide for Beginners by Carl Wagner Fitzcharles	Andrew	32
Moxafrica Update December 2010	Jenny Craig	32
Volunteer Acupuncture in Nepal: Report on the Birgunj Health Camp 2010	Yamakawa Yoshito	34
Less is More: Shonishin Seminar with Brenda Loew	Tracy Thorne	36
Report on the M-Test Seminar 2010	Ken Glowacki	37
Letter from a Reader	Larry Welsh	37

Introduction of New Members	38
Bulletin Board	38
Japanese Text	40

Vol. 18, No.52 July, 2011 CONTENTS

Editorial	Jeffrey Dann	2
How Does Moxa Work? – Part 2	Jenny Craig and Merlin Young	3
Mengen: The Healing Crisis in Acupuncture – Part 2	Yokota Kampu	6
On the Nature of Channels – Part 2	Wang Ju-yi	10
Tetsuro Saito: Taking Shiatsu to New Places	Cheryl Coull	13
Learning to “Speak Ki” – Diagnostics and Therapeutics in Shin So Shiatsu		Peter
Skrivanic	16	
Shiatsu Therapy in British Columbia: Where Do We Go From Here?	Ted Thomas	18
From Shiatsu-ho to Shiatsu Woe: Problems in Ontario	Peter Skrivanic	19
Earthquake!	Edward Obeidy	20
Knee Treatment With Pressure Pain Stimulation (PPS)	Nagata Hiroshi	22
Kyutohinaishin: Intradermal Needle Warming Technique – Part 2	Aaron Rubinstein	25
Siebold and Ishizaka Sotetsu	Mathias Vigouroux	28
Guided by Oriental Medicine	Frank Ota	31
Essential Apprenticeship	Tsubakiyama Kiyohide	34
Poems by the Student	Thomas Duckworth	36
Novice to Mentor	Peter Yates	36
My Opinions on the Subject of the “Master-Disciple” Relationship	Ikeda Masakazu	37
A Modern Master/Disciple Relationship	Caleb Mortensen	38
Tth Art of Working with Teaching Assistants	Pamela Ellen Ferguson	39

My Apprenticeship: Following the Path of Tradition	Susan Dembo	41
Master and Disciple	Murata Morihiro	42
My Shakuju Therapy Teachers	Mori Takafumi	44
Memories of the Venerable Dr. Hashimoto Keizo	Sorimachi Daiichi	45
The Seitai Shinpo Apprenticeship Model	Michael Dabrowski	46
On Apprenticeship	Tracy Conrad	47
Post-Graduate AOM Education In North America	Bob Quinn	48
On Apprenticeship	Carl Wagner	49
A Modern Take On Uchi-deshi	Monika Kobylecka	49
Thoughts on an Intensive Moxibustion Seminar	Honda Susumu	50
Seminar Report – Improving Qi Flow in the Clinic and Preventing Burnout: with Peter Yates	Tom Ingegno	
	51	
Moxafrica Update May 2011	Jenny Craig	52
Bulletin board		53
Introduction of New Members		53
Japanese Text		54
Vol. 18, No.53 November, 2011 CONTENTS		
Editorial	Mizutani Junji	2
Mengen: Why It's Not Discussed in Acupuncture? – Part 4	Yokota Kampu	3
Kyutohinaishin: Intradermal Needle-Warming Technique – Part 3	Aaron Rubinstein	7
Surviving Radiation Exposure	Naoki Kubota and EJ Potter Kubota	10
Case Study of Transient Osteoporosis of the Hip	Peter Yates	13
A Case Study: Osteoarthritis of the Knee	Ohara Yuri	14
Moxafrica Update – August 2011	Jenny Craig and Merlin Young	15

Homo Sexualis Case Histories: Flip Side of a Human Being	Dita Sálová	18
Hacho Moxibustion	Sakamoto Koichi	20
Bamboo Tube Moxibustion	Mizutani Junji	22
Not The Sharpest Knife In The Draw — Speculations On Learning	Edward Obeidy	25
An Australian Apprenticeship	Adam McIntosh	28
From Apprentice to Journeyman and Beyond	Thomas E. Duckworth	30
Reflections on Apprenticeship-style Training	Nigel Dawes	32
On Apprenticeship	Jason R. Hackler	34
The Benefits of Apprenticeship	Kimiko Knight	35
The Disappearing Art of Apprenticeship	Kim Rosado	36
Bulletin Board		37
My Special Teachers	Kanamori Aki	38
The Art in the ‘Art of Acupuncture’	Caleb Mortensen	40
A Review of Stephen Birch’s Shonishin: Japanese Pediatric Acupuncture	Brenda Loew	41
Seminar Report: Third Annual Zeng Rongxiu Shanghan Lun Conference	Z’ev Rosenberg	42
Seminar Report: Traditional Japanese In-Touch Acupuncture and the 53rd Meridian Therapy Summer Seminar		
		Furue
Takashi and Keith Hughes	43	
Seminar Report: Shakuju Therapy in the US	Yata Masaki	44
Seminar Report: Shakuju Therapy	Kawanami Koki	45
Volunteer Acupuncture in Nepal	Kumaki Tsuguo	46
Introduction of New Members		48
Japanese Text		49

Editorial	Jeffrey Dann	2
Deficiency-Excess and Tonification-Dispersion	Ikeda Masakazu	3
Questions & Answers About Deficiency & Excess	Junji Mizutani	4
Some Thoughts on Kyo-Jitsu, Ho-Sha	Jeffrey Dann	8
Kyo and Jitsu, Ho and Sha	Thomas E. Duckworth	9
Tonification and Dispersion in Moxibustion	Menjo Yuki	10
A Learning Parable	Bob Quinn	11
Metal-Water Treatments in Kiiko Matsumoto Style Acupuncture	Grace Rollins	12
Memorable Clinical Cases Using Dashin and Shindohappi	Kawase Kunihiro	14
A Clinical Study of Chong Mai-Yin Wei Mai Pathology	Faruk Sahin	16
Why I Became a Zen Therapist	Julie Brigitte Moore	18
The Yi Jing (I Ching) and Oriental Medicine	Fujiwara Noriyuki	19
Siebold and Ishizaka Sotetsu: Cross-national Acupuncture Apprenticeship – Part 2		Mathias
Vigour20		
My Apprenticeship with Dr. Ineon Moon	Jake Paul Fratkin	22
Moxafrica Update December 2011	Jenny Craig and Merlin Young	24
Oriental Medicine in Nicaragua: 25 Years of Progress	Yamaki Haruo	25
The Making of a Mindful Acupuncturist	Takahashi Hideo	28
Hot Property: Moxa in Germany	Ton van Huffelen	30
Seminar Report: Shakuju Therapy with Kobayashi Shoji Sensei	Pamela Sokach	31
Tokyo 3 Reminiscences	Stephen Brown	32
Warm Hands – Warm Heart	John Thompson	33
Seminar Report: The 3rd Annual Tokyo Seminar and the 53rd Annual Meridian Therapy Association Seminar 2011		
	Steven Siroky	34
Seminar Report: Advanced M-Test Training in Fukuoka, Japan.	Yuki Itaya	35

My First Experience in Japan – Tokyo 3 2011	Jennika Wildau	36
Bulletin Board		37
Introduction of New Members		38
Japanese Text		39
Vol. 19, No. 55 July, 2012 CONTENTS		
Editorial	Stephen Brown	2
Thoughts on Japanese Acupuncture	Kobayashi Shoji	3
Treatment of Morning Sickness	Murata Morihiro	4
A Clinical Study of Liver, Liver-Small Intestine, and Small Intestine Abdominal Patterns	Faruk Sahin	6
Shakuju Therapy: Case Study	Cynthia Quattro	9
Chinetsukyu Treatment of Dermatitis Caused by Excessive Self-moxibustion	Menjyo Yuki	11
Oriental Medicine in Nicaragua: 25 Years of Progress	Yamaki Haruo	12
Out of the Box: the Emergence of Human Medicine	Andy Karozos	15
Box Moxibustion	Seki Katsuyoshi	16
The Art of Improvisation – Phantom Pain!!	Pamela Ellen Ferguson	17
Acupuncture Cruise-ship Style	Toda Sayaka	18
Is There a Role for Post-mortem Acupuncture?	Jeffrey Dann	19
Listening to the Voice of Qi	Paula Steele	20
One Liter of Tears and a Bowl of Green Juice	Takamatsu Bunzo	21
Kototama Inochi Meridian Therapy: Procedures and Protocols	Thomas E. Duckworth	22
Kyutohinaishin: Intradermal Needle Warming Technique – Part 4	Aaron Rubinstein	23
Heart of Sole	Matsumoto Kiiko and Monika Kobylecka	25

The “Original” Nature of Traditional Medicine	Furue Takashi	26
Unique Clinical Experiences	Alan Jansson	27
Hacho Moxibustion – Part 2	Sakamoto Koichi	28
Mechanisms of Acupuncture: A New Analysis	Ishida Yasuo	29
Modern-day Moxa Production	Maegawa Takashi	33
Ohashiatsu in Germany: 35 Years	Ohashi Wataru	35
Challenges and Frustrations for Moxafrica	Jenny Craig	36
Seminar Report: 11th Traditional Japanese Acupuncture Seminar, San Francisco, 2012		Nagato
Noriko	37	
Seminar Report: Shakuju Therapy, Hawaii, Spring 2012	Ehrland Truitt	40
M-Test Seminar 2012 With Yamashita Nagisa, Itaya Yuki, and Mukaino Yoshito		Jason Beito
	43	
Introduction of New Members and Bulletin Board		45
Japanese Text		46

Vol. 19, No.56 November, 2012 CONTENTS

Editorial	Mizutani Junji	2
Perspectives on Ho-sha and Kyo-jitsu: Historical and Modern Clinical Reflections		Stephen
Birch	3	
Inspiration from Deficiency and Excess	Shaun Sutton	7
Deficiency-Excess and Tonification-Dispersion –Part 1	Matsumoto Hiromi	8
Thoughts on Japanese Acupuncture – Part 2	Kobayashi Shoji	10
Outside one Box, Inside Another	Andrew Fitzcharles	12
Qi Sandwich Anyone?	Pamela Ellen Ferguson	13
Back Diagnosis and Theory	Kokubo Junzo	14

The Yi Jing (I Ching) and Oriental Medicine – Part 2	Fujiwara Noriyuki	17
Mechanisms of Acupuncture: A New Analysis – Part 2	Ishida Yasuo	19
The Pivot of Nothingness – Penetrating Time in the Practice of Acupuncture – Part 1		Charles
Chace	22	
Meridian Frequency Moxibustion with Ontake Warm Bamboo – Part 1	Oran Kivity	26
Letter to the Editor	Mary S. Wallis	29
Scarred for Life?	Philip CJ Strong	30
Clinical Application of Cupping	Bart Walton	32
White Crane Taikyokyu Method	Carl Wagner	34
Phantom Pain	Mahtab Bayat	35
Short Q and A	Bart Walton	35
Periodontal Care and Huang Lian Jie Du Tang	Yasushi Masato	36
New Age Deshi	Alan Jansson	38
Sovereign Points To Kill Toothache: Yanagiya Single Needle Techniques	Kanazawa Shinjiro	40
Leave Your Shoes at the Door: A Glimpse into Fertility Treatments in Japanese Clinic		
Cameron Bishop	41	
Moxafrica: The TB Research Truly Begins	Jenny Craig and Merlin Young	42
Diversity in the Clinic	Kim Rosado	44
Seminar Report: 54th Meridian Therapy Seminar Summer 2012	Furue Takashi	44
Seminar Report: Tokyo 4 In-Touch International Acupuncture	Jeffrey Dann	46
Seminar Report: Tanioka Sensei Presents Taishi Hari for Children and Adults		Gretchen
Lorenson	47	
Master Seminar	Takamatsu Bunzo	48
Introduction of New Members and Bulletin Board		49
Japanese text		50

Vol. 20, No.57 March, 2013 CONTENTS

Editorial	Mizutani Junji	2
Deficiency Excess and Tonification Dispersion – Part 2	Matsumoto Hiromi	3
Superficial Needling: Qi Movement and Miracle Cur	Suzuki Makiko	5
The Origins and Ideological Roots of Acupuncture and Moxibustion	Matsuda Hirokimi	8
Case Study Research on Nausea and Vomiting in Pregnancy and the Benefits of Hinaishin Needles at Kidney 27	Coleen Smith	10
Short Q and A		13
Meridian Frequency Moxibustion with Ontake Warm Bamboo – Part 2	Oran Kivity	14
Clinical Application of Cupping – Part 2	Bart Walton	16
Treatment of Pain and Challenges in Acupuncture and Moxibustion	Mahtab Bayat	18
Blockages to Healing: The Importance of Foci	Faruk Sahin	20
The Challenge of Treating Chronic Disease	Takashima Masaaki	22
Delving into the Wisdom of Acupuncture	Tokuyama Fumika	24
Tinnitus Treatment	Menjyo Yuki	25
Moxibustion and Acupuncture: Two-step Treatment for Hand Disorders	Mizutani Junji	26
The Benefits of Self-moxibustion for Patients	Ohara Yuri	28
Centuries of Teaching Experience in One Room	Cameron Bishop	29
The Studies	Thomas Duckworth	29
Book Review	Andrew Fitzcharles	30
Seminar Report: Kiiko Matsumoto's Japan Study Seminar 2012	Grace Rollins	31

Vol. 20, No.58, July, 2013 CONTENTS

Editorial	Stephen Brown	2
Round Table Discussion: How to Locate Treatment Points – Part 1	Katai Shuichi	3

The Value of Information Gained from Palpation	Ogawa Takayoshi	8
The Origins and Ideological Roots of Acupuncture and Moxibustion – Part 2		Matsuda
Hirokimi	10	
This Book Made Me Blink	Takahashi Hideo	12
Book Review: A Long Road – An Acupuncture Travelogue by Edward Obaidey		Jeffrey Dann
	15	
My Favorite Book: In Pursuit of the Purpose of Life	Seki Katsuyoshi	16
The Book That Changed My World	Alan Jansson	17
The Moxibustion Doctor: Hara Shimetaro	Onishi Mayu	18
Book Review: The Omnivore's Dilemma – A Natural History of Four Meals by Michael Pollan		Carol
Weingarten	20	
The Book I Keep at My Side	Takashima Masaaki	22
Moxafrica Update May 2013	Jenny Craig and Merlin Young	23
Practical Moxibustion Therapy (35) : Essence of Acupuncture and Moxibustion – Part 4		Mizutani
Junji	24	
Clinical Application of Shudo-style Acupuncture	Murata Morihiro	26
An Omen in Our Pulses: The 2011 Tohoku Earthquake Predicted	Suzuki Makiko	30
Japanese Meridian Therapy in the Community Acupuncture Model	Robert Hayden	32
A Clinical Study of the Dai Mai – Yang Wei Mai Abdominal Pattern	Faruk Sahin	34
Chinetsukyu Treatment for Leg Rash	Menjo Yuki	35
Seminar Report: Koshi Balancing Certificate Program in Portland	Bob Quinn	36
Seminar Report: Hideo Takahashi and the Essential Spirit of Japanese Acupuncture		Michael
Talish	37	
Seminar Report: Funamizu Takahiro in Hawaii	Bob Quinn	39
Seminar Report: Relying on Heart – The First Annual Care for the Warriors Veteran's Conference		
	Todd Turetsky	40

Introduction of New Members 41

Bulletin Board 41

Japanese Text

Vol. 20, No.59, November, 2013 CONTENTS

Editorial Cheryl Coull 2

Round Table Discussion: How to Locate Treatment Points – Part 2 Katai Shuichi 3

The Origins and Ideological Roots of Acupuncture and Moxibustion – Part 3 Why is Japanese Acupuncture and Moxibustion
a Medicine of Touch? Matsuda Hirokimi 9

Autonomic Reactions in the Practitioner When Palpating and Needling Oran Kivity 12

Finding Effective Treatment Points Matsumoto Hiromi 14

My Approach to Palpation Mizutani Junji 15

Characteristics of Japanese-style Acupuncture Takashima Masaaki 17

The Hands of the Therapist: The Crucial Role of Palpation in Therapy
Mahtab Bayat 18

A Palpatory Exam that Changed My Life Bob Quinn 20

Stumbling on the Right Point Tom Ingegno 21

Reflections on Subtle Palpation Zoë Brenner 22

Effects of Shiatsu Stimulation on Blood Pressure the Japan Shiatsu College 24

Improving Fingertip Sensitivity Ryu Ritsuko 27

The Research Dilemma Andrew Fitzcharles 28

Pacific Rim Meridian Therapy Society: An Interview with the Founder
Elizabeth Talcott 29

Syndrome Patterns in Traditional Medicine Furue Takashi 30

Using Our Senses and Bodily Responses to Guide Design: Revising Ancient Herbal Recipes Shaun

Sutton	32	
Mentor Books	Takamatsu Bunzo	34
Clinical Study of the Yang Qiao-Du Mai Abdominal Pattern	Faruk Sahin	35
Acupuncture and Moxibustion for Menstrual Disorders	Kokubo Junzo	36
Seitaikyu: Postural Balancing with Moxibustion	Felip Caudet	38
Enhancement of TCM Education with TJM	Elizabeth Talcott	41
Moxibustion Treatment for Warts	Takano Mika	42
Moxibustion Q & A	Onishi Mayu and Mizutani Junji	43
Moxafrica Update September 2013	Jenny Craig and Merlin Young	44
Seminar Report: Warm Bamboo Workshop	Enomoto Hiroshi	46
Introduction of New Members		47
Bulletin Board		47
Japanese text		48

Vol. 21, No.60 March, 2014 CONTENTS

Traditional Needling Techniques As Practical Constructions From Reading Historical Descriptions	Stephen
Birch	3
First International Wang Ju-Yi Channel Theory Symposium	Jeffrey Dann 8
Respecting our Ancestors and Searching for our Roots: The Source for the Cultivation and Establishment of Applied Channel Theory	Wang Ju-yi 9
A Discussion of Differences Between Hand Shao Yin and Hand Jue Yin Channel Indications	Wang Hong
Min	11
The Tail Wags the Dog: Developments in Oriental Medicine Outside China and a New Beijing Phenomenon	Jason D. Robertson 13
Seeking the Truth About Meridians	Shinada Takashi 16

The Importance of Observation	Takashima Masaaki	18
The Four Seas – Part 1	Chris McAlister	20
The Yin and Yang of Borborygmus	Daniel Schulman	23
Clinical Results Using Nan Jing 68	Zoë Brenner	24
Life Ends and Begins Again: Musings On Cycles of Life and the Su Wen	Z'ev Rosenberg	26
Round Table Discussion: How to Locate Treatment Points – Part 3	Katai Shuichi	28
Infertility and Pregnancy-related Problems	Kokubo Junzo	34
Treatment to Turn a Breech Baby in a Twin Pregnancy	Seki Katsuyoshi	36
Treating a Breech Baby: Moxibustion on SP-6	Aki Takasaki	38
Acupuncture Treatment of Chronic Diseases	Faruk Sahin	38
Exploring the Use of Indirect Moxa in Heat-Sensing Treatment	Menjyo Yuki	40
Changing Patterns through Shakuju Therapy	Ra Adcock	42
Shakuju Therapy: A Conversation with Instructor Tisha Mallon	Ra Adcock	43
XL Heart for Africa: An Interview with Jenny Craig	Ton van Huffelen	45
Seminar Report: Kiiko Matsumoto in Japan 2013	Grace Rollins	46
Intense Days at Nepalese Health Camp	Shingo Satoshi	47
Seminar Report: Shakuju Therapy with Tisha Mallon	Karen Villanueva	48
Seminar Report: Mizutani Sensei Returns to Santa Fe	Carl Wagner	49
Introduction of New Members		49
Bulletin Board		50

Vol. 21, No.61 July, 2014 CONTENTS

Editorial	Cheryl Coull	2
A Comparison of Dr. Wang Ju-Yi's Diagnosis through Meridian-Channel Palpation and Early Acupuncture Literature	Shelley Ochs	3

Channel Examination: The Faithful, Unfailing Guide in the Clinic	Jonathan Chang	6
Dr. Wang Ju-Yi, Tai Yin Energetics, and Acupuncture in a Changing World	Jeffrey Dann	8
Practical Moxibustion Therapy (36)	Mizutani Junji	10
The Cultural Narrative of the Channel System	Nyssa Tang	12
First American Sotai Summit	Rande Lucas	13
The Four Seas – Part 2	Chris McAlister	14
A Clinical Study of Yin Qiao Mai-Ren Mai Pathology	Faruk Sahin	17
Report on 11 Cases of Connective Tissue Disease in which Pressing Pain Stimulation is Used as a Steroid Cessation Treatment	Nagata Hiroshi	18
Pulse Conditions and Brainwaves	Yasushi Masato	22
My Notes on Moxibustion Treatment	Takano Mika	24
Multi-moxibustion Treatment	Onishi Mayu	26
A Case of Allergies?	Pamela Ellen Ferguson	27
Treatment of Macular Degeneration with Acupuncture and Direct Moxibustion		Randy Clere
	28	
Introduction to Fluid-Energy Integration: Combining Osteopathic Lymphatic Techniques with Traditional Japanese Acupuncture	Mark Petruzzi	29
Shudo Clinic Observation Notes	Takashima Masaaki	30
Seminar Report: Pointing the Way – Special Effect Points from Master Practitioners		Mark
Petruzzi	31	
Working at a Health Camp in Nepal	Ashii Shinzo	32
A Day in Clinic with Iwashina Sensei (Dr. Bear)	Bob Quinn	34
Seminar Report: Teishin Fundamentals and Meridian Applications with Dr. Bear in Portland		Daniel Silver
	35	
Seminar Report: International Okyu Workshop – Barcelona 2013	Felip Caudet	36
The Shonishin Club with Brenda Loew	Todd Wymer	37

Oriental Medicine Re-evaluated	Takamatsu Bunzo	38
Moxafrica Tour of Japan	Itaya Yuki	39
Seminar Report: Funamizu Takahiro in Santa Fe, New Mexico	Wyatt Krajeski	40
Seminar Report: Trauma and PTSD – Reflections on Working with Funamizu Takahiro		
	Daniel Silver	41
Introduction of New Members		42
Bulletin Board		43
Japanese Text		44

Vol. 21, No.62 November, 2014 CONTENTS

Editorial	Andrew Fitzcharles	2
Anti-aging and Acupuncture Therapy	Yano Tadashi	3
Treating Elderly Acupuncture Patients in Accordance with the Classics	Matsumoto Hiromi	7
Acupuncture for Geriatric Disease and an Aging Society	Kokubo Junzo	9
My Approach to Acupuncture and Moxibustion for Seniors	Andrew Fitzcharles	10
Characteristics of Longevity Ascertained Through Observation	Suzuki Makiko	11
Shudo-style Treatment of Elderly Patients	Murata Morihiro	14
Case Studies: Three Elderly Patients Treated with Acupuncture	Furue Takashi	18
Dear Dr. Sotai	Rande Lucas	19
On Treatments of the Elderly	Takashima Masaaki	20
My Clinic: A Cross Section	Caleb Mortensen	21
Osteoarthritis and Abdominal Findings in Elderly Patients	Mizutani Junji	22
Shirley: A Geriatric Case Study	Mary Wallis	24
The Art of Working with Seniors	Pamela Ellen Ferguson	25

Constipation in an Aged Patient	Mejyo Yuki	26
You Can't Teach an Old Dog New Tricks (and Other Idioms)	Tom Ingegno	27
Thoughts about Treating the Elderly	Ryu Ristuko	28
Centenarians in My Treatment Room	Tokuyama Fumika	29
The Trend Toward Late Childbearing in Japan	Takano Mika	30
Acupuncture Treatment of Elderly Patients: A Summary	Faruk Şahin	31
Bulletin Board	31	
Symptomatic Treatment of Inflammation	Thomas E. Duckworth	32
Treating the Generations: Change in a South Florida Clinic	Cameron Bishop	33
Treatment with Perseverance	Onishi Mayu	35
Acupuncture in Palm Springs: A Focus on Gay and Elderly Populations	Kodama Toru	36
Case Study: Ovarian Cyst in Early Stage Pregnancy	Seki Katsuyoshi	38
Introduction of New Members		39
Dosage and the Goldilocks Zone	Oran Kivity	40
Update on the Japan-Nicaragua College of Oriental Medicine	Yamaki Haruo	42
Moxafrica Update: Randomized Trial	Merlin Young	45
Moxafrica: Dots and Lines	Itaya S. Yuki	46
Japanese text		47

Vol. 22, No.63 March, 2015 CONTENTS

Editorial	Cheryl Coull	2
Breaking New Ground		
Classical Root Treatment in Clinic	Gregory Williams	3
Acupuncture Therapy as a Fairy Tale	Iwashita Shumei	5
A Close Examination of the Liver	Jeffrey Dann	8

Updating Moxa Points	Felip Coudet	10
Moxa: A Field Medicine for an Uncertain Future?	Merlin Young	12
Special Series: A Healthy Life with Acupuncture and Shiatsu		
Food as Medicine	Mizutani Junji	14
A Healthy Life with Acupuncture and Shiatsu: Qi In Everyday Life	Pamela Ellen Ferguson	16
Metabolic Syndrome and Traditional Medicine	Furue Takashi	17
Treatment of Metabolic Syndrome with Acupuncture	Faruk Sahin	18
The Longevity Treatment	Mary Wallis	19
Methods and Approaches		
Te a Te and Acupuncture	Thomas E Duckworth	20
Introduction to Shakuju Therapy – Part 1	Takahashi Daiki	22
Melding Finger Pressure and Needle Puncture	Mitchell Wolf	25
Specific Conditions, Patterns, and Case Studies		
Knee Injuries	Carl Wagner	26
A Clinical Study of Gallbladder-Heart, Heart and Gallbladder Abdominal Patterns	Faruk Sahin	27
Case Study: Diabetic Patient with 50-year-old Shoulder Pain	Kaga Toshiro	28
Case Studies: Diseases Derived from the Seven Emotions	Takashima Masaaki	30
Seminar Reports		
2014 American Shakuju Therapy Seminar	Yata Masaki	32
Shakuju Hawaii 2014	Tom Hurrle	33
Japan 5 International In-Touch Acupuncture	Todd Wymer	34
The Japan 5 In-Touch Acupuncture & Moxibustion Program	David J. Seto	36
Toyohari National Training in Oregon	Bob Quinn	38
Book Review		

Blowing in the Wind: Drug Resistant TB and the Poor	Cheryl Coull	39
Introduction of New Members and Bulletin Board		41
Japanese Text		42

Vol. 22, No.64 July, 2015 CONTENTS

Editorial	Andrew Fitzcharles	2
Special Series: Treating Children		
Daishi-style Shonishin	Ueda Noriko	3
Benefits of Daishi-style Pediatric Acupuncture	Tatesaka Satoshi	4
How I Became Interested in Pediatric Acupuncture	Kawase Kunihiro	6
Practical Moxibustion Therapy (37): Pediatric Moxibustion	Mizutani Junji	7
The Teishin – Thoughts and Uses	Stephen Birch, Junko Ida	9
Touched by the Magic Wand: Using the Teishin	Ton van Huffelen	11
The Subtleties of Acupuncture Tool Design	Anton H.E. Wilhelm	15
Miracles with Shonishin and Pediatric Acupuncture	Katrianna Heigelmann	17
Interacting with Children in the Clinic	Shuto Junko	19
Child-Friendly Clinics for Asian Bodywork Therapy	Pamela Ellen Ferguson	20
Softly, Softly	Chris McAlister	22
Shonishin: Transferable Skills in Treating Adults	Daniel Silver	23
Teishin in Chronic Lyme Disease Treatment	Bob Quinn	24
Teishin Treatment of the Face	Funamizu Takahiro	26
Pediatric Case Studies		
Treating Children and Inspection of the Index Finger Vein	Shinada Takashi	28
Shakuju Therapy for Pediatric OCD	Eric Brunn	29
Using Shonishin to Treat Children with Behavioral Issues	Marian Fixler	30

An Integrative Approach to Pediatrics	Isabelle Chen-Angliker	32
Root Treatment for Teen Soccer Injury	Ashley Crutchfield	34
Methods and Approaches		
Pulse Diagnosis, Palpation, and the PDCA Cycle - Part 1	Miyakawa Kouya	35
Introduction to Shakuju Therapy - Part 2	Takahashi Daiki	37
Abdominal Diagnostics for Toxic and Pathogenic Factors	Oura Jikan	39
Palpation for Two Gallbladder Channel Pathologies	Mahtab Bayat	43
My Path to Mastery	Heather Suzuki	44
News and Updates		
Moxafrica Report	Merlin Young	45
30th Commemorative Congress of JTM	Takashima Masaaki	46
Memories of Shinjiro Kanazawa	Stephen Brown	49
New NAJOM Members		49
Bulletin Board		50
Japanese text		51

Vol. 22, No.65 November, 2015 CONTENTS

Editorial	Cheryl Coull	2
Special Series: Moxibustion in the 21st Century		
Theoretical Discussion of Sawada-style Taikyoku Therapy	Yamada Katsuhiro	3
Fukaya-style Moxibustion: Significance and Characteristics	Fukushima Tetsuya	6
Practical Moxibustion Therapy (38)	Mizutani Junji	10
Understanding Fukayakyuho – Part 1	Felip Caudet	12
Clinical Effectiveness of Moxibustion	Yamaki Michiko	14
The Real Pleasure of Using Indirect Moxibustion	Iwashita Shumei	15

Case Study: Infertility Treatment With Moxa	Takano Mika	17
A Discussion of Heat-sensing and Direct Moxa	Menjyo Yuki	18
Practice Makes the Perfect Moxa Treatment	Heather Suzuki	19
Moxafrica Update: Summary of Moxa TB Study	Merlin Young	20
Moxafrica in Mumbai, India	Ulick Burke	23
Breaking New Ground		
Unhindered by Sight: The Tradition of Blind Acupuncturists	John Dixon	24
The Remarkable Health Benefits of Green Tea	Bart Walton	28
Effects Of Acupuncture On Jump Height and Reaction Time	Tsubakiyama Kiyohide, Schaefer Sarah	30
Two Views of Acupuncture	Ishida Yasuo	32
Methods and Approaches		
Pulse Diagnosis, Palpation, and the PDCA Cycle – Part 2	Miyakawa Kouya	33
Introduction to Shakuju Therapy – Part 3	Takahashi Daiki	35
Relationships Between Spinal Movement and Extraordinary Vessels	Faruk Sahin	37
Seminars/Reports		
30th Gensai Jyuku with Shudo Denmei and Mizutani Junji	Ryu Ritsuko	38
Contact Needling and Teishin with Iwashina Anryu	David Toone	41
Ontake Workshop with Oran Kivity	Takemoto Koki	43
Diseases of the Spirit with Funamizu Takahiro	Cynthia Quattro	44
Acupuncture for Children – Vienna	Shuto Junko	45
Bulletin Board		45
The Great Nepal Earthquake	Hata Minae	46
New NAJOM Members		47
Japanese text		48

Vol. 22, No.66 March, 2016 CONTENTS

Editorial	Andrew Fitzcharles	2
Special Series: Treatment of Insomnia		
Acupuncture and Moxibustion Treatment for Insomnia	Kokubo Junzo	3
Insomnia: A Thousand-headed Companion	Chris McAlister	4
Sleeping Patterns as Syndrome Patterns	Furue Takashi	8
Sleeping in the Age of Anxiety	Dan Zizza	9
Of Dreams, Needles, and Healing	Bob Quinn	10
A Case Study of Insomnia: Treating Heart Deficiency	Jeffrey Dann	12
Case Studies of Insomina	Mizutani Junji	14
Why Can't People Sleep?	Takashima Masaaki	16
Sleep: The Importance of Feeling Satisfied	Menjyo Yuki	18
Tackling Inzzzzzzomni	Pamela Ferguson	19
Sleep: Curse or Blessing?	Isabelle Chen-Angliker	20
Healthy Sleep, Happy Life	Mayu Onishi	22
Breaking New Ground		
Connections Between Parent-Child Relationships and the Five Zang Organs	Suzuki Makiko	24
Moxafrica Report: The Big One!	Merlin Young	28
Case Study: Juvenile Rheumatoid Arthritis	Faruk Sahin	30
Methods and Approaches		
Watching a Master at Work	Stephen Brown	31
Introduction to Shakuju Therapy – Part 4	Takahashi Daiki	32
Reintroducing Dr. Bear	Masako Wada	35

A Healing Mantra	Takamatsu Bunzo	37
Seminars/Reports		
Koshiishi Sensei's Shiunko Kyu Method Sutton	John Dixon and 38	Shaun
Matsumoto Kiiko's Japan Study Seminar 2015	Grace Rollins	41
Japan-Nicaragua College of Oriental Medicine and WHO Nicaragua	Yamaki Haruo	42
In-Touch Acupuncture 6th Seminar	Reza Gunawan	43
Iyashi No Michi Seminar with Maenosono Kukan	Teresa Kusano Tsukano	44
Disaster Acupuncture, Moxibustion and Massage Relief Project	Miwa Masataka	45
Bulletin Board		36
New NAJOM Members		46
Japanese text		47
Vol. 22, No.67 July, 2016 CONTENTS		
Editorial	Cheryl Coull	2
Special Series: Treatment of Chronic Pain		
Considering Clinical Strategies for Chronic Low Back Pain	Yamada Katsuhiro	3
Sole to Scalp: New Approaches for Pain using Kiiko Matsumoto Style	Grace Rollins	7
Using Tools Other than the Filiform Needle to Treat Chronic Pain	Fukushima Tetsuya	10
The Incredible Powers of Albi Plaster	Thomas Duckworth	11
E01 Suppurative Moxibustion	Mizutani Junji	12
Contact Sparrow Pecking: Gentle Dispersion for Chronic Pain	Mark Petruzzi	13
Pain Relief Though Ishizaka Ryu Acupuncture and Acid-Alkaline/Yin-Yang Food Therapy		Kubota

Naoki	14	
Meridian Therapy for Chronic Symptoms and the Words of the Yellow Emperor		Shinada
Takashi	15	
Root Treatment for Chronic Whole-Body Pain	Furue Takashi	18
Ah – So You Experience Migraines?	Pam Ferguson	20
Case Study: Ron With Stage-Four Cancer	Mary Wallis	21
Chronic Pain as a Multidimensional Phenomenon	Mahtab Bayat	22
Chronic Pain: Two Case Studies	Ryu Ritsuko	23
Case Studies of Chronic Pain	Takashima Masaaki	24
Moxibustion for Raynaud’s Disease and Drug Addiction	Hata Minae	26
Dupuytren’s Contracture and the Treatment of Chronic Pain	Takeda Hiroki, Eric Michaelsen	27
Breast Pain	Takano Mika	28
Pain and Swelling of the Knee Joint	Yokota Kampu	30
Breaking New Ground		
Senseless – Part 1	Haki	32
Methods and Approaches		
Yin Yang Taiji Acupuncture	Yoshikawa Masako	34
Understanding Fukayakyu-Ho – Part 2	Felip Caudet	38
Introduction to Shakuju Therapy – Part 5	Takahashi Daiki	40
One-Handed Needle Loading: The Sarica Technique	Sarica Cernohous	41
Meridian Sinew Treatments with Press Tack Needles	Fujikawa Naotaka	42
Wuthering Heights: Two Women and Their Chronic Unrest	Ton van Huffelen	44
Acupuncture Treatment of Edema after Breast Cancer Surgery	Menjo Yuki	46
Functional Dyspepsia: A Case Study	Seki Katsuyoshi	47
Seminars/Reports		

Shakuju Therapy Seminar in San Francisco	Tasaka Saori	48
Book Review: The Butterfly Fauna of Sri Lanka	Pamela Ferguson	51
New NAJOM members		17
Bulletin Board		52

Vol. 23, No.68 November, 2016 CONTENTS

Editorial	Andrew Fitzcharles	2
Special Series: East Meets West		
Western Science, Eastern Healing	Miquel Masgrau	3
Eastern and Western Medicine: Separate But Equal	Peter Eckman	5
Where We Are Going Is Where We Have Been	K. B. Hegillman	6
Medical Models in Japanese Acupuncture	Benjamin CW Chant	8
Inpatient Acupuncture: A Three-Month Trial	C. L. Smith/M. Mulcahy	11
Working For California's Largest Healthcare Provider	Andrew Fitzcharles	14
Bringing Eastern and Western Medicine Together	Tanaka Kiyoshi	16
One Doctor's Experience: Isabelle Chen-Angliker MD	Pamela Ferguson	17
A Neurosurgeon's Integrated Method: PPS	Nagata Hiroshi	19
M-Test: Using the Wisdom of Oriental Medicine	Mukaino Yoshito	21
Treatment of Depression: A Comprehensive Approach	Bart Walton	23
Treatment of MS with Acupuncture and Chiropractic	Faruk Sahin	24
Thoughts on Acumoxa and Craniosacral Therapy	Takashima Masaaki	26
Acupuncture and Moxibustion's Effects on the Brain Reward System	Fukuda F, Yano T, Kato B, Yoshimoto K	29
Effects of Light Stroking on Patient Strength and Endurance	Shimizu M/ Morikita I	33
Methods and Approaches		

Senseless – Part 2	Haki	35
Introduction to Shakuju Therapy – Part 6	Takahashi Daiki	38
Shakuju Therapy for Ailments Due to Stres	Yamauchi H/Fujihara N	39
Seminars/Reports		
Shonihari Seminar: Kuwahara Sensei in Portland	Bob Quinn	43
Pain Treatment: KC Connover in Alaska	Bob Quinn	44
Shudo-style Meridian Therapy: Murata Morihiko, Santa Fe	Acazia Gilmore	45
Acupuncture Relief: Kumamoto Earthquake	Rishin Matsumine	46
Sotai Summit: Boulder	Joe Wollen	47
Volunteering in Nepal	Osawa Yasunori	48
New NAJOM Members/Bulletin Board		50

Vol. 24, No.69 March, 2017 CONTENTS

Editorial	Cheryl Coull	2
Tools of Our Trade		
Thoughts on Tools and Chronic Lyme Disease Treatment	Bob Quinn	3
The Tool Business	Bob Quinn	4
What's in the Storage Closet?	Jeffrey Dann	4
Acupuncture and the Yari-ganna Plane	Takahashi Hideo	6
Tools in the Healing Arts: A Silver Smith's Perspective	Mark Parzynski	8
An Introduction to Eleven Needles – Part 1	Ishihara Katsumi	10
Non-Insertion and Contact Needles	Fukushima Tetsuya	17
Rediscovering Our Ancient Tools: The Dashin	Oura Jikan	20
Overview of Shonihari and its Techniques	Ino-ue E, Suzuki S, Yoneyama H, Ozaki T	

The Teishin	Funamizu Takahiro	27
My Gold Teishin	Takashima Masa-aki	29
Meridian Ontake Warm Bamboo – Part 3	Oran Kivity	30
Ontake and Iron-Stick Moxibustion	Honda Susumu	32
The Semiconductor Diode as a Healing Tool	Cheryl Coull	34
Acupuncture Tools Hot List	NAJOM Team	36
Methods and Approaches		
Shakuju – Part 7	Takahashi Daiki	37
Moxibustion: An Amateur in Love	Hagiwara Tomoko	38
Seminars/Reports		
Moxafrica's Japan Tour	Merlin Young	40
Help Moxafrica Japan Tour – Acknowledgements	Mizutani Junji	42
JAPAN 7 In-Touch	E Murphy, C Coull	43
HIV Camp in Kenya	Sakamitu Nobuo	44
Volunteering in Nepal	Koyama Toshihiro	46
New NAJOM members		47
Bulletin Board		48
Japanese text		49

Vol. 24, No.70 July, 2017 CONTENTS

Editorial	Cheryl Coull	2
A Tribute to Andrew Fitzcharles	Stephen Brown, Tisha Mallon	3
The Body Holographic		
As Above, So Below	Bob Quinn	4
Abdominal Diagnosis in Acupuncture and Moxibustion	Matsumoto Hiromi	6

Abdominal Diagnosis: Resolution of Toxic and Pathogenic Factors	Oura Jikan	10
Practical Wan Huai (Wrist and Ankle Acupuncture) Therapy	Fujikawa Naotaka	13
Hirata's Hot-Needle Therapy	Mizutani Junji	18
Using Holographic Mapping with Ontake	Oran Kivity	20
Scalp Acupuncture and Simultaneous Extremity Movements	Faruk Sahin	23
Oh Those Happy Feet!	Pamela Ferguson	24
More Tools of Our Trade		
An Introduction to Eleven Needles – Part 2	Ishihara Katsumi	25
Rediscovering Our Ancient Tools – Part 2	Oura Jikan	29
Methods and Approaches		
Introduction to Shakuju Therapy – Part 8	Takahashi Daiki	32
Treatments for Psychosomatic Disorders	Ikai Yoshio	35
A Review of 24 Long-Term Acupuncture Cases	Yamauchi Hidemi, Kikuya Daisuke, Fujiwara	
Noriyuki	37	
Seminars/Book Reviews		
Moxafrica Goes to North Korea	Ulick Burke	40
Okyu 2017 – Third International Seminar	Felip Caudet	42
Dr Bear and the High Art of Gentle	Bob Quinn	43
Shakuju Therapy with Kobayashi Shoji Sensei	Karen Vartanian	44
Shakuju Therapy with Kobayashi Shoji Sensei	Aaron Rubinstein	46
Miyawaki Kazuto Sensei in New Mexico	Elena Giuliani	47
Peter Deadman's New Classic: Live Well Live Long	Cheryl Coull	48
New NAJOM Members		48
Bulletin Board		17
Japanese text		49

Vol. 24, No.71 November, 2017 CONTENTS

Editorial	Cheryl Coull	2
Palpation of the Vital Areas		
Palpation in Japanese Acupuncture and Moxibustion – Part 1	Katai Shu-ichi	3
Touching is Believing	Fukushima Tetsuya	7
Treatment by Palpation	Mizutani Junji	10
Teishin and Palpation Techniques	Funamizu Takahiro	12
Abdominal Examination: Qi, Blood, and Fluid Syndrome Differentiation	Miyakawa Kouya	14
Touch is a Two-Way Exchange	Bob Quinn	17
Daishi-style Shonishin Method – Part 1	Tatesaka Satoshi	18
The Meaning of Palpation in Japanese Acupuncture	Oura Jikan	20
Palpating Qi that the Eyes Cannot See	Iwashita Shumei	23
Palpation and Conscious Touching	Takashima Masaaki	26
Secrets of the Back Shu Points that Align the Spine	Suzuki Makiko	28
The Importance of Experience in Palpation	Menjyo Yuki	31
Palpation and Meridian Therapy	Shinada Takashi	32
Meeting Patients Where They Hurt	Mariola Strahlberg	34
Experiments in the Conscious Projection of Qi	Yamauchi Hidemi,	Fujiwara
Noriyuki	36	
Tools of Our Trade		
An Introduction to Eleven Needles — Part 3	Ishihara Katsumi	38
Rediscovering Our Ancient Tools – Part 3	Oura Jikan	42
Methods and Approaches		
Can We Treat the Heart Channel?	Jeffrey Dann	44

Introduction to Shakuju Therapy – Part 9	Takahashi Daiki	46
Treatment of Menopause Using the YNSA Z.S Point	Faruk Sahin	48
Seminars/Reports		
Moxafrica: What a Long Strange Trip It's Been	Merlin Young	49
Funamizu Takahiro Returns to California	Uyen Duong	51
Advanced Shakuju Therapy With Takahashi Daiki	Anna Smith	52
Bulletin Board		50
New NAJOM Members		53
Vol. 24, No.72 March, 2018 CONTENTS		
Editorial	Cheryl Coull	2
Letters		2
Difficult Cases		
Apitherapy and Acupuncture Treatment of Multiple Carcinoma from Breast Cancer		Ikai Yoshio
	3	
Treating Hand Numbness: A Chemotherapy Side Effect	Tsuda Masaki	7
Healing as Nature Intends: Japanese Micro-bleeding	Takahashi Hideo	10
A Case for Shiraku and Stubborn Chronic Pain	Shannon King	11
A Case of Minimalistic Treatment	Bob Quinn	12
Overcoming Infertility with Acupuncture	Seki Katsuyoshi	14
Acupuncture Treatment of Cortical Blindness	Faruk Sahin	15
Harmonizing the Elements Through Shiatsu and Movement	Pamela Ferguson	16
Bilateral Idiopathic Neuropathy of the Feet	Ran Kalif	19
Trigger Point Moxibustion	Takano Mika	20
A Focus on Unclassified Ashi Points	Fujikawa Naotaka	22

Beyond Western Medicine in Nicaragua	Yamaki Michiko	23
Shudo-style Acupuncture and Moxibustion	Murata Morihiro	26
A Medicine Reflecting the Land and its People – Part 1	Nakane Hajime	28
Conception Okyu	Jess Birmingham	29
Palpation of the Vital Areas		
Palpation in Japanese Acupuncture and Moxibustion – Part 2	Katai Shu-ichi	30
Fukushin: Abdominal Palpation in Kampo – Part 1	Nigel Dawes	34
Daishi-style Shonishin Method – Part 2	Tatesaka Satoshi	38
Breaking New Ground		
Wisdom of the Classics 2018 with Masakazu Ikeda	Alan Jansson	40
New Life for Miki Shima's Somato-Auricular Therapy	Jake Fratkin	42
Combining Old and New in the Clinic	Tom Ingegno	45
Kyutoshin: Intradermal Needle Warming – Part 5	Aaron Rubinstein	46
Training Blind TJM Practitioners	John Dixon	47
Seminars/Reports		
Moxafrica 2018	Merlin Young	51
A Pediatric One-Two Punch in Portland	Bob Quinn	52
Shakuju Therapy Seminar – Boston 2017	Suzahne Riendeau	53
Bulletin Board		25
New NAJOM Members		41
Vol. 25, No.73 July, 2018 CONTENTS		
Editorial	Cheryl Coull	2
Treating Patients with Cancer		

An Ordinary Practitioner's Moxibustion for Cancer Patients	Fukushima Tetsuya	3
Thoughts about Treating Cancer Patients	Mizutani Junji	5
Treating Cancer Patients in Shinkamigoto-cho	Takashima Masa-aki	8
Moxa and Cancer: A Discussion	Merlin Young	10
Treating Cancer: Who's the Sensei?	Jeffrey Dann	14
A Cautious Approach with Cancer Patients	Bart Walton	16
What is of worth, is vulnerable	Ton van Huffelen	17
A Practitioner's Story of Recovery	Ryu Ritsuko	19
Treatment of Cancer	Menjyo Yuki	20
Treating Cancer with Acupuncture and Moxibustion	Kokubo Junzo	22
Supportive Treatment of Cancer	Mahtab Bayat	23
Methods and Approaches		
Palpation in Japanese Acupuncture and Moxibustion – Part 3	Katai Shu-ichi	24
Fukushin: Abdominal Palpation in Kampo – Part 2	Nigel Dawes	28
Introduction to Shakuju Therapy – Part 10	Takahashi Daiki	31
Holistic Treatment of Autoimmune Diseases	Faruk Şahin	32
A Medicine Reflecting the Land and its People – Part 2	Nakane Hajime	34
Let Yourself Be the Light	Takamatsu Bunzo	36
Treating Trigger Finger with Moxibustion	Onishi Mayu	37
Seminars/Reports		
Moxafrica Update: North Korea March 2018	Ulick Burke	38
Moxa a Hit on Earth Day in Tokyo	Yuki S Itaya	39
Springtime Shakuju Workshop – Berkeley, California	Anna K Smith	40
Celebrating Japanese Styles in Oregon	Bob Quinn	41
Shimamura and the Wisdom of Master Nagano	Bob Quinn	42

Acupuncture in a Kenyan Farming Village	Sakamitsu Nobuo	43
Spring in Portland with Anryu Iwashina –(Dr Bear)	Daniel Silver	44
Bulletin Board		45
New NAJOM members		45
Japanese text		46

Vol. 25, No.74 November, 2018 CONTENTS

Editorial	Cheryl Coull	2
Treating Cancer with Acupuncture	Peter Eckman	3
The Mind-Body Connection		
The Spirit-Body Connection – Part 1	Yamada Katsuhiro	5
Acupuncture and the Mind-Body Relationship	Funamizu Takahiro	7
Conceptualization and Treatment of Depression and Depressive Symptoms – Part 1		Ishihara
Katsumi	9	
Depression and Pathogenic Qi	Hideo Takahashi	12
Treatment Points for Mental Stress and Psychosomatic Issues	Fukushima Tetsuya	14
East-West Mind-Body? Thoughts on Unitive Medicine	Bob Quinn	16
Mind Only in Clinical Practice	Faruk Sahin	18
Follow your bliss	Ton van Huffelen /Mirjam van Huffelen	20
On Being Mindful, Practical, and Creative	Pamela Ellen Ferguson	23
What Moxa Time Will Bring Out	Takano Mika	24
What I Can Say For Sure	Bunzo Takamatsu	27
An Interesting Psychosomatic Case	Takashima Masa-aki	28
Mental Agitation: In-law Issues	Menjyo Yuki	29

How to Treat the Abdomen Anatomically: Transcending Cultural Biases and Cultural Aesthetics	Jeffrey Dann
---	--------------

30

Methods and Approaches

Fukaya Sensei and the Bent String	Felip Caudet	32
An Unconventional Use for Jintan Pellets	Yasushi Masato	34
Introduction to Tuning Fork Therapy	Yamamoto Masumi	36
Intractable Chronic Angioedema: Two Cases	Yaniv Richter	38
Back Pain Caused by Dysautonomia – Case Report	Shinichi Tsuruta	39
Introduction to Shakuju Therapy – Part 11	Takahashi Daiki	40
Fukushin: Abdominal Palpation in Kampo – Part 3	Nigel Dawes	41

Seminars/Reports

Teishin Seminar with Funamizu Takahiro	Mish Kakutani	44
Moxafrica: Fall 2018 Update	Merlin Young	46
Sotai Summit II: A High Time in Colorado	Bob Quinn	48
Hari-style Acupuncture in Texas	Jon Dollar	49
Reflections on Thomas Sorensen's Teishin Seminar	Sasaki Hiroki	50
New NAJOM Members		50
Bulletin Board		51

Vol. 25, No.75 March, 2019 CONTENTS

Editorial	Cheryl Coull	2
Congratulations on 25 Years	Shudo Denmei	3
Shudo Sensei: With us from the Start	Mizutani Junji	3
A Closer Look at the Skin		
Reflections on Acupuncture and the Skin	Stephen Birch	4

What the Body Surface Reveals – Part I	Togasaki Masao	6
About Fingertip Sensation: Essential Skills for Mastery	Matsubayashi Yasuko	8
The Skin Mechanism and Ion Pumping Cords – Part 1	Honda Susumu	10
Tohokai Contact Needling Based on Observation of the Skin	Tsuda Masaki	12
Therapeutic Irritation of the Skin	Hideo Takahashi	15
Cubital Skin Diagnosis	Fukushima Tetsuya	17
The Fascia and Fukaya	Felip Caudet	18
Ink Moxibustion	Ikai Yoshio	20
The Skin is a Mirror Reflecting Health and Sickness	Ran Kalif	22
Palpating the Skin	Ryu Ritsuko	24
Moxibustion for Warts and Corns	Takano Mika	26
Life Power's Mirror	Mary S Walls	27
The Mind-Body Connection		
The Spirit-Body Connection – Part 2	Yamada Katsuhiro	28
Conceptualization and Treatment of Depression – Part 2	Ishihara Katsumi	30
Shao Yang Song of Fire and Wood	Elad Itzhakov	33
Observing Emotions and the Body in Animals and Humans	Suzuki Makiko	34
Acupuncture and the Mind-Body Connection	John Dixon	37
Methods and Approaches		
The Field	Bob Quinn	39
Fukushin: Abdominal Palpation in Kampo – Part 4	Nigel Dawes	40
Kyutohinaishin: Intradermal Needle Warming – Part 6	Aaron Rubinstein	43
Introduction to Shakuju Therapy – Part 12	Takahashi Daiki	45
Back Treatment With Sanshin Contact Needling	Masako Wada	46
Seminars/Reports		

Moxafrica: Looking Back at 2018 and Forward to 2019	Merlin Young	48
Japan 9 Seminar 2018 – Tokyo and Utazu	Judith Thompson	49
Kiiko Matsumoto Japan Study Seminar	Grace Rollins	50
Ten Days in Japan with the High Desert Hari Society	Claudia Sheils	51
Shudo-style Meridian Therapy with Murata and Brown	KC Conover	53
Vol. 26, No.76 July, 2019 CONTENTS		
Editorial	Cheryl Coull	2
NAJOM's Silver Celebration		
A Gathering to Remember	Erland Truitt	3
Stephen Birch: On the Essence of Toyohari	David Harmon	5
Funamizu Takahiro: Acupuncture Jedi	Daniel Silver	7
A Round-Robin Feast of Teachers and Styles	Cheryl Coull	8
The Point is Not the Point	Cheryl Coull	9
Junji Mizutani and the Art of Giving	Elaine Murphy	10
It's Time to Talk (About Sustainable Medicine)	Merlin Young	11
Dementia, Memory Loss, and Depression		
Dementia and the Effects of Brain Gu	Cythia Quattro	12
Neuroscience and the Sea of Marrow	Ashley Crutchfield	14
Preventing Dementia – My Solution	Mizutani Junji	15
Engaging the Public in Dementia Prevention	Fukushima Tetsuya	16
Treatment of Dementia with Moxa on GV-20	Ikai Yoshio	17
Acupuncture Treatment for Dementia	Takashima Mas-aki	19
Acu-moxa for Patients with Dementia	Menjyo Yuki	21
Maintaining Life's Vitality	Onishi Mayu	24

Treatment of Parkinson's Disease without Drugs	Faruk Sahin	26
Obscured by Clouds: The Alchemy of High and Low	Yaniv Richter	28
Acupuncture for Depression	Kokubo Junzo	31
A Closer Look at the Skin		
The Skin Mechanism and Ion Pumping Cords – Part 2	Honda Susumu	32
What the Body Surface Reveals – Part 2	Togasaki Masao	35
Methods and Approaches		
Thoughts on Sotai as Yin-Yang Medicine	Bob Quinn	38
Sawada's Genius: Sanjiao and the Autonomic Nervous System	Mizutani Junji	39
Moxa and I: A Practitioner's Approach	Takano Mika	40
A Survey of Circuit-Based Inter-Organ Relationships and their Associated Channels		
	Philip Suger	41
Introduction to Shakuju Therapy – Part 13	Takahashi Daiki	44
Fukushin: Abdominal Palpation in Kampo – Part 5	Nigel Dawes	46
Heal Yourself with PNST: A Book Review	Hosoyamada Noriko	49
Bulletin Board		50
Japanese Text		51
Vol. 26, No.77 November, 2019 CONTENTS		
Editorial	Cheryl Coull	2
Getting to Know Traditional Japanese Medicine		
What is Japanese Acupuncture & Moxibustion?	Mizutani Junji	3
The History of Acupuncture in Japan – Part 1	Ikai Yoshio	4
Origins of the Name Kampo	Seino M, Tsurusaki T	7
Sugiyama-style Tube Insertion	Oura Jikan	8

Constitutional Conditional Acupuncture	Peter Eckman	12
Daishi-style Pediatric Acupuncture	Tatesaka Satoshi	13
Dr Bear Style Acupuncture	Iwashina Anryu	14
Fukayakyu	Felip Caudet	15
Ishizaka Ryu Acupuncture	Kubota Naoki	16
Kiiko Matsumoto Style	Grace Rollins	17
Kototama Inochi Medicine	Thomas E Duckworth	19
Why Was I Drawn to this Way of the Medicine?	Thomas E Duckworth	20
Mizutani-Style Bamboo-Tube Moxibustion	Mizutani Junji	21
Mukaino Method	Itaya Yuki	22
Ontake Warm Bamboo Moxibustion	Takano Mika	23
Takahiro Style Technique	Funamizu Takahiro	25
Tohokai-Style Acupuncture and Moxibustion	Tsuda M, Ogawa K	26
Toyohari Meridian Therapy	Daniel Zizza	28
Yin Sotai	Bob Quinn	29
Zen Shiatsu	Pamela Ellen Ferguson	32
Methods and Approaches		
Introduction to Shakuju Therapy – Part 14	Takahashi Daiki	34
Neurodegenerative Disease and the Role of Heavy Metals	Faruk Şahin	35
Seminars/Reports		
Moxafrica Update: Back in North Korea	Merlin Young	37
Funamizu Takahiro's Advanced Teishin Seminar	Kiyoka Takayama	40
New NAJOM Members		11
Bulletin Board		41

Vol. 26, No.78 March 2020 CONTENTS

Editorial	Cheryl Coull	2
Treatment of Diabetes (Metabolic Syndrome)		
Acupuncture and Moxibustion for Diabetes Mellitus	Kokubo Junzo	3
Diabetic Peripheral Neuropathy	C. Leslie Smith	5
Traditional Approach to a Modern Disease	Cynthia Quattro	7
Kampo for Cerebral Infarction in Diabetic Patient	Ogawa Keiko	8
Special Points for Treating Diabetes	Fukushima Tetsuya	10
Gleanings from Case Reports of Diabetic Patients	Suzuki Ikuo, et al.	12
Efficacy of Hunger Point M18 for Weight Loss	Menjo Yuki	14
Getting to Know Traditional Japanese Medicine		
The History of Acupuncture in Japan – Part 2	Shimayama Naoko	15
Dashin: Tapping-Needle Techniqu	Fujimoto Shinpū	17
Hokushinkai-style Acupuncture	Fujimoto Shinpū	20
Kyutohinaishin: Intradermal Needle Warming	Aaron Rubinstein	21
Sawada Style and Taikyoku Therapy	Yamada Katsuhiro	22
About Shakuju Therapy	Takahashi Daiki	23
Shudo-style Acupuncture and Moxibustion	Murata Morihiro	24
E25 Systematic Meridian Therapy	Thomas Sorensen	26
Tama Touch: Addressing the Extraordinary Meridians	Mary Wallis	27
Methods and Approaches		
PNST Pinpoint Treatment – Part 1	Nagata Hiroshi	29

PNST Thanksgiving with Dr Nagata	Bob Quinn	31
Acumoxa Based on Sawada-style Taikyoku Therapy – Part 1	Yamada Katsuhiko	34
Perfect Clean Needle Technique	Ikai Yoshio	37
Seminar Report		
Moxafrica: The Last Decade	Merlin Young	38
Yamamoto New Scalp Acupuncture: Tomita Yoshifumi	Yasuo Tanaka	40
Sotai Intuitivo: Hiro Komatsu	Bob Quinn	42
Koshi Balancing Method: Jeffrey Dann	Jess Birmingham	43
All Roads Leads To Rome, But They Gather In Turin	Marco Superbi	43
Teishin Techniques: Funamizu Takahiro – Japan 1	Isaac Mann-Silverman	44
Tohokai Contact Needling: Tsuda Masaki – Japan 10	Jeffrey Dann	45
Shudo-style: Murata Morihiro – Japan 10	Bhavna Dagia	46
The World Health Organization and Acupuncture	Saito Munenori, et al.	48
New NAJOM Members		28
Bulletin Board		49
Japanese text		50

Vol. 27, No.79 July 2020 CONTENTS

Editorial	Cheryl Coull	2
What the Coronavirus Is Teaching Us		
Thoughts on Influenza Treatment: My Own Experience	Mizutani Junji	3
A Systems Biology Approach to COVID-19	Yamaoka Denichiro	6
Comparing and Contrasting TB and SARS-Cov-2	Merlin Young	8
COVID-19: Traditional and Modern Medical Views	Ishihara Katsumi	12
The Coronavirus and Acupuncture-Moxibustion	Katai Shuichi	14

Acupuncture Treatment of Viral Diseases	Faruk Sahin	15
Sleep Disturbances During the Pandemic	Cynthia Quattro	17
Fighting COVID with Culinary Medicine	CL Smith, T Arany, C Meyers	18
Bloodletting to Address Certain COVID-19 Symptoms	Ikai Yoshio	20
My Coronavirus Protocols	Murata Morihiro	21
Facing the Anxiety Prevalent with COVID-19	Komatsu Hiroaki	23
Transform Your Practice During a Pandemic	Pamela E Ferguson	25
Thoughts from the Lockdown	Oran Kivity	26
Dr Shi's Self-Massage	Bart Walton	27

Getting to Know Traditional Japanese Medicine

Shiraku Therapy: Its History and Modern Techniques	Tomobe Kazuhiro	28
Shin So Shiatsu: Communicating with the Deeper Meridians	Ted Thomas	31
The Roots of Shiatsu: Rediscovering Tamai Tenpeki	Stephen Brown	32

Methods and Approaches

Acumoxa for Breech Presentation: A Review and Case Study	Katai Shuichi	34
Hokushinkai-style Treatment of Acute Low-Back Pain	Fujimoto Shinpu	38
Intractable Hiccups: A Case Study	Seki Katsuyoshi	41
PNST Pin-Point Treatment – Part 2	Nagata Hiroshi	44
The Efficacy of PNST: Clinical Cases	Raman Kapur	45
Acumoxa Based on Sawada-style Taikyoku Therapy – Part 2	Yamada Katsuhiko	48
Introduction to Shakuju Therapy – Part 15	Takahashi Daiki	50

Seminars/Reports

Oran Kivity's new book: Moxa in Motion	Bob Quinn	52
Kampo Seminar 1 in Australia	Greg Scanlon	53
Bulletin Board		13
New NAJOM Members		37
Japanese Text		54

Vol. 27, No.80 November 2020 CONTENTS

Editorial	Mizutani Junji	2
Facing Our Own Medical Challenges		
Fall Down Seven Times. Get Up Eight.	Jean Carr	3
The Zen of a Mastectomy	Pamela E Ferguson	4
East Asian Medicine Changed My Life	Ehrland Truitt	7
Lessons from a Difficult Case	Funamizu Takahiro	8
Journey with a Cancer Patient	Maeda Atsuki	9
A Compassionate Approach to Treating Cancer Patients	John Dixon	11
Insights Obtained from Baffling Treatments	Ishihara Katsumi	12
Treatment of Aging with Acupuncture and Moxibustion	Menjyo Yuki	16
Introduction to Shakuju Therapy – Part 16	Takahashi Daiki	17
What the Coronavirus is Teaching Us		
COVID-19 and Cross-Immunity in Japan	Yasushi Masato	19
A Systems Biology Approach to COVID-19 – Part 2	Yamaoka Denichiro	21
Managing Stress, Insomnia, and Post-COVID Complications	Raman Kapur	23
Host Immunity, Moxa, and Long COVID	Merlin Young	24
COVID Updates from Around the World		26
Getting to Know Traditional Japanese Medicine		
The Origin and Development of Danokyu	Tanida Yasuhiro	31
Steps for Administering Danokyu	Tanida Yasuhiro	32
A Seiki-Soho Introduction	Bob Quinn	35
Tuning Fork Therapy East and West	Yamamoto Masumi	36

The Roots of Shiatsu – Part 2	Stephen Brown	37
-------------------------------	---------------	----

Methods and Approaches

Auricular Acupuncture Part 1: The Tumor Specific Area	Fujikawa Naotaka	38
Acupuncture & Moxibustion: Sunlight Through the Trees	Shudo Denmei	39
PNST Pin-Point Treatment – Part 3	Nagata Hiroshi	41
Treatment for Addison's Disease	Sawaguchi Hiroshi	42
Acupuncture Treatment for Atopic Dermatitis: A Case Study	Yamada Tomoko	44
Two Case Studies	Takashima Masa-Aki	45

Reports/Reviews

Clinical Handbook of Yamamoto New Scalp Acupuncture	George Chachis	47
Moxafrica News	Merlin Young	48
New NAJOM Members / Bulletin Board		49

Vol. 27, No.81 March 2020 CONTENTS

Editorial	Cheryl Coull	2
-----------	--------------	---

In Memoriam

Peter Yates (1951-2020)	N Dawes, T Ingegno, Mizutani J	3
Takano Mika (1965-2021)	Hironaga Yumi	5

Yin and Yang: Modern Reflections

The Yinyang of It All	Merlin Young	6
-----------------------	--------------	---

Yinyang Made Tangible	Bob Quinn	10
The Three Circuits: The Missing Link in Channel Theory	Philip Suger	12
Applying Yinyang in Daily Clinic	Komatsu Hiroaki	15
Yin and Yang: My View	Mizutani Junji	16
A Yinyang Perspective in Treatments	Kobayashi Shoji	19
Yinyang Theory in Medicine, Physics, and Philosophy	Faruk Şahin	22
Beyond Polarity: Yinyang as Unity	Nini Melvin	23
Introduction to Shakuju Therapy – Part 17	Takahashi Daiki	24
PNST, Yinyang, and the ANS	Raman Kapur, Sunita Kapur, Sahil Kapur	26
Lessons From Three Wise Men	Kubota Naoki	27
Establishing an Appropriate Treatment Method	Yamada Tomoko	28

Methods and Approaches

A Systems Biology Approach to COVID-19 – Part 3	Yamaoka Denichiro	29
An Urgent Proposal for Repelling the Coronavirus	Nagata Hiroshi	30
COVID-19 on a Movie Set	Charlie Newberry	32
Acupuncture & Moxibustion: Sunlight Through the Trees – Part 2	Shudo Denmei	33
Hirata Zones and the Ontake Method	Oran Kivity	35
Two Moxibustion Tools	Honda Susumu	38
Auricular Acupuncture – Part 2	Fujikawa Naotaka	40
Treatment for Low Back Pain	Sawaguchi Hiroshi	41
PNST Pin-Point Treatment – Part 4	Nagata Hiroshi	42
Shakuju Treatment for Hemiplegic Patients	Yamauchi H, Fujihara N	43

Getting to Know Traditional Japanese Medicine

Moxibustion in the Edo Period	Ichikawa Toshio	45
-------------------------------	-----------------	----

The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 3	Stephen Brown	47
---	---------------	----

Reports/Reviews

Fukushin and Kampo (a book by N Dawes)	Peter Yates	50
New NAJOM Members		11
Bulletin Board		39

Vol. 27, No.82 July 2021 CONTENTS

Editorial	Cheryl Coull	2
-----------	--------------	---

Transcending Boundaries: Body and Mind

Body-Mind: Two as One	Nigel Dawes	3
The Body Itself is Our Path	Bob Quinn	4
Palpating Kokoro	Takahashi Hideo	6
Teishin Treatments for Mental Illnesses – Part 1	Funamizu Takahiro	8
Vision Training to Resolve Trauma	Komotau Hiroaki	10
Treating Qi Stagnation and the Governor Vessel	Fukushima Tetsuya	12
Treating the Breastbone to Calm the Mind	Cynthia Quattro	14
The Use of Xu Li in Psychological Treatment	Ivan Bel	15
Stress: The New Normal	Pamela Ferguson	16
Experiencing Formlessness	Martin Hermann	18
Kampo and Acupuncture for Premenstrual Tongue Pain with Stress and Liver Qi Stagnation Yamada (Fukazawa)		
Tomoko		21
The Power of Hyakue (GV-20 Bai Hui)	Ikai Yoshio	23
Shiatsu and Dementia: A Research Project in Austria	Andrew Couse	24
Moxibustion for the ANS	Menjo Yuki	25

Coronavirus Updates

Making Sense of a Vaccine's Side Effects	Luca Pella	26
Coronavirus Updates: Japan, Canada, Australia	H Susumu, Kakutani M, Asahara Yoshie	28

Methods and Approaches

PNST Pin-Point Treatment – Part 5	Nagata Hiroshi	30
Sunlight Through the Trees – Part 3	Shudo Denmei	32
Introduction to Shakuju Therapy – Part 18	Takahashi Daiki	36
Auricular Acupuncture – Part 3	Fujikawa Naotaka	38
How to Make Shi-uniko	Mizutani Junji	40
Holistic Integrative Treatment of Fibromyalgia	Faruk şahin	41

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 3	Shimayama Naoko	43
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 4	Stephen Brown	46

Book Reviews

Oran Kivity and the Lost Art of Dermatome Moxibustion	Brenda Loew	
48		
Tamsin Grainger's Manifesto on Shiatsu and Palliative Care	Cheryl Coull	49
Celebrating Duckworth's Inochi Energy Medicine	J Hackler, M Wallis, T Hall	50
NAJOM New members/Bulletin Board		

49

Vol. 27, No.83 November 2021 CONTENTS

Editorial	Cheryl Coull and Mizutani Junji	2
Letters to the editor		2
Navigating the Immune System		
Regulating Immunity with Acupuncture and Moxibustion	Tsukamoto Noriyuki	3
Building Resistance in the Pandemic Era	Robert Hayden	5
Life-Nourishing Moxa: Continuity Confers Strength	Fukushima Tetsuya	7
Traditional Methods of Strengthening Immunity	Kubota Naoki	9
Random Thoughts on Immunity	Mizutani Junji	10
IBS and the Brain-Gut Axis	Menjo Yuki	12
Safeguarding the Immune System	Thomas Duckworth	13
Supporting the Immune System	Pamela E Ferguson	14
Treatment of Myasthenia Gravis	Martin Hermann	15

Sjogren's Syndrome and Sotai	Komatsu Hiroaki	18
Juvenile Rheumatoid Arthritis: A Case Study	Faruk Şahin	20
Spring Allergies: Wind-warm Pathogen	Yamada F Tomoko	21
Ancient Therapy with a New Tool: The N-kyu Moxa Pen	Nakamura Tatsuzo	22
Postherpetic Neuralgia Treatment with Electronic Moxibustion	Fujikawa Naotaka	24
Long COVID and the Hundred-Day Moxa Challenge	Merlin Young	25
Long Covid Treatment Strategies	Yamaoka Denichiro	28
A European Delta Variant Travelogue	Bob Quinn	30
Methods and Approaches		
Treatment for the Heart: Takahiro-style Technique	Funamizu Takahiro	32
Acupuncture & Moxibustion: Sunlight Through the Trees – Part 4	Shudo Denmei	34
PNST Pin-Point Treatment – Part 6 Treatment of Lumbar Stenosis	Nagata Hiroshi	36
Introduction to Shakuju Therapy – Part 19 Incipient Diseases	Takahashi Daiki	38
The Legacy of Mika Takano – A Posthumous Review of Her Work	Oran Kivity	39
An Exploration of the Naso Area	Amichay Saller-Fischbach	42
New NAJOM Members		45
Getting to Know Traditional Japanese Medicine		
History of Acupuncture in Japan – Part 4 The Early Edo Period	Kahata Satoko	46
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 5	Stephen Brown	48
Bulletin Board		49

Vol. 28, No.84 March 2022 CONTENTS

Editorial	Cheryl Coull	2
Home Treatments that Work		
Lessons from the Yojokun	Eric Michaelsen	3
Believing in the Power to Heal	Katai Shu-ichi	5
Patient Homework – A Pillar in Treatment	Martin Hermann	6
Wearing Masks and the Pitfalls of Mouth Breathing	Komatsu Hiroaki	8
What I Recommend to My Patients	Mizutani Junji	10
Health Restoration is a Participatory Activity	Thomas Duckworth	12

Clients' Self-Help Strategies	Pamela Ferguson	14
Acupuncture and Self-Care for Type 2 Diabetes	Bart Walton	15
Home Treatment for Glaucoma	Ton Van Huffelin	16
Three-Needle Method and Exercises for Frequent Urination	Ikai Yoshio	18
Home Moxibustion for Alveolar Pyorrhea	Fujikawa Naotaka	19
New NAJOM Members		19
Home Moxibustion for Stomach Pain: A Case Study	Tanida Yasuhiro	20
Dietary Regimen to Increase Acu-Moxa Effects	Menjo Yuki	21
Acupuncture, Moxibustion and Self-Care for Menstrual Pain	Takahashi Masako	22
The 100-Day Homework Challenge for Long COVID	Merlin Young	24

Methods and Approaches

Sunlight Through the Trees – Part 5	Shudo Denmei	26
Beth Hazzard on Pauline Sasaki and Quantum Shiatsu	Bob Quinn	30
Saam Acupuncture and its Relation to Channel Theory	Philip Suger	34
Systems Biology Approach to COVID-19 – Part 4	Yamaoka Denichiro	36
Bulletin Board		38
PNST Pin-Point Treatment – Part 7	Nagata Hiroshi	39
Introduction to Shakuju Therapy – Part 20	Takahashi Daiki	40
Auricular Acupuncture – Part 4	Fujikawa Naotaka	43
Holistic Treatment for Migraine	Faruk Şahin	44
Observations of the Body Surface	Kobayashi Shoji	46

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 5	Kahata Satoko	48
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 6	Stephen Brown	50

Editorial: Movement is Life	Cheryl Coull	2
-----------------------------	--------------	---

The Musculoskeletal System

Moxa, Muscles and More Than You Thought	Felip Caudet	3
TMJ Treated with Acupuncture, Shiatsu and Kampo	Nigel Dawes	5
Easing Forward with Sotai	Jeffrey Dann	9
Further Reflections on Yin Sotai	Bob Quinn	11
The Lumpy Abdomen and Low Back Pain	Takahashi Hideo	13
Treating the Heads of Babies and Children	Komatsu Hiroaki	15
Diffuse Moxibustion for Areas of Muscle Tension	Fukushima Tetsuya	17
Moxa Massage	Mizutani Junji	18
Sinew Channels for Musculoskeletal Complaints	Shinohara Shoji	20
Oh Those Muscles and Bones!	Pamela Ferguson	23
Holistic Treatment of Ankylosing Spondylitis	Faruk şahin	24
Tendinomuscular Medicine and Martial Arts	Honda Susumu	26
Introduction to Shakuju Therapy – Part 21	Takahashi Daiki	28

Methods and Approaches

My Apprenticeship	Carol Weingarten	30
Sunlight Through the Trees – Part 6	Shudo Denmei	32
Treatment for Irregular Menstruation	Takahashi Masako	34
The 100-Day Long Covid Challenge Continues	Merlin Young	36
The Sei-ki Manifesto: Touch Revolution	Alice Whieldon	38

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 6	Togo Toshihiro	38
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 7	Stephen Brown	41
World's Oldest Meridian Model	Ikai Yoshio	44

Reports/Reviews

Oran Kivity Presents Ontake Moxa for Meridian Therapists	Daniel Zizza	45
Hari-Style Acupuncture with Dr Ehrland Truitt	Kimberly Maloney	46

Kampo Treatment of Fluid Disorders with Nigel Dawes	Charlie Newberry	47
Book Review: The Essence of Japanese Acupuncture	Cheryl Coull	48
New NAJOM Members		43
Bulletin Board		46

Vol. 28, No.86 November 2022 CONTENTS

Editorial	Cheryl Coull	2
-----------	--------------	---

Observations of a Master at Work

From Conversations at a Tavern	Katai Shu-ichi	3
Many of My Wonderful Teachers are Women	Pamela Ferguson	5
A Once in a Lifetime Encounter	Stephen Brown	6
In Memoriam: Kobayashi Shoji (1942-2022)	Tisha Mallon	7
My Teacher: Kobayashi Shoji Sensei	Hara Osamu	8
On Yi and Imitating the Master (Shakuji Series – Part 22)	Takahashi Daiki	9
Passing the Torch: Kuon Dowon (1921-2022)	Peter Eckman	10
What I Learned From My Teachers	Yamada Katsuhiko	14
Stephen Birch: One of Acupuncture's Brightest Lights	Oran Kivity	16
On Masters and the Mastery of Acupuncture	Ton van Huffelen	17
When the Need is Great, the Master Appears	Bob Quinn	18
Teachers on My Uncharted Course	Nigel Dawes	20
The Craftsmanship of Moxibustion	Fukushima Tetsuya	23
A Modern Master of Fukayakyu: Fukushima Tetsuya	Felip Caudet	25
A Unique Involvement with a Master at Work: A Timeline	Thomas Duckworth	26
Memories of My Three Masters	Kubota Naoki	27
My Hokushin-kai Teacher: Mr Fujimoto Renpu	Okumura Yuichi	29
In Memoriam: Anryu Iwashina (Dr Bear) (1950-2022)	Wada Masako	30

Methods and Approaches

Sunlight Through the Trees – Part 7	Shudo Denmei	31
Sinew Channel Treatment	Teshima T, Shinohara S	33

PNST Pin-Point Treatment – Part 8	Nagata Hiroshi	36
Treating the Heads of Babies and Children – Part 2	Komatsu Hiroaki	38
Acupuncture and Moxibustion for Menopause Symptoms	Takahashi Masako	40
Obstetric Moxibustion Treatments	Tagawa Kenichi	42
Insomnia Treatment: The Overtone Resonance Pillow	Yasushi Masato	44

Getting to Know Traditional Japanese Medicine

The History of Acupuncture in Japan – Part 7	Togo Toshihiro	46
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 8	Stephen Brown	48

Reports

Moxafrica's 100-Day Challenge Closes with Some Results	Young, Craig, Itaya	50
Acupuncture and Osteopathic Manipulation with Dann and Petruzzi	S E Rivkin	53
Bulletin Board/New Members		54

Vol. 29, No.87 March 2023 CONTENTS

Editorial	Cheryl Coull	2
-----------	--------------	---

Down the Rabbit Hole

Tradition and Innovation in Contemporary Acupuncture	Jeffrey Dann and Mark Petruzzi	3
Secrets of Acumoxa	Shudo Denmei	4
Objectivity in Meridian Therapy – Part 1	Nakano Masanori and Miyawaki Yuki	6
My Long Journey	Nagata Hiroshi	8
Keep Following the Thread	Ehrland Truitt	10
Through a Child's Eyes	Komatsu Hiroaki	12
Down the Rabbit Hole with the Teishin	Bob Quinn	14
The True Value of Dashin	Takahashi Hideo	16
Monologue of a Moxa Fool	Mizutani Junji	18
Pair Up! Stretch, Move!	Pamela Ellen Ferguson	19
Introduction to Shakuju Therapy – Part 23	Takahashi Daiki	20

My Shiraku Path	Tomobe Kazuhiro	22
Tuning Fork Therapy Elevates Acupuncture	Yamamoto Masumi	24

Observations of a Master at Work

Learning Acupuncture – My Path with Many Senseis	Mizutani Junji	26
Divine Teachers: Yanagishita Toshio Sensei, Stephen Birch	Brenda Loew	28
A World Just for Children: My Work with Shuto Junko Sensei	Ishizuka Kota	30

Methods and Approaches

Treatment of Carpal Tunnel Syndrome PNST – Part 9	Nagata Hiroshi	32
Treatment of Post-Stroke Aphasia	Faruk Şahin	34
Acupuncture for Speech/Language Disorders and Dysphagia	Ikai Yoshio	36
Treating Infertility with Acupuncture and Moxibustion	Takahashi Masako	38
Shiatsu-ho and Tamai Tenpeki – Part 9	Stephen Brown	40

Seminars/Reports

In Memoriam: Fukushima Tetsuya and Ishihara Katsumi	Mizutani Junji	43
Moxafrica is Back in South Africa	Yuki S Itaya	44
Final Results of the 100-Day Moxa Challenge (Long COVID)	Merlin Young	46
Insights into Shiraku (Bloodletting) with Ehrland Truitt	Gary Klepper	47
Bulletin Board		33
New NAJOM Members		33

Vol. 30, No.88 July 2023 CONTENTS

Editorial	Cheryl Coull	2
-----------	--------------	---

Surprising Cases

Our Surprising Case Study	Merlin Young	3
Secrets of Acumoxa Treatment – Part 2	Shudo Denmei	5
Intraorbital Acupuncture Technique	Ikai Yoshio	7

A Smile for Children: New Shonishin Trauma Protocol	Thomas Wernicke	9
Objectivity in Meridian Therapy – Part 2	Nakano M, Miyawaki Y	12
Tourette Syndrome Treatment with PNST and Acupuncture	Raman Kapur	14
Anogenital and Groin Pain Syndrome PNST – Part 10	Nagata Hiroshi	16
Shudo-style Treatment for Post Covid-19 Syndrome	Murata Morihiro	18
Shoulder Pain and Leg Pain	Mizutani Junji	20
Self-Acupuncture: One Success, One Failure	Takahashi Masako	23
Posture Balance with Kinseikyu Moxibustion	Felip Caudet	24
Acumoxa Treatment for Ramsay Hunt Syndrome	Ryu Ritsuko	26
Introduction to Shakuju Therapy – Part 24	Takahashi Daiki	28
Case Study Mosaic	Pamela Ferguson	30
Drug Interference in YNSA Treatment of Post-Stroke Patients	Faruk Sahin	32
Sotai for Covid-Related Shoulder Issues	Komatsu Hiroaki	34

Methods and Approaches

The Emerging Field of Cosmetic Acupuncture	Kitagawa T, M McGivern	36
--	------------------------	----

Getting to Know Traditional Japanese Medicine

Acupuncture and Moxibustion in Japan – Part 7: After World War Two	Togo Toshihiro	
The Roots of Shiatsu: Shiatsu-ho and Tamai Tenpeki – Part 10	Stephen Brown	39

Seminars/Reviews

Japanese Abdominal Treatment with Takahashi Hideo	Sara Bergman	42
Farewell Workshop with T Koei Kuwahara Sensei	Gretchen Lorenson	43
Z'ev Rosenberg's New Book: Ministerial Fire and Chinese Ecological Medicine.	John Kokko	45
Bulletin Board and New NAJOM Members		31

Vol. 30, No.89 November 2023 CONTENT

The Teishin Revolution

Editorial	Jeffrey Dann, Bob Quinn	2
Why I Got Hooked on the Teishin	Funamizu Takahiro	3
Teishin-Do: The Way of Teishin	Bob Quinn, Sze Kai Paau	5
Teishin's Effect on the Vagal Nervous System	Jeffrey Dann	8
Non-penetrating Acupuncture Does Work – Part 1	Matsuda Hirokimi	10
A Teishin Approach to Meridian Therapy	Thomas Sorenson	12
A Modular Methodology for Using the Teishin	Daniel Silver	13
Bringing Teishin to Stony Brook Children's Hospital	Mark Petruzzi	14
The Dr Bear Teishin Technique	Iwashina Tamori	16
Introduction to Shakuju Therapy – Part 25 The Teishin	Takahashi Daiki	18
Teishin Acupuncture and New Dermatome Model for Menstrual Pain	Takahashi Masako	20
Kodaishin: Modern Use of an Ancient Needle	Morioka K, Fujimoto S	22
One Lesson From a Remarkable Teishin	Gary Klepper	25
Simple Teishin Method	Iwashita Shumei	26
Teishin Tapping	Ikai Yoshio	27
Teishin Case Study: Night Terrors	Lauren Haythe	28
The Teishin: My Magic Wand	Mitchell Wolf	30
A User's Guide to the Teishin and Enshin by Bob Quinn	Oran Kivity	31

Methods and Approaches

Miscellaneous Notes of Personal Experience	Shudo Denmei	33
Sotai Series: Recreating Keizo Hashimoto's Practice – Part 1	Komatsu Hiroaki	35
A Patient Surprised by Treatment Results	Katai Shuichi	38
PNST Pin-Point Treatment – Part 11 Frozen Shoulder	Nagata Hiroshi	41
Acupuncture Treatment for Chronic Kidney Disease	Faruk Sahin	42

Getting to Know Traditional Japanese Medicine

Acupuncture and Moxibustion in Japan – Part 9 Conclusion	Togo Toshihiro	42
--	----------------	----

Seminars/Reports

Bamboo-Tube Moxibustion with Mizutani Junji	Susan Manongi	45
Correction Notices		45
Going Deeper with J Dann and M Petruzzi	Rande Lucas	46
In Memoriam: Vincent Folcke	Yan Manh	46
New NAJOM Members		46

Vol. 30, No.90 March 2024 CONTENT

NAJOM's Unsung Heroes	Mizutani Junji	2
NAJOM Keeps on Growing	Cheryl Coull	2
Congratulations on NAJOM's 30th Anniversary	Shudo Denmei	3

What is a Meridian?

Do Meridians and Collaterals Exist? – Part 1	Katai Shuichi	4
On Meridians	Mizutani Junji	8
The Meridians as Holders of Emotional Tone	Bob Quinn	11
Meridians are Real, Qi is Real	Thomas Sorensen	12
Why Meridian Research Became My Life's Work	Saito Tetsuro	14
Introduction to Shakuju Treatment: Part 26 – Meridians	Takahashi Daiki	16
Meridian Theory Based on Fujiki Toshiro's Research – Part 1	Togasaki Masao	17
Untangling the Threads of Points and Channels – Part 1	Anthony Todd	20
Qi Physiology: Basis of Acupuncture Treatment and Diagnosis	Adachi Shigehisa	23
The Sinew Channels in Ling Shu 13 & 47	Z Rosenberg, S Cowan	24
Ancient Oriental Philosophy Supports Meridian Theory	Kubota Naoki	26
Non-penetrating Acupuncture Does Work – Part 2	Matsuda Hirokimi	28
Pair Up & Stretch!	Pamela Ferguson	30

The Meridians of Gynecological Treatment	Takahashi Masako	32
Meridian Qi Gong	Jake Fratkin	33

Methods and Approaches

Acupuncture Treatment of Sciatic and Radial Nerve Paralysis	Faruk Sahin	34
A Synopsis: The Guide to Teishin by Honma & Ino-ue	Stephen Brown	36
Sotai Series: Recreating Keizo Hashimoto's Practice – Part 2	Komatsu Hiroaki	38
Low-frequency Electrical Acupuncture for One-sided Facial Paralysis	Menjo Yuki	40

Getting to Know Traditional Japanese Medicine

The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 11	Stephen Brown	42
--	---------------	----

Seminars/Reports

Moxafrica Back in South Africa – With Ear Seeds Too	Yuki-S Itaya	44
A book review: Fukaya Isaburo and his lineage of moxa masters	Cheryl Coull	45
Sotai-Teishin in Hawaii with Hiroshi Iwaoka	Jeffrey Dann	46
NAJOM Seminar Series: Meridian Therapy with Stephen Brown	Sara Bergman	46
In-Touch Japan 2023 and Iyashi No Michi	Maya Suzuki	47
In Memoriam: Kazunobu Kamiya	Tomo Murashita	47
New NAJOM Members		41

Vol. 31, No.91 July 2024 CONTENT

Editorial	Cheryl Coull	2
-----------	--------------	---

What is an Acupoint?

Jaki Reveals Acupoint Locations	Takahashi Hideo	3
Thoughts on Acupuncture Points (aka Holes or Caves)	Bob Quinn	5
What Are Meridians and Points?	Bart Walton	6

Tsubo are Expressions of Kyo	Thomas Sorensen	7
An Evolutionary Theory of Meridians and Acupoints	Merlin Young	8
Special Effect Points	Mizutani Junji	10
What is a Tsubo?	Murata Morihiko	12
Meridian Sinews Research Reveals Role of Acupoints	Shinohara Shoji	14
Cooling and Warming Acupuncture Points	Ikai Yoshio	17
Treatment Points: As Elucidated by the Ishizaka School	Kubota Naoki	19
Hokushin-kai Zangfu Meridian Theory and Practice	Fujimoto Shinpu	20
Acupoints Through the Perspective of Bodywork	Pamela Ferguson	23
Finding Effective Acupoints	Katori Toshimitsu	24
Do Meridians and Collaterals Exist? – Part 2	Katai Shuichi	26
Untangling the Threads of Practice – Part 2	Anthony Todd	30
Meridian Theory Based on Fujiki Toshiro's Research – Part 2	Togasaki Masao	33
Shakuju Series – Part 27	Takahashi Daiki	36

Methods and Approaches

A Qi, Blood, and Fluids Case with the Takahiro-Style Teishin	Mark Petruzzi	37
Spleen Points in the Treatment of Autoimmune Diseases	Faruk Sahin	39
Acupuncture Treatment for Mastitis	Takahashi Masako	40
Treatment of Nummular Eczema with Chinese Herbs	Kerri Westhauser	41
Sotai Series: Recreating Keizo Hashimoto's Practice – Part 3	Komatsu Hiroaki	42

Getting to Know Traditional Japanese Medicine

The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 12	Stephen Brown	44
--	---------------	----

Seminars/Reports

NAJOM Seminar Series: Takahiro-style Teishin in Vancouver	Eric Michaelsen	46
---	-----------------	----

On Peter Deadman's book about Qigong	Bob Quinn	47
New NAJOM members/Bulletin Board		48

Vol. 31, No.92 November 2024 CONTENT

Editorial	Cheryl Coull	2
Treatments for Musculoskeletal Pain		
An Odyssey in Japanese Acupuncture	Peter Eckman	3
A New Model for Understanding Moxibustion	Young M, Kivity O	5
Pain is an Expression of Disordered Qi	Thomas Sorensen	6
Motor Function Disorders (Hokushinkai Style) – Part 1	Fujimoto Shinpu	8
Shudo-Style Clinical Notes on Postherpetic Neuralgia	Murata Morihiro	11
Fukaya's Tips for Pain	Felip Caudet	13
The Art of Sotai: Palpation and Manipulation Techniques	Komatsu Hiroaki	14
Shiatsu Therapy and Sotai Pressure – Part 1	Iwaoka Hiroshi	16
Subtlety and Specificity in Penetrating Moxibustion	Mark Petruzzi	18
Pain Relief with the Ontake Method	Oran Kivity	20
Naso-Muno Teishin Treatment	Iwashita Shumei	22
Pain Relief for Terminal Cancer Patients	Ikai Yoshio	24
If You Can't Find Zen Around Your feet	Pamela Ferguson	27
Acupuncture Treatment of Hysteric Ball	Takahashi Masako	28
Acupuncture for Frozen Shoulder	Menjo Yuki	30
Shakuju Therapy and Pain (Part 28 of series)	Takahashi Daiki	31
Instant Relief from Cervical Myospasm Pain	Raman Kapur	32
Methods and Approaches		
The Pulse of Life	Anthony Todd	34
Getting to Know Traditional Japanese Medicine		
An Evolutionary Theory of Meridians and Acupoints – Part 2	Merlin Young	36
The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 13	Stephen Brown	39
Meridian Theory Based on Fujiki Toshiro's Research – Part 3	Togasaki Masao	43
Seminars/Reports		
Sotai Pressure and Seitai Shinpo with Hiroshi Iwaoka	Jane Wen	45
Hideo Takahashi Takes Dashin to New York	Tom Ingegno	46

TJM Japan-France Exchange Seminar	Yan Manh	46
In Kyoto: 7th Japanese Acupuncture Study-Abroad Tour	Maeda Atsuki	48
Oue Katsuyuki Mixes Meridian Therapy with Chinese Herbs	Oue Shingo	49
Bulletin Board/New NAJOM members		

Vol. 31, No.93 March 2025 CONTENT

Editorial	Cheryl Coull	2
New Revelations		
Thoughts on 2024 NAJOM Member Survey	Bob Quinn	3
Like the Blind Men and the Elephant	Jeffrey Dann	3
A Growing Body of Science Behind Moxibustion	Mizutani Junji	4
What is Ministerial Fire?	Peter Eckman	7
One Size Does Not Fit All	Jeffrey Dann	8
Non-Contact Acupuncture: New Discoveries and Some Facts	Nishiyama Akihiro	9
Shiatsu Therapy and Sotai Pressure – Part 2	Iwaoka Hiroshi	12
Delving Deeper Into the Art of Sotai for Overseas Practitioners	Komatsu Hiroaki	14
Seeing the World Through Our Chest Eyes	Lauren Haythe	16
Spiraling Treatment to Gently Address Acute Conditions	Mark Petruzzi	18
Two Revelations	Z'ev Rosenberg	20
The Art of Being a Sloth: Lessons in Okuri Komi	Maya Suzuki	21
Linking Those AHA! Moments	Pamela Ferguson	22
Revelations Through the I Ching – Part 29	Takahashi Daiki	23
Edema Treatment with Shiraku and Kashin	Honda Susumu	24
Can Acupuncture Graduates Respond to Emergencies?	Tanida Yasuhiro	26
Acupuncture Treatment for Dizziness	Takahashi Masako	26

Heart Valve Disease, Cancer, and Use of Far-Infrared Garments	Menjo Yuki	28
---	------------	----

Methods and Approaches

The Pulse of Life – Part 2	Anthony Todd	29
Motor Function Disorders (Hokushinkai-Style) – Part 2	Fujimoto Shinpu	32
Treating Ulcerative Colitis with Acupuncture and Functional Medicine	Faruk Sahin	34

Getting to know Traditional Japanese Medicine

The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 14	Stephen Brown	35
--	---------------	----

Seminars/Reports

In Memoriam: Daiichi Sorimachi (1942-2024)	Jane Wen	37
Catching up with Kiiko Matsumoto	Kat Ao	38
Introduction to Kototama Inochi Medicine in Santa Fe	Scott Bartell	38
Bulletin Board/New		
NAJOM Members		39

Vol. 32, No.94 July 2025 CONTENT

Editorial	Cheryl Coull	2
-----------	--------------	---

Stimulation: How Much and When?

A Difficult Question	Bob Quinn	3
Sensing the Coming and Going of Qi Through Self-Evolution	Maeda Atsuki	5
Stimulus in Oriental Medicine	Peter Eckman	6
Rethinking Moxibustion and Appropriate Stimulation	Oran Kivity	7
Determining Okyu Dosages: Can TRPs Help?	Merlin Young	9
Moxibustion Therapy for the Modern Era	Mizutani Junji	12
Enhancing Vitality and Healing Power	Iwashita Shumei	14
When the Time is Ripe	Takahashi Hideo	16

Appropriate Stimulation in Fukaya-Style Moxibustion	Felip Caudet	18
Change Is What We Need	Thomas Sorensen	20
Introduction to Shakuju Therapy – Part 30 Appropriate Stimulation	Takahashi Daiki	22
Stimulus Depends on Patient Response	John Jaarsveld	24
Appropriate Stimulation in Acupuncture and Moxibustion	Bart Walton	25
Non-Contact Acupuncture – Part 2 Just the Right Stimulus	Nishiyama Akihiro	26
Creating Reflex Circuit Through ‘Just the Right’ Stimulation	Menjo Yuki	28
Stimulation – Start with Less	Katori Toshimitsu	29
Stimulation in Ishizaka-ryu Acupuncture	Kubota Naoki Usai	31
Sotai Series: Part 4 – Emphasize the Big Toe and Little Finger	Komatsu Hiroaki	32
Moxibustion for Joint Pain in the Fingers	Ikai Yoshio	34

Methods and Approaches

What is Hiesho (Sensitivity to Cold)?	Takahashi Masako	35
ECIWO Spinal Cord Points Affect Corresponding Regions	Faruk Sahin	36
Longevity Treatment Revisited	Mary S Wallis	38

Getting to Know Traditional Japanese Medicine

Babies Don’t Have Acupuncture Points	Matsuda Hirokimi	39
The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 15	Stephen Brown	41

Seminars/Reports

A Focus on Pulse Diagnosis: Oue Katsuyuki in Los Angeles	Oue Haruka	43
Exploring the Kosato Method with Charlie Newberry	Reneé Mink	44
Takahiro-Style Teishin Technique in Vancouver	Daniel Silver, Sara Bergman	45
8th Japanese Acupuncture Study-Abroad Spring Tour 2025	Maeda Atsuki	46
Bulletin Board/NAJOM new members		30

Vol. 32, No.95 November 2025 CONTENT

Editorial	Cheryl Coull	2
-----------	--------------	---

Anxiety: Our Foe and Friend

Soma and Psyche – Part 1	Nigel Dawes	3
Reflections on Anxiety Disorders	Yamaoka D/Ishida R	6
Fukaya Isaburo's Exploration of Psychoneurosis	Felip Caudet	8
Acu-moxa Therapy for Anxiety in Older Patients	Mizutani Junji	10
Clinical Management of Anxiety Disorders	Ikai Yoshio	12
Grappling With Anxiety		Pamela Ferguson 14
The Smell of Anxiety	Takahashi Hideo	15
Acupuncture for Anxiety	Peter Eckman	17
True Anxiety	Thomas Sorensen	18
Indefinite Complaints and Anxiety – Part 1	Katai Shu-ichi	20
Shakuju Therapy for Anxiety	Takahashi Daiki	22
Acupuncture Treatment for Stress-Induced Constipation	Takahashi Masako	24
Treatment of Children Includes the Mother	Komatsu Hiroaki	26
Letting Go and Living With Ease	Iwashita Shumei	28

Methods and Approaches

Treatment of Post-Surgical Pain	John Jaarsveld	29
Preventing Post-Lumbar Puncture Headaches with Acupuncture and Manual Therapy Techniques	Mark Petruzzi	32

Getting to Know Traditional Japanese Medicine

The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 16	Stephen Brown	34
--	---------------	----

Seminars/Reports

Kototama Inochi Life Medicine – A Five-Course Series	Scott Bartell	36
--	---------------	----

Shakuju Therapy's First UK Workshop	David Soeharto	37
New NAJOM Members		33
Bulletin Boar		35

Vol. 32, No.96 March 2026 CONTENT

Editorial	Cheryl Coull	2
In Memoriam: Shudo Denmei 1932-2026	Stephen Brown	45

To Treat Structure is to Treat the Organs

As Above, So Below	Bob Quinn3	
Structure and Organs are Fundamentally Linked	Peter Eckman	4
The Body's First Architecture	Oran Kivity, et al	5
Introduction to Shakuju Therapy – Part 32	Takahashi Daiki	7
From Outside to Inside: A Journey with Kinseikyu	Felip Caudet	8
Cervical Dysstructure: Treating Structure & Function	Faruk Sahin11	
The Importance of Root Treatments	Charlie Newberry	14
Addressing Zang-Fu Function from the Body's Surface	Fujimoto Shinpu	16
The Secret to Longevity	Mizutani Junji	17
Balancing the Body's Internal Web	Cynthia Quattro	20
The Glide	Lauren Haythe	21
The 3-Level Balance Method for Structure and Organs	Jake Paul Fratkin	23
Is There a Basis for Auriculotherapy?	Fujikawa Naotaka	26
Relationship Between the Skin and Five Zang Organs	Iwashita Shumei	28
TST Teishin Treatment for Orthostatic Dysregulation	Funamizu Takahiro	30
Salt Moxibustion for Stomach and Headache	Tanida Yasuhiro	32
Spiralling Above, and Below	Pamela E Ferguson	34

Gynecological Treatment Using Teishin	Takahashi Masako	35
---------------------------------------	------------------	----

Anxiety: Our Foe and Friend

Indefinite Complaints and Anxiety – Part 2	Katai Shu-ichi	36
Soma and Psyche: Part 2 – Case Studies	Nigel Dawes	39

Methods and Approaches

Same Disease, Different Treatments: Acupuncture for Vertigo	Adachi Shigehisa	40
Two-Minute Acupuncture	Takashima Masa-aki	43
Meridian Therapy for Chronic Nasopharyngitis	Ryu Ritsuko44	
Three Case Studies with Yi Gan San Jia Chen Pi Ban Xia	Oue Katsuyuki	46
Treating Aphthous Stomatitis with Moxibustion	Menjo Yuki48	

Getting to Know Traditional Japanese Medicine

The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki – Part 17	Stephen Brown	49
New Members	33	
Bulletin Board	48	

Editorial	シェリル・コール	51
上にある如く、下もまた然り	ボブ・クイン	52
身体構造と臓器の根本的なつながり	ピーター・エックマン	53
パート1：間中先生の八面体モデルを用いた蔵府調整	オラン・キヴィティ,et al	54
積聚治療入門 Part32	高橋大希	56
外から内へ：均整灸の旅	フェリッパ・カウデット	57
頸部構造異常：構造と機能、物質とエネルギーの治療		
	ファルク・サヒン	59
本治法の重要性	チャーリー・ニューベリー	61
経穴とは、臓腑機能が体表に現れる“場”である	藤本新風	63
グライド（滑走性）	ローレン・ヘイス	64

長生きのコツ	水谷潤治	66
身体内部の組織網の調和	シンシア・クアトロ	68
構造と内臓のための「3レベル・バランス療法」	ジェイク・ポール・フラトキン	69
首藤先生を偲んで	スティーブン・ブラウン	71
耳介療法に根拠があるのか	藤川直孝	72
上がそうならば、下もそうである	パメラ・E・ファーガソン	74
皮膚と五臓との関わり	岩下秀明	75
TSTで鍼による頭部を中心とした施術が起立性調節障害に及ぼした一症例	船水隆広	76
鍼鍼による婦人科治療	高橋正子	78
胃の不快感と頭痛を伴う症状は腹部の塩灸と下肢経脈への施灸で軽減されるのではないか	谷田保啓	79
身体と精神不安障害における身体的、情緒的エビデンスの解釈 パート2 症例	ナイジェル・ドーズ	80
不定愁訴と「不安」を抱える症例について Part2	形井秀一	82
眩暈の鍼灸治療にみる同病異治	足立繁久	84
2分間の鍼	高嶋正明	86
経絡治療と慢性上咽頭炎	笠律子	86
抑肝散加陳皮半夏の3症例	大上勝行	88
灸治療による口内炎改善	校條由紀	89
玉井天碧の「指圧法」：指圧のルーツを探る Part 17	スティーブン・ブラウン	90

Vol. 32, No.97 July 2026 CONTENT

Editorial	Chery Coull	2
-----------	-------------	---

Shudo Denmei, Nan Jing 69, and the Five Elements

A Tribute to Shudo Denmei	Katai Shu-ichi	3
The Spirit and Legacy of a Great Teacher	Stephen Brown	4
Meeting Shudo Denmei	Yamamoto Yuko	5
Unexpected Lessons from Shudo Sensei	Mizutani Junji	6
The Heart of a Master	Ehrland Truitt	7

What I Learned from Shudo Sensei	Takashima Masa-aki	8
My Master Shudo and I	Seki Katsuyoshi	10
In Tribute to Shudo Denmei: Variations in Constitutional Theory	Peter Eckman	12
Dr Shudo's Legacy	Jens Vanstraelen	14
Shudo Style for Visceral Imbalances—Moderating Dosage	Mark Petruzzi	15
Introduction to Shakuju Therapy—Part 33	Takahashi Daiki	16
The Joy of Teaching Five Elements	Pamela Ferguson	17
Chapter 69 and Bazi Charts in Two Insomnia Cases	Eric Michaelsen	18

Methods and Approaches

Using Manaka's Octahedral Model for Organ Regulation—Part 2	Oran Kivity, et al	20
Jingei Myaku Pulse Diagnosis in Kototama Life Medicine	Thomas Duckworth	22
Introduction to Yamamoto New Scalp Acupuncture (YNSA)	Tomita Yoshifumi	24
ECIWO Acupuncture Treatment for Spinal Cord Injuries	Faruk Sahin	26
Sotai Series: Recreating Hashimoto Keizo's Practice—Part 5	Komatsu Hiroaki	28
Cosmetic Acupuncture and TMJ Adjustment	Takahashi Masako	30
Simple Knee Flexion Alleviates Leg Cramps	Menjo Yuki	32

Getting to Know Traditional Japanese Medicine

The Roots of Shiatsu: Shiatsu Ho and Tamai Tenpeki—Part 18	Stephen Brown	33
--	---------------	----

Seminars/Reviews/Reports

Book Review of <i>Manaka Made Simple</i> by Oran Kivity, et al	Bob Quinn	35
Moxafrica Report 2025–2026	Yuki S Itaya	36
<i>Qi, Blood and Fluids</i> with Petruzzi and Dann	Michael Max	38
Bulletin Board		25
New Members		37

No. 97

Editorial	シェリル・コール	40
首藤傳明先生追悼文	形井秀一	41
首藤先生の精神と業績	スティーブン・ブラウン	42
敬愛する首藤先生	山本裕子	43
首藤先生との出会い	水谷潤治	44
心の師	アーランド・トゥルイット	45
首藤先生から教わったこと	高嶋正明	46
首藤先生と私	関 功芳	48
首藤傳明先生を偲んで：素因論の変遷	ピーター・エックマン	50
私が首藤先生から受け継いだもの	ジェンズ・バンストレーレン	52
臓腑のアンバランスに対する首藤流	マーク・ペトルツィ	53
積聚治療入門 Part33	高橋大希	54
五行を教える喜び	パメラ・E・ファーガソン	56
ふたつの不眠症症例における六十九難と八字命式の相互検証	エリック・マイケルセン	57
人体の最初の構造 パート2	オラン・キヴィティ	59
コトタマ・ライフ・メディシンにおける人迎脈口診	トーマス・E・ダックワース	61
山元式新頭針療法入門	富田祥史	63
シリーズ講座 Part 5	小松広明	64
脊髄損傷に関するECIWO鍼治療	ファルク・サヒン	67
こむら返りの痛み	校條由紀	68
美容鍼灸と顎関節調整	高橋 正子	69
玉井天碧の「指圧法」：指圧のルーツを探るPart 18	スティーブン・ブラウン	70
ペトルツィとダンによる「気・血・津液」セミナー	マイケル・マックス	71
お灸と耳ツボシード治療のハームリダクションへの応用	伊田屋幸子	72
書評 間中式日本鍼灸ガイドブック（第一巻）	ボブ・クイン	75